

*The  
Esoteric  
Self*



*Les Hatwood*

This book is dedicated to my wife, Myrtle, who kept my feet on the ground while my head was somewhere else.

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***ELH***

*Cover design by Helga Mason.*

## **FOREWORD**

This is a book for and about people who have an insatiable curiosity about themselves. Who am I? What is the nature of myself? The incoming Aquarian Age is a time of self revelation and this book is designed to stimulate your own inner knowledge. The Human Race and the planet are going through a major transformation. We create our own reality in a more profound sense than we have imagined. This creation, which is our own handiwork, is designed as a means of freedom of expression and manifestation for ourselves. The time of amnesia is over and we return home to ourselves

## **INTRODUCTION**

Warmth, humour and generosity characterize the author of this remarkable book. While Les Harwood is known to some as a teacher, a channel, a psychic and a metaphysical explorer, he is known by his friends as a very fine guy, with an eye to life's ironies, a ready and able friend in times of need, a sometimes irreverent humourist, and above all a modest, loving person.

A native of Saskatchewan's beautiful Qu' Appelle Valley, Les lives in Edmonton, Alberta with his equally charming wife. Myrtle. They have three children and five grandchildren (so far) .

*Bill Davidson*

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## **I. The Aquarian Age**

The Piscean Age is on its way out and the Aquarian Age is on its way in. The transition is not sharply defined, for the two ages overlap to a considerable extent. Many people have a feeling of expectation, a feeling that there is something good coming along. It is almost as if there is something in the air that heralds a new period of time for Mankind, a period which will be a vast improvement over the last two thousand years. There are some good reasons for feeling this way, in spite of the many external circumstances which would seem to be cause for pessimism about the future of the Human Race. I propose to advance some ideas which will validate this feeling of expectation, some reason for looking forward to this coming age with optimism. When individuals begin to understand and appreciate themselves they gain a sense of inner security, a feeling of confidence about their own future. The Human Race is made up of individuals and so an understanding about the nature of our own reality will also provide a feeling of confidence about the future of the Human Race.

It is necessary to start out with a few statements about the nature of ourselves and these may appear to be somewhat less than orthodox at first. The reasons for these statements will unfold as we move along, so for the moment they can be considered as possibilities, to be tried on for size, and if the fit is comfortable they can be examined at length later on. The central theme of this book is the nature of our personal reality and the process of transformation that we are all going through. I am not trying to formulate a new belief system as there are more than enough of them in the world already, each one defended as the one and only true belief. The understanding of Self should be a constantly growing thing, always exceeding the limitations of any belief system, always going beyond the limitations that would be placed on that understanding from without. A belief system is only a convenient stepping stone on the way to self knowledge.

You are more than you ever dreamed that you are. The present expression of yourself, in the physical body, is only a part of the totality of yourself, the tip of the iceberg. Each person is multi-dimensional and expresses in a multitude of forms and ways. Each person has other physical expressions, other personalities and some of these we know as incarnations. We have several primary focal points of self, each of which has its own expressions in the physical world. There are versions of ourselves that do not express in the physical form but instead live and express in a body of energy, a light body. There is a whole Inner City of Self, a new landscape to explore. One of the versions of yourself in this Inner City has a specific relationship with the physical expressions, and this person is designated as the High-self. This individual plays an important role in the Inner City, carrying out pre-arranged responsibilities for the physical expression.

There is always a complete unity between the physical individual and the High-self, even though we have been quite unaware of it. People function from this level on occasion without realizing it. This is starting to happen in a more overt fashion for many people. Sooner or later this contact becomes a person-to-person relationship with the inner ties and patterns becoming apparent. Once this happens you have access to your own inner knowledge and wisdom in a direct manner. As you can imagine, this initiates some profound changes in the outer physical expression of the individual. This material is the result of the preliminary stages of such a contact. This contact with the inner Selves becomes a personal meeting with the various expressions of yourself, this being the basis of the Homecoming that many people are looking forward to. So you then find yourself with an extensive inner family as well as the family members in the outer physical reality, and you also find that the outer world contains many expressions of members of the inner family. For the moment, in most cases, the individual who functions as the High-self is the first major contact with the Inner City.

In our culture the sense of identity is almost always thought of in terms of the outer experience, our name, our family, our nationality, our place in society, and we could add many more things to this list. We are all going through a major change in which we switch our sense of identity from the outer things to the inner

fact of self. This change is at the root of many identity crises. As the Race is being pressured from within to grow and move on to the next level of consciousness, we as individuals are also being pressured to change and grow and this involves discrete changes in our own level of consciousness. Sooner or later we all move into this next level of consciousness, and if it is not in this lifetime then in another. This next level is commonly called the Christ consciousness

The key word here is consciousness. It is the basis of our expression in this world as well as being the basic ingredient of Creation. We create our own reality and we do so via consciousness, so if we are going to understand ourselves a study in consciousness is in order. Along with this statement about consciousness there is another that goes hand-in-hand with it. We are one with that which is thought of as the Creator, or God, if you wish to use a more common term. There is a total sense of identity in this area and we use the same creative process in our daily lives as is responsible for the creation of the universes. Quite contrary to some popular opinion, we did not evolve to our present state from some lower forms, but we came here from a much higher level of consciousness. It was a long and difficult process to arrive here where we are, and it was for specific and personal reasons that we have done so. A lot of "engineering" went into the production of the present Human Race. We decided to activate the lower levels of our previously high level of consciousness, and to do so we had to live and express at those lower levels, and this has been one way to do it. Now that we are here it is time to find out about ourselves and to find out what happens next.

The source of this material is the Inner City of Self, provided under the personal supervision of the High-self, with many other involved in the project. This can be thought of as a type of creative inspiration, if you wish, and it is not my intent to claim any special validity for these ideas because of the supposed source. If we have emerged into our present place and expression from a larger and more complex fact of ourselves it is only reasonable to expect that sooner or later we will be able to tap into the knowledge that we have in that larger reality. In this way we can fill in many of the very large gaps in our own past (and future) history. This contact with the inner self is first of all a personal contact, with very real people. They may not always be in the same form that we are, even though they may have had their share of life in the physical world. This is not an impersonal reaching into some impersonal memory bank, but it is a teaching process with many teachers and then we become teachers in our own turn. It is more than an intellectual apprehension of information, for this understanding is that which transforms the individual. You grow into it first of all and learn it only as an afterthought. The words, ideas, and concepts are a scaffold that we use to build the Inner City of Self. They are not a doctrine to be worn as an external garment.

In the course of the journey through these many words we shall look at many old ideas from a new viewpoint. Some we shall turn inside-out, and some will be discarded. Some we shall invest with a new meaning, one in keeping with the Aquarian Age. Each person must examine for themselves those ideas that go to make up their own personal belief system, for this is the most sacred and intimate thing for each individual. Always be ready to change, modify, or discard that which is no longer of value to you. This process requires the full use of your feelings and intuition for it is not just an intellectual exercise.

First of all the entire subject of consciousness will be looked at and used as a starting place to view the nature of ourselves and the physical reality in which we live. We are in the process of change and so we must examine the reasons for and the mechanism of that change, for we all have a personal stake in it. The subject of reincarnation must be taken out and dusted off. We must clear away the cobwebs and what is underneath. Some of the older teachings and mythologies have a relevance to the present enquiry so that we can update our religious past. We are not bound by the limitations that our culture would place upon us for either scientific or religious reasons. You will not find any sacred cows on the roadway to the Inner City.

One other word. When you meet up with some of your own inner selves and the many non-physical friends, they will be characterized by two things. The first is the love that they are, for they are love manifest. The second thing that becomes very apparent is their sense of humour. The phrase "The Joy of

*The Aquarian Age*

the Lord" is not an empty statement. It spills out over the whole of creation and runs down the sides.



## **II. Adventures in Consciousness**

Consciousness has become a catchword in this present time, the beginning of the Aquarian Age. We hear about consciousness raising, of altered states of consciousness, of higher and lower consciousness, to name just a few. It has become a popular subject of research and while the word has been around for some time it has never really been properly defined. Obviously it is a basic ingredient of our present expression, it is part and parcel of ourselves, so it is necessary to investigate this thing called consciousness if we are going to understand ourselves. In keeping with the movement into a new age we need more than a revised version of our past understanding of the subject. We need a completely new vision, one that will reach from the outermost parts of the physical, scientific world right into the depths of our own mystic self. We cannot separate science and mysticism, the outer and the inner, for we are the vital link between the two. This is where consciousness fits into the picture. It is capable of providing a basis for a complete and satisfactory understanding of the world around us as well as being the route that leads us into the inner mysteries of Self.

It would seem desirable to define the scope of our investigation, but as soon as we try to do this we begin to realize that what we are looking at is something which knows no boundaries or limitations, for it is open-ended. Any definition of consciousness must then contain this element. Every explanation must provide room for expansion, for revision, as our knowledge and experience grows and expands.

To start with it is safe to say that we are in a system of some sort that has arrived at its present state through some process of change. We can call this reality that we live in a creation, and this implies a creator, or creators, and the continual change that we experience is then a creative process. At this point it is not necessary to add any previous doctrines or concepts to the use of the word creation, either religious or scientific. This is going to be a home-grown affair. There is no point at this time to try and define the size or nature of this creation, but on the other hand it is safe to assume that there is a lot more to it than we have discovered up to this time. This larger, undiscovered part is also a valid subject for investigation. The other side of this assumption is to state that we are fully capable of understanding this creation, that it is not a mystery forever hidden away from us. (After all, we created it). It may take a while but that is no reason for avoiding this pathway of discovery.

Our definition of creation takes in everything that we are aware of and a great deal more than that which we are aware of so there is lots of room to play around in. If we have a creation, then we can assume that there is a creative process at work, not only in the distant past but also now and in the future. We are immersed in time, so we see the creative process working out in time at the moment. However, this thing we call time is also a part of the created system, so the creative process is outside of time and is responsible for time. It is then unreasonable to look for a beginning in time, a fallacy common to both the religious and scientific communities. A process implies a purpose behind all of this activity and from our present position we can only see ourselves, so it is a safe assumption that somehow this whole creative process is in part for our own benefit and purposes. To take this a step further, if we are not simply pawns in a game devised by blind fate or some whimsical deity, then somehow we must be intimately involved with the hidden aspects of this creation. This is in line with the previous statement that there is much more to us than we ever imagined.

The creative process can be described in a very simple manner, for it is a part of our every-day activity as well as being something that would appear to be deep and mysterious. To illustrate the process, we are familiar with the way that we would gather up a quantity of building materials and then in one way or another build a house out of those materials. Once it is built we then move in and live in that house. This describes the creative process in very simple terms. This creation is a large quantity of the basic building materials of the universe put together in accordance with some kind of plan, and having done that we then move into it and inhabit it. We inhabit the creation, using it for a place to be and in so doing it becomes a

means of expression for ourselves. This is called the Inhabitation Principle, in connection with the creative process. This says that we precede the fact of creation, that we are the authors of it and not the product of it. We create our own reality, and that is a loaded statement. This is true of our present outer reality as well as in the larger picture. So the creative process is one of taking the basic building materials of creation, putting them together, and then inhabiting that structure. It is simple to state this but the resulting complexities are infinite for all practical purposes.

The first place to start this investigation is with the building materials of creation. While there are many forms and states of matter, we do have physical matter as an obvious construction material. In this century it was discovered (rediscovered) that matter and energy are the same thing, so we can add energy in its myriads of forms to our list. If these two things (matter and energy), are the same thing in spite of the many outer forms and expressions that they take, then we could expect to find a third state for this fundamental thing, whatever it is. There are three basic forms of matter; which are solids, liquids and gases, and there are three basic forms of energy, which I shall come to later. So it is not surprising to find that there is a third version of matter and energy, which in itself has three basic forms. This third thing turns out to be consciousness. This is not a new idea, but it has been forgotten and ignored for a very long time. This is the vital link between the outer physical (and non-physical) world that we live in, and the inner, mysterious self. To use some familiar terminology, if the Kingdom of God is within, this pathway of consciousness must lead us to that Kingdom, as well as being a vital part of the outer creation.

This definition of consciousness makes it a key ingredient in the creative process. In fact, it is as much a process in itself as it is a thing like energy and matter. This central position of consciousness makes it an ideal means of establishing a framework whereby we can deal with the inner and outer creation. It is important to note here that consciousness is not defined in terms of awareness, nor is awareness used in any way in this definition. They are two entirely different things, even though most present day definitions of consciousness equate the two, almost as if they were much the same thing. Awareness will be defined further on as it has a very specific meaning in this scheme of things. To be conscious is to be functioning as creator in your environment; it is the hallmark of our creatorship.

Matter, energy and consciousness are three states of the one ingredient of creation. They may take on many outer forms and variations, and the boundaries between the three may not always be clearly defined. Matter is the outermost version of the three, energy is the intermediate (middle) form, and consciousness can be considered as being the innermost component. It can also be considered as being the primary form of the three. So we build a creation out of these three things, and then we inhabit that creation. (Present day science tends to think of matter and energy as being interactions, or processes, which is fair enough, and in this vein then consciousness could be thought of as the pattern behind the processes, as well as actively entering into the process). The term that we use for this inhabitation is Contemplation, as this implies both the objective and subjective elements of the inhabitation principle, for we are always at the center of our creation. So now we have three things to investigate. The first is consciousness, (along with energy and matter), the second is the creation itself, and the third thing is the contemplation aspect, the way that we inhabit the creation, the way that we relate to it. By establishing a pattern in this manner we can then find out where we are presently in this pattern and where we are in relation to the whole, and from that obtain an understanding of the nature of the changes that we find ourselves in. These three aspects will be divided up and examined separately but before that it is time to look at the mystic side of consciousness.

In looking at this mystic side of ourselves we must use terms that are familiar but at the same time we must invest those same terms with new and larger meanings so as to throw off the limitations they usually conjure up in our minds. We start out with a basic equation the Unmanifest becoming Manifest. The use of capitals simply means that in theory we are dealing with ultimates, whereas in daily life there are no such things. The movement from the unmanifest to the manifest is the creative process. It does not occur in time, as it is the source of that which we call time, and we do see the results manifest in time. The Unmanifest becoming Manifest is a three-fold process, and it is here that we start to use some familiar symbols that in

time will take on new meanings. The One becomes Three, and these three are called the Father-god, the Mother-god, and God the Son. These three are within us as much as they are outside and seemingly remote and separate from us. The Father-god principle is the first step in the creative process and as it emerges into creation it becomes that which we have defined as consciousness. So consciousness is the immediate and factual presence of the creator in the creation. This consciousness is the carrier of identity from the source into the creation and accordingly it is the source of our sense of identity, even though we have temporarily defined our identity in terms of the outer (physical) reality. This sense of identity is not an impersonal thing, for the higher we climb this mystical ladder, the more we find a unique and personal sense of individualized identity. We find the fact of individualization rather than a vague sense of undifferentiated oneness. It becomes a unique sense of individuality that includes all that is, which is something of a paradox.

The second thing associated with the Father-god principle is the subject of polarities. This is an essential ingredient of the creative process. We can think of two poles, two opposites, with a space between them, with all degrees of the two opposite poles represented in the space between them. This space is a spectrum. The two poles are not ultimates, rather they are the directions, the definitions of the opposites that make up the polarity system. A piano is a good illustration of a spectrum. The two directions, (or poles), are the top note and the bottom note. There are both higher and lower notes than those on a piano, but in this instrument you have an example of a practical polarity system. So the Father-god principle is immediately broken down into a polarity system with the principle of Potential at one end and the principle of Power at the other end. Within this spectrum you have the potential of the Father-god becoming manifested, or another way of stating it would be to say that the potential inherent in the Father-god has all degrees of becoming manifested. It is the Power that equates with consciousness, energy and matter. This defines the term "The Power of God". It is a practical reality of every-day life, it is the stuff that creation is made out of. It is not just a theological concept or a religious doctrine.

The organization of the basic ingredients of the creation into the world that we see about us is the domain of the Mother-god. This also has an initial polarity, with Omniscience, the principle of Actualization, at one end of the spectrum and the Thought of God at the other end. This latter pole equates with the creation as we know it. This is the basis of all of our sciences and we shall be taking a look at the physical reality in which we live. The physical reality can be described by a system of twelve parameters, so this provides a scientific description of the nature of the outer world. The Mother-god aspect provides the shape and organization of the creation but it is also more than that for it is best described as the fullness of the cosmic potential of creation.

A word on bodies is appropriate here before we go on to deal with the third aspect, (Contemplation), the expression as the Sons of God. We inhabit creation, but it is our present physical body that is of interest to us, as it is the most obvious means of being here, it is the focal point of our present means of expression. It is also a bundle of many and complex energies, as well as being made up of physical matter, something that we do not normally think of. It is also complete with the appropriate underlying consciousness. In this creation, the larger realm of creation, expression in matter, (in physical form) is not the primary means of expression for energy is the most versatile mode of manifestation. This is usually thought of as a light body, but a light body is a specific type, whereas the term energy body can denote a wide variety of vehicles of expression. It is also quite possible to express in a body of consciousness but in such cases there is also the associated body of energy, even as our physical body has an associated complex set of energy structures. Now we can begin to fit the concept of soul into this picture.

Your soul, (really your Oversoul), is you expressing in a body of consciousness as a means of relating to the inner reality of yourself. This is a very real version of yourself, someone that you can relate to as an individual, a citizen of your own Inner City. This individual is associated with your own packages of incarnations, and in effect "grows up" along with the incarnational package. In the present Human Race there is a specialized pattern to this package and this is why the term Oversoul is appropriate to ourselves in

this planet. This will be explained in more detail further on as this is a complex and important subject in the investigation of ourselves. All physical matter has a consciousness component, even as we know matter has energy associated with it. The consciousness component equates with the concept of soul. This means that everything is "alive" in its own way. It also means that plants and animals have souls. This is not recognized by some of our present day religious teachings.

While we are on the subject of matter, energy and consciousness, another definition is in order. Those regions of creations in which matter is the primary form of expression are referred to as physical, or form, levels of reality. The major part of creation is that in which we express in a body of energy of some kind. This part of creation is called the Etheric. The term Celestial is then attached to those regions in which we use consciousness as the primary means of expression. The Astral regions associated with this planet are usually thought of as some sort of vague spiritual (or otherwise) reality, whereas the Astral is really a physical (form) kind of expression, extended from the physical. The higher Astral levels are close to being an energy type of expression and can be considered as being pseudo-etheric. We also co-exist with other physical dimensions and so we do live in a very complex reality. Then, after making all of these definitions, (as they apply to this book), when you come to the Inner City they no longer apply in such a nice and tidy way as they appear to in the outer creation. It is interesting to note that while we are in a physical world with physical bodies, all of our interactions between ourselves is via energy in one way or another, with a few exceptions.

The third part of the three-fold creative process is the inhabitation of this creation by ourselves, this third part being called "God the Son". There is a polarity here as well, for the quality of this third aspect is Love, and when Love is manifest it is the Christ. These are the two polarities and beyond the polarity is God the Son, which is the creator manifest in the creation. As graduates of this creative system, (it is not the only creative system), we become Sons of God, so this creation can be thought of as a god-making school. The all-encompassing quality of the inhabitants of this system is Love. As it manifests it is the Christ and this is the source of the third part of the three-fold creative process, which is called Contemplation. The term Awareness designates a sub-group of Contemplation as it applies to the Human Race. The word awareness therefore is more inclusive and expansive than our usual use of the term. We usually think of being aware of something, in a cognitive sense. In this book the meaning of the word is expanded to cover a whole spectrum of interaction with the external environment, so that for our purposes it can be defined as the fact of something (anything) being able to interact with something else. The interaction is synonymous with the awareness, and the degree, or complexity, of the interaction can be categorized. This is not just the potential ability to interact but it refers to the actual situational ability to interact. By this definition two electrons in outer space having an effect upon one another demonstrate the simplest type of awareness.

There are three basic divisions or types of consciousness as we initiate the creative process in bringing about a creation. The initial creative out-thrust is the Angelic consciousness. It is the least complicated of the three basic kinds and it is the basis of the Angelic Kingdom. Angels are individualized expressions of the source and they are just as real as you and I are. As a life form they have their own characteristics and their consciousness can be divided into levels to provide a system of categorizing their means of expression. They relate first of all to the celestial levels but they interact with all other modes of expression. Their sense of identity is derived from their kind of consciousness and so they always identify with the source, rather than with their point of expression. This brings in an apparent paradox because they have an extreme sense of individuality which is a characteristic of the source.

The second kind of consciousness is the Devic, which is the basis of the Devic Kingdom. We are familiar with this Kingdom as all of the plants and animals on the planet are a part of it. In fact, the entire planetary expression is Devic in nature, with the Human Race being the only exception, and then even we are hybrids of a sort. The Devic consciousness is more complex than the Angelic, in the way that a plane surface is more complex than a line. Their sense of identity is such that they identify with the whole of their outer means of expression, rather than with their individualized manifestation, or with the source. They identify

with their group expression first of all, and only with their individuality after that. In this Kingdom you have group souls instead of individual souls as in the case of Man. The Devic consciousness is the follow-through from the Angelic consciousness as it moves out into the creation so there is a very close tie between the two. The Devic consciousness, being more complex, contains the Angelic consciousness. The Angelic consciousness represents the Father-god principle and so becomes the executive agent for the Devic Kingdom, which represents the Mother-god principle.

The third and most complex kind of consciousness is that of Man. It is a complete form of consciousness, the means whereby the source becomes manifest in the creation. It compares to the other two kinds in the way that volume, (space), compares with a plane surface and a line. The primary characteristic of the consciousness of Man is that we always identify with our point of manifestation. We carry this basic fact of our identity through the creative process from the source and manifest it at every point of expression. We stamp our identity on everything that we touch. As Man, we populate the entire creation in an almost infinite number of ways, most of which would be quite alien to our present way of thinking. We live in a sea of consciousness, and consciousness always manifests in one way or another. Only a small part of our own consciousness manifests in this physical reality. Our own larger reality has a large population of versions of our self that we are in intimate contact with, even though we are unaware of this in our daily life.

There is a corollary to this characteristic of identity with the point of expression that has to do with the concept of free-will. We will be running into this term later on so it is just as well to sort this out now rather than later. The idea of free will as used in our culture, (prior to the emergence of the Christ awareness), has been assumed to be the mark of Man. It has been thought that this is what sets us apart from the animals, for example. However, free-will is rather the mark of Cain, the characteristic of the Human in the fifth level of awareness. (We shall be coming to these levels). This is the mark of the beast when it is turned inwards instead of yielding to the forces of growth and development. "Will" as it generally has been used pertains to the chakra between the High-self and the outer expression in form. What we have is a complementary attribute to will, not free will, but a self-directed flow of creative energy at the scene of operations. Free will almost implies a direction apart from God, (or the source-self), or in opposition to God. Instead of free will we have a spectrum of will which at one end we can do what we want (will) and at the other end is the inability to do anything at all. Man, at the higher levels of awareness (and consciousness) is at a stage of individualization such that the level of manifestation becomes the expression of "God" at that level, or more properly we should say that Man is the expression of God in that way at that level, because the source expresses in all other ways as well. Combining these characteristics we become responsible for the action, or creation, at the level that we are functioning at. This is possible because of the contemplation aspect which is fundamental to being a Son.

Now that the basic types of consciousness have been defined, there is another complication that can be dealt with, and that is our Human Race on this planet. We do not fit exactly into any of the three types just described. We utilize the consciousness of Man as far as our soul aspect is concerned and also for our personality, which is our executive aspect along with the interaction with the physical, external reality. However, our physical body has been specifically engineered from the Devic consciousness in a long and complex process, even utilizing what we would call trial and error in the process. We did not evolve from the apes or anything else but we deliberately inhabit a body derived from the Devic Kingdom. As a result we have taken on many of the characteristics of the Devic Kingdom as a part of the game plan. By doing this we have been able to activate some of the sub-levels of our own larger consciousness. This is associated with the ability to function in time, which is a low energy state. We have combined our own characteristics of an individual soul with the group soul concept of the Devic Kingdom so we now have what has been termed an oversoul. The significance of all of this will become apparent when we look at the levels of consciousness of the Human Race.

This group soul characteristic shows up in the mass consciousness of the Human Race on this planet and it

is usually called the mass consciousness. Sometimes this has been called the collective sub-conscious but that does not do it justice, and besides, the collective sub-conscious is really the Astral regions, something that has come about as a result of our living and being in the physical. This group (mass) consciousness of the Race is an entity in its own right, one that is going through its own changes in this period of time.

This experiment with a hybrid type of expression is for a definite purpose. If you were living in the Etheric, (which you do), there would be a large part of your consciousness that you would consider to be your subconscious. This would only be an unrealized potential unless you could devise some means whereby you could personally activate those levels. One way to do this is to express in the worlds of form and this could be done without the use of our present hybrid system. This would enable us to function in time to some extent but there are limits to the energy levels that we could reach down to in that manner. Taking on a Devic body enables us to function at a lower energy level again, as well as enabling us to inhabit a body that naturally functions in time. This brought in some severe complications that we recognize as undesirable racial characteristics, the good-evil spectrum being one of these. This low energy level is also the reason why it is easier to leave this life than it is to get into it. It is only because of our great inner vitality that we can come in and activate these physical forms. Establishing ourselves as the Human Race has been quite an accomplishment, even though it has been portrayed as the fall of man.

### **III. Patterns in Consciousness**

Consciousness can be thought of as a medium that contains an infinite number of patterns, which is then able to translate these patterns into outer manifestation, so it is a good place to start if we want to describe the nature of our outer reality. Each of the Kingdoms, Angelic, Devic, Man and Human can be divided into a set of twelve levels of consciousness with these in turn set into four groups of three each. This type of division arises from the nature of the creative process. Of immediate interest is the pattern for the Human Race. The others will be described later.

The first group of three levels is common to all of the kingdoms, even though they are manipulated somewhat differently in each case. The Human Race, being a hybrid, borrows a group from the Devic Kingdom and a group from the Angelic kingdom, and it has a group that is unique to itself. The first group of three is made up of the building blocks of consciousness, these being basic to the creative process. You start out from a singular point of being which is then expanded into a number of points of being with a proliferation of possibilities, these are all experienced, and then the entire activity is regrouped into a single point again. In doing this you have gone through the creative process.

The first set of three levels of Human consciousness is as follows:

1. The first building block is called separateness. This is the movement from a single point of being into a multiplicity of points of expression, or activities, or whatever you might be dealing with. A good example of this type of action is the establishment of several incarnations in the physical world from a single point of initiation.
2. The second building block is called covering, from the concept of covering all possibilities inherent in the multiplicity of expressions. Using the same example again, this would be the proliferation of activity in all of the lifetimes plus the associated experiences.
3. The third building block is called inclusion. This is the integration of the entire package of activity from the second stage into a single unit of expression. Using our example again, the total of all of the lifetimes becomes a unit of expression for the next stage of activity.
4. The second set of three is taken directly from the Devic levels of consciousness. It describes the creative process as it pertains to the worlds of form and can be considered as putting the first three theoretical statements into practice.
5. The Elementary Working Units of Consciousness. This is the basic unit of consciousness that goes into a design or plan. It is not a level that manifests by itself but only in connection with the rest of the levels.
6. The Static Principles of Design. This could be likened to a set of blueprints, a design or pattern, made up of the basic units of consciousness. This level is the basis of harmony and order.
7. The Active Principles of Design. This is the functioning level of the three and with this you have the basis of any living organism. This last step implies inhabitation of the organism by the source. It is an active principle, it takes in the assessment of all possible knowledge and it implies that within consciousness there is the potential of all knowing.

The third set is a group of three levels that apply specifically and uniquely to the Human Race. It describes the base of consciousness that our Race starts out with, and the end product of this phase of our physical experience. The levels are as follows:

8. Undifferentiated. This describes the initial base of consciousness that we have established for the Race, it is a starting point such as would be used for a group manifestation. We do not express at this level as individuals, even though our simpler incarnations are barely above this stage. Some of our so-called primitive tribes function much at this level where individual identity is submerged in the group identity. Such tribes have usually regressed to this point rather than having evolved up to it from a lower level.
9. Free Will. This is the level of consciousness at which we function in the Human Race at the present time. It has enabled us to function in time and in a physical environment. In this period we learn, among other things, to transfer our sense of identity from the outer objective world to the inner self while still in physical expression.

The Christ Consciousness. This is the completion of this package of consciousness. It can be put in religious terms and say at this level we express the Love of God, in harmony with the Will of God, but such a statement leaves much to be desired. Our basic characteristic inherent in being the source of our own manifestation is that we are that Love in manifestation and along with that we have the ability of functioning with the type of will that we have as creators, that which is called the Will of God. It is our own will and it is the will that enabled us to initiate and complete this project. All through our racial history there have been the Christs, to show us the way to our own Christhood.

The definition of free will in the previous chapter applies specifically to the use of the term in this set of three levels. In our present use of the faculty of will we function on a spectrum. At one end we have a free choice of action and at the other end no control whatsoever. For example, you have a choice of which shoe you want to put on first in the morning when you get up. On the other hand it would be difficult to grow and extra three inches in height during the day, no matter how hard you try. So the free will level is for training and experience, and it allows us to invest a great deal of ourselves into this level. It is characterized by the use of several other spectrums as well as the one of will. Often we see these spectrums as ultimates, such as the one about good and evil. Other characteristics of the free will level are the ability to function in time, the cause and effect principle, and an accumulating memory system.

The last group of three is taken directly from the Angelic levels of consciousness and applied to our present pathway of development. (The word development is a linear concept which does not really apply to the creative process, but we are stuck with it). We are not about to become angels, for in the normal course of events angels are angels and they remain as members of the Angelic Kingdom. As we express the higher levels of our own consciousness via this present route we also unfold the inherent potentials of the angelic consciousness as part of our own abilities. In this way we bring the creative process into full expression within this physical part of the creation, instead of it being applied from without. This is in keeping with being Sons of God.

The last three levels are as follows:

10. God Consciousness. This is where we start to function as apprentice gods. Form is not the predominant factor here as we express in complex energy structures and we deal with consciousness directly. We operate with the basic creative processes as they apply to the physical levels, which means that we deal with the Elohim, who are the agents of the creative process as it manifests in time.
11. Principalities and Powers. If we look at this level from below we could say that it is the coalescing together of the god consciousness. If it is approached from the other side we see that this is where the initial patterns and divisions emerge from the presence of the source in creation. From our present earthly point of view this would appear to be functioning at cosmic



## *Patterns in Consciousness*

levels. As we move back to these levels we take with us our activated lower levels of consciousness and so the source becomes more fully manifested in the creation.

12. **God in Creation.** This is the level of consciousness associated with ourselves as Sons of God. It includes all of the other levels and marks the presence of the source fully installed in the creation. We do not have the concepts required to provide an adequate statement about these higher levels so we shall have to be content with putting a label on them until we arrive at a position where we can talk intelligently about them. This last level defines our own position in the creative process, for we are the source of our present self in expression and there is no separation between the two. It is all the same person and in this inner search for God you will only find yourself. This is the reason why the search for God becomes a very personal matter.

This provides us with an initial approach to the levels of consciousness for the Human Race, a specific racial experiment. The physical phase is coming close to being completed. These twelve levels are simplified considerably but at least they illustrate the pattern for the different types of consciousness, a repetition of the three-fold movement. They are presented in a linear fashion and it would be easy to assume that we are working our way back to the top of the list. We presently express at all of these levels of consciousness. We have extended ourselves from the higher levels into our present tempic (time) reality. The actual progression is contained in the next level up from the one in which the experience is being gained with the final benefit being accrued to ourselves as we function beyond creation. These three levels also describe the inner fact of our consciousness. The way in which we relate to the outer objective environment is another series again and should not be confused with the inner levels which are consciousness.

## **IV. A Place For It All To Happen**

We think in terms of sequences, in terms of cause and effect, in terms of time, and our language is based on the concept of before and after. There is nothing wrong with this as long as we recognize that it is only one of many ways of looking at reality. Even in our physical universe our way of functioning in time is not universal. We live in packages of creation and the boundaries between packages are made of consciousness. The subject of boundaries is an important one for our physical dimension is contained within invisible boundaries and these we must cross if we wish to go somewhere else. There are major boundaries to our own personal fact of expression and crossing over these provides increasing degrees of freedom. We need a view of this creation that gives us the freedom that is inherent in it and this view must be scientific as well as mystic. The Mother-god becomes the Thought of God and this in turn becomes the outer objective reality in which we live which is then subject to scientific investigation.

The physical creation can be described by a pattern that is Similar to the twelve levels of consciousness. This is a set of parameters that was first set forth by W. B. Smith in his book "The New Science". He stated that the book was assembled from data obtained from Beings more advanced than we are. Since his death in 1962 he has been involved in the provision of this present material, along with many others.

The first three parameters provide for the concept of space, or volume. There is a departure here from the three dimensions spoken of in the theory of relativity. The first three parameters are dimensions also but each one is different from the other two. In the theory of relativity the three dimensions are three directions of length, but all three are of the same nature. I shall come back to this later as it is an important difference.

The twelve parameters were developed and stated in the following manner:

- 1 Length. If you start out with a point and extend it out from itself into a series of points, you have a line which is the first parameter of length. It can also be called a dimension. It is unique in itself and is different from the rest of the parameters.
- 2 Area. Moving the line at right angles to itself generates a plane surface and this is the second parameter. This plane surface is what is usually called area. Moving the line at right angles to itself is an illustration of the quadrature effect, a term for the process that is used to produce a new parameter from the previous one.
- 3 Volume. Moving the plane surface at right angles to itself generates volume, or space. In this way we have produced a space in which everything can happen.

This first group of three is a complete unit in itself. In line with the terminology adopted by W. B. Smith, it is called the space fabric as each unit of three parameters is called a fabric. Moving the third parameter of space at right angles to itself does not produce a fourth dimensional space. It has been indicated by mathematical means that space cannot be two or four dimensional. If we do apply the quadrature process to the space fabric we generate a field which is located in the space already derived. This space is linear and not curved, even though it can be treated as curved by using the appropriate mathematical models. Space is space and it does not have to be curved to allow for fudge factors. The common concept of space-time, which is three linear directions plus time is an inadequate statement of what this reality is all about.

Applying the quadrature process to space results in the Tempic field, the first of three fields. They are as follows:

- 4 Tempic field. This introduces a new concept, an energy field, in which all of our linear motion takes place. In order to picture this field, we can use a common analogy from our every-day life. A movie film is a series of consecutive still pictures which are displayed one after another to provide the appearance of motion. In a similar fashion you can imagine a series of spaces, each one being a still three-dimensional picture of your immediate environment. Then, by some magical means collapse all of these pictures into a single space which contains all of the action of the whole series and you have the tempic field. This field provides for movement and change in our physical dimension. (Motion such as we know it didn't just happen somehow, it had to be built into the system). It is the medium for energy interchange in our world, with a maximum upper limit for that interchange which is related to the so-called speed of light. This upper limit applies only to linear energies and it is a variable. Being a field, it has a value that can be measured and this value is directly related to the speed of light. The tempic field gives us what we call time, for time is simply the measurement of relative motions. Tempic field intensity is a scalar value, it does not have a vector component.
- 5 Electric field. If we carry out the quadrature process on the tempic field we produce the electric field. This electric field is different to the electric field that our science is familiar with, in that this field is the means whereby our usual idea of an electric field can function. In this field there is no point charge at the zero point, rather it is an energy spectrum from zero to infinity. This can all be dealt with in a mathematical manner but for our present purpose it is desirable to simply use a descriptive approach.
- 6 Magnetic field. Operating on the electric field with the quadrature process produces the magnetic field. As in the previous case, this is a basic field which permeates all space and what we usually think of as a magnetic field is a "distortion" in this field. This is the most complex of the three fields. It contains the other two and it governs all of the energy exchanges that we know of. There are appropriate types of energy associated with each of the three but the scientific establishment has only recognized the linear energy that is associated with the tempic field.

This treatment of the field fabric is only introductory in nature and is of necessity very brief. The implications of this will be dealt with in a later chapter. These fields provide a comprehensive view of the reality in which we live, both in a personal sense as well as in the scientific context.

The next three parameters are called the control fabric. They are as follows:

- 7 Random. If we examine the magnetic field it will be found that it has direction as well as magnitude. Initially the orientation of the field could be in any direction, that is, it could be random. This gives us the name for the first part of the control fabric. Another way of looking at it is that we now introduce the idea of control into our emerging picture. The simplest statement is to say that we are providing for the possibility of control. With the direction of the field being random, we can then introduce the element of choice.
- 8 Decision. Having a choice in the orientation of the field, we can make a decision, we can differentiate between alternate possibilities. It is appropriate that this parameter corresponds to the free will level of consciousness. This parameter states that in the formation of matter there is a specific place for direct control by someone.
- 9 Sequence. Having made a decision, it is applied and the control fabric is complete. This fabric is stating the essential fact of control in our physical system. All physical dimensions, such as our own, are part of a body of expression of someone at a high level of consciousness.

The next three parameters see the emergence of form, or physical matter as we know it. Taken together they are called the percipitation fabric. This is because at this stage we can perceive the

physical matter, for this fabric brings it into outer manifestation.

- 10 Form. This parameter allows for the emergence of form in our creation. There are some interesting concepts hidden behind this apparently simple parameter. There is a unique value between zero and infinity, where half of Reality is "outside" and half is "inside". This is true in mathematics if the volumes inside and outside of a sphere are compared, for they are equal to each other. This is true of creation as well and we as creators occupy this midpoint of unity. We are always right in the middle between the inner and outer.
- 11 Multiplicity. One form is not enough, so we need a multiplicity of forms if we are to have a working creation. This applies not only to the number of forms but also to the kinds of forms.
- 12 Aggregation. This is the assembly of all of the bits and pieces into a structure with a purpose. Now we have a physical dimension that we can live in; brought about by the repeated application of the quadrature (creative) process.

The idea of a space-time continuum is common in our present day, with the idea that our reality is contained within the three dimensions of length and one of time. There are philosophical considerations here in this scientific concept. Time has been made the great god that controls change, whereas change is the basic factor and time is the outgrowth of that. It has not been appreciated that time and length are not a satisfactory basis for the description of matter and energy. It would be better to think in terms of a space and energy continuum, for this allows us to go beyond the limitations of a linear energy system.

## **V. Awareness, Life In The World Of Form**

The fact of ourselves inhabiting this creation brings us to the third and last division of this creative process which is Contemplation. For the moment our interest is in the form that this takes in the Human Race, in an externalized, objective physical dimension. This subdivision is called Awareness, in keeping with the worlds of matter being an outer and objective reality while the inner, subjective is suppressed. Contemplation implies a balanced position between the inner and outer, something which is in keeping with the consciousness of Man, especially in the etheric expression.

There are nine levels of awareness as the building blocks of consciousness do not have corresponding levels of manifestation. The first three describe the qualities of inter-relationships afforded by the first three levels of consciousness, so this group is consistent with the structure of our present means of expression. The first level of awareness equates with the Elementary Working Units of consciousness and the Tempic field.

- 1 Awareness. This introduces a basic concept, a new definition of awareness. It is a spectrum of interaction with your environment, not just a passive cognition of it. Awareness is a spectrum of interaction, from the bottom end where something is simply included within a larger system, to the top where it describes our full and complete inhabitation of the system. The definition of this first level of awareness is the simple fact of being included in the system.
- 2 Awareness of relationships. If you have a multiplicity of things in a system, then they must be able to interact with each other. This second level is the ability (freedom) of things or people to interact with-in the system.
- 3 Awareness of the Purpose of Relationships. This third stage brings in the sense of purpose and included in this is the idea of motivation. This package describes something that is obvious in our daily life, the basic organization of our expression in the physical.
- 4 These levels of awareness apply specifically to the Human Race. The next three describe the quality of expression in each of the corresponding levels of consciousness. Our patterns of behaviour and belief systems portray these characteristics as we relate to other people. The fourth level equates with the undifferentiated level of consciousness.
- 5 Joy. The simplest way to describe this is to call it the pain-pleasure principle. If something is comfortable and nice we move towards it. If it is something painful we try and avoid it. This appears to be, on the surface at least, some sort of survival instinct but it is a means whereby we relate to and identify with the physical body and expression.
- 6 Interpersonal Love. This is where we interact with others with a feeling of love and on the basis of their interests as well as our own. It does include a measure of bargaining, of arrangement, of securing our own interests first in any interaction. You find evidence for this in the proliferation of written agreements, contracts, laws and in general a legalistic approach to interaction between people. Marriage contracts are a good example of this level.

Love of God. This does not mean our love for God but it does describe our ability to express the type of love that is normally associated with the concept of God. We recognize that the other individual is also a manifestation of the source, even as we are, then we relate to them accordingly. Once experienced, this kind of love is not easily confused with the kind of love associated with the previous level.

These three levels can be related to the polarities associated with the division of the creation into matter, energy and consciousness. The matter polarity is admirably expressed by the fact of sexual differentiation in our race. The fourth level is demonstrated by the physical sexuality for this is associated with the physical body.

As individual people, all of our interaction with one another is on the basis of energy, even though we are in physical bodies. Our personality can then be considered as being an energy expression as it is that which is presented to the outer world. While we focus on the fact of the physical body, the expression is via a complex energy body. So we can call this energy body the personality for convenience, for this is what conveys those characteristics we think of as the personality. In turn, the personality is the expression of ourselves in that manner. So now we have an energy polarity which arises out of the physical sexual polarity but is separate from it. It also reflects the Father-god and Mother-god principles. (The Father-god and Mother-god are not polarities but are elements of the creative process. This is an important difference). The male-female polarity at the personality level is not always clear-cut and if you have, for example, a female personality in a male body you have a prime candidate for a homosexual. Our inhabitation of the physical bodies has created a somewhat unstable condition in regard to sexual differentiation. It is only the stabilizing effect of homosexuality in society that makes possible the stable middle ground of heterosexuality. They are like the outriggers on a canoe that provide for the stability of the craft.

The fifth level is associated with the male-female polarity of our personality. The sixth level has to do with the polarity of our consciousness relationships. This polarity is not sexual in nature, even though we could easily assume that such is the case. It is really the objective-subjective polarity, or to use a designation that will be explained later, we have the Cains and the Abels. We use the polarity conditions as a means of bringing about energetic interaction initially. Then we graduate from this and eventually interact on a basis of individuality, of uniqueness of expression. The consciousness relationships are now starting to intrude upon the personality Relationships in some cases and this brings in very high energy levels. This can cause quite unexpected difficulties in such situations.

The last three levels have to do with our present inner reality, something that we are bringing into outer expression, both individually as well as in the Race. This process is more evident to the individual than it is for the Race as a whole. We find ourselves moving through the mass consciousness and on to our own greater reality while the mass of people are generally quite unaware of the changes in the Race. The last three levels are as follows:

- 7 Control. This creation and specifically this physical dimension is not a place of habitation ruled over by some absentee landlord, who set it up and then left us to our own devices. There are definite boundaries and divisions that contain the physical dimension. These are not static and impersonal boundaries, rather they are controlled by ourselves at an inner and more complex level of our own consciousness. This personal control over the parameters of our expression is what is central to this level of awareness, so that the word control is appropriate. It is at this level that we exercise practical control over the divisions within creation.
- 8 Limits and Bounds. The eleventh level of consciousness is the first division within the whole of consciousness of the creation. These divisions mark the first separation into a number of individual expressions and from our present viewpoint they are the major divisions of the created universes.
- 9 Sons of God. This is the final level in which we use the fullness of the creation as a means of expression. This creation can be thought of as a school for the purpose of making gods and so the term 'Son of God' is appropriate. At this stage there are three directions of activity. First, the creation is a means to an end and as Sons of God we live and have our being in something beyond creation. The second thing is the investigation of the Unmanifest. The third thing is our ongoing

responsibility to the creative system that has given us a means of expression and manifestation.

By this time you should be getting the feeling that this creation is a personal thing. As we move into the inner self our sense of identity is enhanced and our individuality is intensified along with the awareness of the essential oneness that we are with All That Is. We do not merge into some vague and ecstatic pool of bliss.

The three-fold creative process, consciousness, creation and awareness, has now been covered in a very quick and simplified fashion. It is a birds-eye view of the package in which we live and have our being. We, as members of the Human Race, are expressing at the free will level of consciousness with the interpersonal love level of awareness. We next move into the Christ consciousness which is not just a linear change into a higher level of ourselves but it is a literal Homecoming.

## **VI. The Inner City Of Self**

We have now established a theoretical base that we can use as a launching platform for a further investigation of the nature of our own reality. The creative process does not occur in time, it is the source of time. Our consciousness and our expression in energy and consciousness does not conform to our linear experience of change, of cause and effect. This means that we presently express and have our being at these other levels of consciousness as well. We do not question the idea that our physical bodies are composed of units that go together to make up the whole body. These units are simpler forms of consciousness than that which we use in our own personal expression. It is also reasonable to assume that we can make use of units of expression that utilize higher levels of consciousness than our present, as well as those levels that we are now using, to make up a body of expression. In this context then we could assume that our present life is part of a larger package, one that allows us all of the degrees of freedom appropriate to the physical reality. We now function in time which is saying that we have deliberately confined ourselves to playing around in a spectrum derived from the tempic field. To do this we have had to pretend that this is what the entire universe is like. The larger package that this lifetime is part of would not be subject to these same limitations.

If we do in actual fact exist in many other ways and places, we should expect to become cognizant of our self in these other expressions, otherwise the concept is meaningless. This idea has to become a reality instead of just being an intellectual exercise. The first step in this for many people is the recognition of memories of other lifetimes, either in a spontaneous manner or else stimulated by some technique. Such memories come with an inner knowing that has a validity to the person who experiences them. The very fact of remembering another lifetime immediately means that you are functioning from some level of yourself that is superior to the present incarnation. Our present expression here in the physical is extended from the larger reality. These memories of other incarnations are but one indication of this. It is also proof that memory is a function of something more than the physical brain.

This larger reality has an inner structure that is of considerable interest. The design of this structure is determined by the pattern for the Human Race. The High-self is one of the key individuals in this structure, this being is made up of the different patterns of incarnations including the key individual expressions. As a spirit being there is no way that we can begin to adequately express our self in a single physical lifetime. For one thing, the present type of life that we have here is at a comparatively low energy level and it is lived in the context of the tempic energies. We have spread ourselves over many lifetimes (incarnations) to gain the desired experience as well as providing for a large inflow of ourselves into the physical. Each focal point of experience, roughly what we would call a personality, maintains that focus and continues to grow and gain experience.

The other incarnations are perceived as being expressions of our self and this is valid enough because of the common consciousness. However, they are also unique focal points of self so they continue on in their own right. For this reason we can have contact and communication with these individuals. Sometimes they show up as "spirit guides".

Sometimes in our daily life there is a bleed-through from these other individuals and in such cases we function more from their point of view than from our own. A person will have the experience of providing advice, information or any number of things, to somebody else only to realize afterwards that they could not possibly have known the information that was supplied. This is usually the high-self stepping in to provide whatever was required. It is also quite valid to say that you were functioning from your own inner (or higher) levels. If you wish to be more simplistic than that you can say that this was the action of the God-self, or God. Very often if a person is caught up in a religious persuasion they will consider these contacts with their High-self as being a visitation by the Christ.

The popular concept of reincarnation that has developed in our western society since the time of Edgar



## *The Inner City Of Self*

Cayce can be summed up in rather simple terms. This simplified approach has been necessary in the west as a re-introduction to the subject because it has been excluded from Christianity for various reasons. The popular approach is that we incarnate in one lifetime after another, on a sequential basis as a means of growth and development. Eventually we then escape from this round of physical lifetimes. Often much of the polarity of good and evil, sin and judgment, common to western religions has been included in the teachings on reincarnation. Sometimes this has been in a subtle fashion but often in a blatant way. As a part of this introduction to the inner city of self I shall make a few statements about the multiplicity of expressions of yourself and you can fashion your own belief system around them.

First of all, our incarnations are for the purpose of gaining experience, to activate these levels of consciousness and also to create a large presence of our self in the physical. In this way we anchor ourselves in the physical reality simply by living here. The apparent growth process is the gradual emergence of ourselves into the physical. We are the source coming into manifestation and as the source we know nothing of limitations, sin, imperfection, animal instincts and all of those things that we have had around our necks. If we are going to derive the desired benefits from operating over the spectrum of good and evil we will find ourselves expressing both as a saint and a sinner for therein lies the power of the physical reality. An externalized code of conduct, such as the law of Moses, or our present system of law has been necessary at certain stages. Sooner or later this subjection to externalized rules and regulations must be replaced by the law of Love. The spectrum of good and evil is a means to an end but Love is the reality.

The idea of sequential incarnations needs to be re-examined. We initiate the incarnations from a level of ourselves that is not limited to our tempic reality. If you want to look at it in sequential terms then you can reincarnate any time before or after the time of death. If it suits your purpose you can take on another lifetime two hundred years prior to the time of death. The period of time between physical lives just does not fit into our sequential time scheme. Cases that appear to be obvious sequential incarnations tend to occur in those cultures where they include this idea in their belief system.

The package of incarnations is a unit in itself. The individual lifetimes interact with each other because in the larger scheme of things they are happening together. All of the incarnations in a package are extended at the same moment from the source, even though they are spread out in historical time. The internal energy flow, (life energies), is from the incarnations that are at the higher levels of consciousness to the ones that are most closely identified with the body consciousness. If you are in a lifetime that is your stepping stone to the next level of consciousness, then you are the channel of the life forces to the other incarnations. This whole package of incarnations is your body of expression as you move into the Christ consciousness and so you are provided with a large base of manifestation, thus enhancing your own individuality.

It is common for the High-self to have incarnations that occur historically after the time that that person has moved into the light body, these incarnations being part of the pre-light body package. This means that you could meet up with an incarnation of your High-self and this has been observed in practice. On the other hand, you could be the incarnation of the High-self that is in touch with your current representative in the Human Race. When such a meeting occurs both people will often recognize a strong affinity for one another. This is typical of a consciousness relationship emerging into the physical.

If you watch yourself closely you will notice quite distinct facets in your personality. Often these are reflections from other incarnations. From your point of view they are the first indications of the development of secondary centres of consciousness within yourself. Under normal circumstances we focus only upon one activity at a time, with perhaps a degree of awareness of something else while we carry on with the primary task. You can expect that sometime you will be able to focus upon several activities at the same time. This is the start of secondary focal points of expression that can take on bodily form of their own as real individual people. At the same time they will be secondary focal points of your own expression, all functioning together in harmony.

In reincarnation it has been assumed that birth, death, life, astral experience, birth and so on, is a linear process. However, each major experience that we have, in the incarnations or out of them, including birth and death, are major changes of state. In between these changes we focus upon different aspects of being. All of these major events or periods are extensions of the one self and are not just a series of happenings. Our life consists of a warp and a woof, it is not just a long string with knots in it. If you could back off a bit you would be able to see the beauty of the tapestry that you are weaving. When we move on up out of the package of incarnations the focus is then upon the whole thing. After this ascension there is a type of re-descent into the package, with a higher level of awareness, revitalizing and recharging the action that is taking place. The so-called past is not static but is always in a state of change.

Birth and death are not the major divisions in our experience that we have thought them to be. In our world they do appear to be major events and this is for several reasons, allowing us to focus on the here and now. They are only a part of the larger pattern that we are working (or playing) with. The low energy level of our tempic reality has made death seem to be an insurmountable barrier, thereby obscuring the bigger picture. In our experience in conducting individual recalls of other lifetimes, we have run across several cases where the present lifetime is a continuation of a life at the time of the beginning of the Piscean age. These two periods are often linked together in the larger process of change.

We have not always used the same structure of incarnations throughout the time we have been on this planet in our present racial experiment. Our first movement into the physical world was very tenuous, we were more out of the physical than in it. These were direct projections of ourselves rather than incarnations as we use the term. Even after we have moved from the androgynous phase into the sexually polarised bodies we still did not identify with the planet and we did not function properly in time. These incarnations were also direct projections from the source level, even though this connection was forgotten by many. In the Atlantean period each person would have one package of incarnations, with the focus upon learning to identify with the physical expression. These incarnations were from the Father-god aspect of ourselves. In the present Human Race we have an incarnational structure that is made up of groups of incarnations with a common oversoul but still expressing the Father-god aspect. The next period of racial expression will utilize the single package of incarnations again, with both the Mother-god and Father-god aspects in manifestation. In practice it has been more complex than' this simple summary would indicate with a great variety of possibilities being tried out, especially in the Atlantean period.

We do not get lost in this complex and larger fact of ourselves. Each individual focal point of expression is nurtured like a small plant until it can function on its own within the larger self. A major part of the experience of this coming change as we move out of the limitations of time has to do with the actual meeting with the rest of our self. This meeting is a major event and is the basis for the Festivals of Homecoming, which are held from November 19th., to the 25th., each year.

The Inner City of Self becomes apparent in dreams, visions, meditation and in many forms of artistic expression. This is true for individuals and for the race as a whole. There is a growing feeling on the part of many that the race itself is coming home. This is a valid feeling for we will soon be in a position to join the larger family that we are a part of in this Solar System. The planet and all expressions of life upon it are being raised at this time in preparation for this event. The net result of this is a period of enforced growth for everyone, accompanied by a breaking down of the crystalized structures of individuals and society. This will be the cause of many people leaving the physical temporarily as the strain from the changes will be great. This is not a major problem for such people will simply carry on in the Astral and continue the process of change from there.

The family of Man inhabits this Solar System and not just this planet. (For that matter, Man inhabits the entire creation). The Solar System has an internal and external structure, just as individuals and the Human Race have. While all of the details are not as clear as we would like, with some discrepancies between the

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various sources of information, the essential picture that emerges seems to be as follows. There is a government for the Solar System, with the seat of the government being on the planet Saturn. The core of the government consists of seven individuals with the head of this council being the Archangel Michael. Our representative is Sananda who is better known on our earth for his incarnation as Jesus. He presently holds the Office of the Christ on this planet. There is a corresponding office for the Solar System and this is filled by Maitreya, who is of the race of Man.

While we are on the topic of the Inner City of Self, it is worth our while to look at our own present means of expression on this planet. We all know we have a physical body. It is a part of our expression but we are not totally defined by it. It is the focal point of a set of bodies that we use all of the time. In this context a body could be defined as an organized package of something that we use for the purpose of expression, it is something that we inhabit. To start off, the physical body is paired off with the emotional body.

The emotional body is defined as the (energy) vehicle of interaction with other people and the world around you. The energies of interaction associated with this body are defined as emotional energies. This is a larger meaning for the concept of emotions than just the idea that they are what or how you feel at the moment. This emotional body is really the sum of all of the energies of interaction from birth to death. If you want an analogy, the physical body could be compared to an electric motor, with the emotional energy body being the total of all of the electricity that flows through the motor in its lifetime. In our case the energies are not confined within the physical body but we recognize their presence by what we usually call our emotions.

The second pair of bodies consists of the astral and mental. Our immersion as a race into the physical dimension creates the astral reality, the Astral planes. The Devic Kingdom participates in this as well. At the personal level we also create our own astral reality and one form of this is our astral body, which is generally recognized as being similar to the physical body. It is the home of our mental faculties, so that the astral and mental pair are midway between the outer physical and the inner etheric bodies. The astral body is used in astral travel, or experiences. However, such experiences are not confined to the astral body. In actual practice the astral body is a complex series of bodies with one of these being associated with the faculty of memory. The concepts of astral and memory are almost synonymous and a large part of what we think of as our subconscious is astral in nature.

We are more than the physical expression of the moment. The larger reality contains future as well as past memories so we can remember the future as well as the past. Astral energies can be thought of as pseudo-etheric and because the etheric energies are of a higher order than our tempic energies this playing around with our notions of cause and effect is not a problem. The past, present and future are all in a constant state of change. Nothing is static in this creation. What we experience today becomes available to us in other lifetimes, because this is part of the dynamic interchange between all of the expressions of the one self. This does complicate the nice and tidy view that we have had of reality, however.

The third pair of bodies is the etheric and intuitive. Many books refer to an etheric body that is associated with the physical body and this one often shows up as a thin silvery aura. This is an energy body that is associated with the physical body and should not be confused with the etheric body that is paired off with the intuitive body. The etheric body can be considered to be made of higher etheric energies while the intuitive body is a consciousness construct. This pair of bodies is used as a means of interaction with our own inner reality and with others who are not in physical expression. This inner reality takes in a lot of territory, including the Inner City of Self. The validity of this contact with our inner reality has not been recognized. Our imagination is the language of this pair of bodies, even as thought is the language of our mental aspect. Our intuitive abilities are a part of the imagination. At times the imagination has been equated somewhat with hallucination but this is quite wrong. The imagination is one of the most powerful tools that we have going for us and the recognition and use of it brings about a major transformation. It is what we use initially to explore the Inner City of Self until we have more direct access within.

## **VII. The Human Dimension**

There is a problem inherent with the expansion of knowledge and that is with the terminology used to convey the new and enlarged understanding. This is especially true in the field of self-awareness, with each school of thought coming up with their own terms for similar things, thus creating a great deal of confusion unless you can translate from one set of terms to another. This is a healthy situation for it makes a person seek out the underlying meanings instead of just letting the words trigger old and inadequate ideas. For example, I have used the word "God" several times so far but your concept of God is likely quite different from mine and different from most other peoples concept. For this reason I prefer to define the meanings of the words that are being used where there is a plurality of meaning. This way there can be a clearer understanding of what is being said. On the other hand, my definition of a word does not necessarily apply to someone else's use of that word.

This is the case with the word "dimension". I have already used it in two different ways and in this chapter it is being used in a third manner. It is often used in our "New Age" sub-culture, with the past being referred to as being third dimensional but there is never any explanation of what these mysterious dimensions are. It is then necessary to define the various meanings of this word to prevent any further confusion and to clarify the subjects under discussion.

The most common use of the word dimension is in measuring things. For example, a piece of lumber might be two inches by four inches by eight feet long. In this case we have to specify the units of measurement being used as well as the number of units. An extension of this use of the word is common in physics where the dimension can be something other than length. Temperature is measured in degrees and in this case the degrees are a dimension. So when you measure something, whether it is temperature or length you are measuring a dimension.

The first of the three parameters, (Chapter Four), are also called dimensions as a logical extension of the above idea, as they are something that can be measured. It is important to note that these first three parameters are different from each other. They are distinctly different kinds of dimensions, just as length and temperature are.

We also talk about the physical dimension, or the astral dimensions, or of other habitable dimensions. This is another use of the word, one that is more common now than in the past. It would be defined as a habitable package of reality.

In this chapter there is another use of the word. We take for granted the nature of our physical reality. We assume that the way that we function is more or less normal and then we assume that this is also the norm for the rest of the universe. However, there is a progression in the way that we can relate to the physical world in which we live. So we can define this further use of the word as "the degree of freedom of interaction with our external environment" . This applies specifically to an external objective environment, whether it is matter, energy or consciousness.

(Internal subjective environments are another matter again) . So this has to do with the complexity of the relationship that we have with the outer world around us. This progression is divided up into seven stages and this is common to all four Kingdoms. The progression for each is different, however. I shall deal with the seven dimensions for the Human Race first of all and then take care of the progressions for the other three Kingdoms in later chapters.

As Humans, we are hybrids, so the first three dimensions are taken directly from the Devic Kingdom and the last four come from the Kingdom of Man. We are hybrids because we utilize a body derived (engineered) from the Devic Kingdom whereas our personality (energy structure) and soul are extensions

of ourselves as Man. Hybrids are traditionally more vigorous than the parent stock so this system does have some possibilities. It is this very nature of our type of expression that has been the cause of much of the misunderstanding about ourselves and our relationship to the Devic Kingdom. Implicit in the theory of evolution is the concept that we are first of all our physical body with some attributes that somehow came along later, that whatever we are now evolved from more primitive forms. If we were only our physical bodily expression, then you can make some sort of a case for evolution. However, we precede the fact of our physical bodies and we inhabit the entire package of bodies. The consciousness of the physical body itself is Devic in nature but there have been some races on this planet with bodies of Man consciousness, but they were not viable at this low tempic energy level. It is normal in this creation for Man to inhabit an external form that is of the consciousness of Man, so as Humans we are unique.

At this stage you might be curious about where the concept of spirit might fit into all of this. We can define ourselves as spirit, that which inhabits creation, in whatever form or means of expression that we might use. So what we are as spirit beings is being manifested in infinite ways and means throughout this creation.

These dimensions can be thought of as stages or degrees of manifestation. They have a solid basis in the scientific reality of our outer environment. While they are allied to our levels of consciousness they more properly have to do with the overcoming of the polarities of creation. The various dimensions form distinct categories and the movement from one to another can be considered to be initiations, even though I do not make use of that term.

The first three dimensions, being drawn from the Devic Kingdom, are really three degrees of complexity of the base of expression. The last four are distinct groups in their own right, each one being an individual category of expression. They are as follows:

- 1 Freedom to be Aware. This is not self-awareness but in line with our previous definition of awareness it simply means being part of a system by being included in it. In this sense even a stone or a piece of chalk is aware.
- 2 Freedom to Move. This does not include the knowledge of movement. In this context movement is defined as any interaction or change of state. This describes something that we take for granted, that things move, interact and generally are subject to change.
- 3 Freedom to be Aware, to Move, and with Purpose. This describes the basic characteristics of our world. It sums up the complexity of the Devic Kingdom as it manifests on the planet at the present time. The planetary environment that we inhabit is third dimensional. We have entered into expression in the Human Race at this level and adopted the characteristics of the Devic world but in doing so we have brought in a new factor that will not allow us to remain at this level in spite of those same characteristics.
- 4 Freedom and control over the external environment. For our purposes this is associated with being at the Christ consciousness.
- 5 Detailed control over the basic constituents of the outer environment, full awareness of the relationship between the inner consciousness and the outer creation. The ability to produce any desired event by means of manipulation of consciousness. This marks a changeover in that we will no longer be dealing with consciousness in a subjective fashion. We will be aware of it directly even as we deal with energy at this time.
- 6 Active agent for the manifestation of the plans and procedures of the (triune) god self within. Identity is firmly associated with the inner consciousness, as the source. At this stage we have

gained mastery over the polarities of matter and energy and we are working with the polarities of consciousness.

- 7 This denotes a level of control over the life forces of the godhead, for we are directly responsible for the creative package. We function first of all from a body, or bodies, of consciousness and in so doing we overcome the polarities of consciousness.
- 8 This marks a significant change. The first seven are a complete cycle in that they give us the complete freedom of creation and we can then use this as a personal means of expression. In other words we then inhabit the creation fully. The eighth level is a new experience entirely and we function in the reality out of which this creation has emerged.

These dimensions should be considered as being degrees of freedom within creation and this is not in the sense of being free from creation. A solitary electron in outer space may be thought of as being free simply because there is no fence around it and is not subject to any external limitations. However, it does not have any means of freedom for it still remains an electron. Our religions have tended to think in terms of escaping the physical reality to go to some type of heavenly bliss. They have not realized that we have deliberately moved ourselves into the limitations of the third dimension in order to attain unto the means of freedom that is inherent in us as creators. This is not just in order that we might appreciate the freedom of the higher levels after we have completed our sentence in the physical. In our previous state of expression in the etheric, using a light body, the worlds of form such as our physical were inaccessible to us simply because we did not have the personal means of relating to them.

The worlds of form and matter are completely different to the energy environments and are subsequent to them in the order of creation. The provision of the physical realities of matter were a necessity if we were going to be able to unfold the full potential of our own consciousness, to be able to explore the intricacies of the polarities of matter.

The fall of Man into matter was a deliberate action on our own part, even though it has been given a negative connotation in the western religions and as a society there is a very considerable guilt trip about this. Even if we do not accept this approach there are times when we do wonder why we placed ourselves in this position. In some of the various versions of Genesis other than the authorized King James you will find accounts of the first attempts to move into the physical expression. These first attempts were so difficult that it makes for very depressing reading. It is only in retrospect that we have given the "fall" such a bad name. In spite of all this, being in the physical is an enviable position and the establishment of the Human Race is a major accomplishment. Moving into the physical brought about a degree of separation not achieved in other ways, thereby opening up whole new frontiers of creativity.

It is worth looking at the subject of the fall a little more. We have been told by western religions that somehow this fall has separated us from God and so special measures must be taken to regain that which has been lost. We are told that our soul is flawed, even though there is no explanation forthcoming as to just what a soul is. This has given us a belief system that is contrary to the facts of the situation, a belief system that is in opposition to the inner creative forces. As if this was not enough, the non-religious world got into the act and told us that we have a subconscious that is the container of all of the unevolved left-overs from the animal ancestry, characteristics that were designated as being much less than wholesome. Our animal friends have a few thoughts on that subject. We have been told by our experts that we cannot trust our subconscious and that it will always lead us astray. In contrast to all of this nonsense it is necessary to state that we are the source and that we have moved into this creation with all of the qualities and attributes of creators. Our subconscious is consciousness and as such it is the presence of the source in creation. So if we are going to impute negative qualities to the subconscious we must also extend those same negative qualities to the source. All of which is quite ridiculous.

## VIII. The Way Up

The Aquarian Age is the period in which the planet and the Human race moves into the fourth dimensional state. A few will demonstrate this in the beginning and then by the end of that time the entire Race should be functioning in the same way. There is a large spread between just entering into the fourth dimension and actually accomplishing everything that it makes possible. It is a major step, much bigger than would seem to be implied in the previous chapter, it is not until you see what the seven dimensions of Man are all about that you can appreciate the size of the step from the third to the fourth. It is a seven step process, deceptively simple in the initial statement, which is as follows:

- 1 Fully in the third dimension, in a physical body, without any knowledge of any other condition, or any desire to be in any other state.
- 2 An inner feeling, an awakening to a desire for something beyond the physical. The first intrusion of the forces designed to bring about the eventual movement into the fourth dimension.
- 3 Some action is taken to soothe the discomfort that arises from the stirrings of the higher consciousness of step two. Most religious experiences and activities fall into this category, as well as all action designed to bolster the faith and security in the third dimensional system.
- 4 Serious doubts about all of the prior experiences and a reversal from the previous position. Going to an extreme, it can be a turning away from the whole religious scene until further evidence or knowledge comes in. More properly, this phase is a serious questioning of the fields of religion, science, self knowledge and life itself. The validity of all of these things is questioned.
- 5 Entering into a correct knowledge about the reality of Self and God, a searching out of the truth within. This is in contrast to the acceptance of externalized truths and dogmas.
- 6 This is the stage where the individual goes into the "Zero energy level", where everything becomes unstuck and the third dimension and all that it stands for comes to an end. The individual becomes aware of the futility of the third dimension as a viable ongoing state.
- 7 This marks the start of the movement into the fourth dimension, with freedom from being trapped in the third. It is the realization and acceptance of the fourth dimension.

These seven steps are not a simple linear sequence but elements of all of them are present throughout the entire process. Sometimes there is a greater emphasis on one part rather than another at times. The last three steps can be expanded into a further unfolding series of processes, as this movement into the fourth dimension is quite an involved and intricate affair.

The Human Race in the third dimension has some specific characteristics derived from our involvement with the Devic Kingdom. We have taken on qualities from the Devic pattern and personified them. The Devic Kingdom is noted for its adherence to pattern and design, its resistance to change. This characteristic has been a problem for the adherents to the theory of evolution because of the unchanging nature of some life forms. This resistance to change is perhaps the most obvious single thing in our world, both in individuals and in society. We do everything to maintain our continuity. This manifests as our striving for security and up to a point this has been very necessary to enable us to stay in the physical in a viable manner. We build organizations and institutions, religious structures and scientific establishments and all of these are dedicated to resistance to change. The hallmark of the third dimension is its crystalized nature.

This characteristic is an essential part of the Human Race in this pre-fourth dimensional stage, for it has been necessary to devise a means whereby we could channel our life energies into the physical without

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pushing ourselves right out again. The awakening to a higher consciousness, as in step two, is the reaction to the injection of these higher energies. It was then necessary to take these energies and convert them into something that would build up the validity of the third dimension. We were able to do this because we conveniently "forgot" who we are while in the physical. As a result we have channeled a tremendous amount of energy into this physical reality.

This does have another advantage in that when we start to make the transformation into the fourth dimension this build-up of energy propels us quickly through the necessary changes. At least it is quick compared to the last twenty-six thousand years it has taken us to consolidate the third dimension.

It is often the case that when a person starts to exhibit the symptoms of the fourth, fifth and sixth steps their friends and peers consider them to be a little "strange". They are told that they are becoming a bit unstable in their mental and emotional areas. The sixth stage is often associated with suicidal thoughts and tendencies. If a person is able to understand the facts of the process somewhat, that there is such a process and that there is a purpose to it, it can be dealt with in a constructive fashion. The usual third dimensional assistance in these cases will usually only help the individual over the edge of the precipice. As you start this journey of moving into the fourth you begin to part company with the conventional way of functioning in this world.

The process of transformation is not something that we initiate from this level of expression. We are the recipient of the process and in many ways we are like the caterpillar that imprisons itself in a cocoon to await the outcome of the natural metamorphosis. There are no courses or workshops that will enable you to make this change. They help to fill in the time but the transition comes from within. After all, the lily doesn't have to take in a workshop to be what it is.



## **IX. Seven Steps of Establishment**

The Seven Steps of Establishment are a way of describing the creative process as it applies to ourselves and specifically as it applies to our movement into this physical dimension. It is written from the viewpoint of an individual who is fully familiar with the process, someone who is not now functioning within the limitations of our time but who has had that experience.

We have spoken of this thing that you call death at other times and we have approached it in many different ways from our larger viewpoint, always with the intent of bringing a better understanding of what is going on. We have not given you a full overview of this matter as it is of a greater magnitude than you have supposed. I shall start in this way. In the beginning an individual, or a group of individuals, undertake, decide, to explore a particular facet of expression, such as a habitable earth plane. It is not necessary to establish a system of worlds to do so, even though this has been a useful technique. It is quite possible and it is done, to establish what to you would be an artificial environment, e.g., a spaceship, or an enclosed space, as are all spaces, for they are enclosed by their own boundaries, not by external ones. So a new environment, a place of action is decided upon and prepared and this in a manner to allow for inhabitation of it at a reduced level of expression. This is done in order to allow for greater detail and variety of expression. This also permits the bringing in of certain possibilities within the consciousness which would not otherwise be practical. Such a project is undertaken with a very deliberate intent and with specific built-in guidelines to enable such a system to begin and then function on its own possibilities of creativity. So if you are going to understand the system that you are in, it is wise to have access to the original guidelines or blueprints. You can then check these off against the system as it has worked out in actual practice.

In this way a stage is reached whereby a maximum degree of progress and utilization is possible. This is something like what we are involved in but it goes beyond just this bare introduction of the subject.

So a system of incarnations was set up, a method whereby we could inhabit the physical system which was created. This involved the introduction of physical bodies by a series of adaptations and extensions into the more physical and dense aspect of the planetary system. This is not an evolutionary process but is more like a projection process, with knowledge and experience gained from each level of density applied to the next level of projection. Originally when this process was started an individual would project into the system and from the inbuilt mass consciousness acquire a form compatible with the outer reality and manipulate that form. After a while the form would revert back to the mass consciousness and the individual would return to his former state. This is somewhat like astral travel but in reverse.

As experience was gained, along with the ability to function within the system without reference to the original state, then the problem of dealing with the physical structure became an issue. It was decided, in most cases, to merely leave the physical and associated systems without any fanfare and misunderstanding, return to the higher level and go on with the knowledge and experience that was gained. This implies a specific system of projection into a denser medium and the return from it. It is precisely this that has served as a basis for your pattern of incarnations.

We can advance a theory, derived from our understanding of the original intent, that deals with the whole business of descending into the denser planes of matter. Each group of three levels of consciousness represent such a step, with the intermediate or inner steps being taken with reference to the same means of expression. So the undifferentiated, free will, and Christ consciousness are expressed essentially within the same format and a system is worked out which provides for experience and advancement through such a package. The attainment of the Christ consciousness and the light body sets the scene for the next three levels. Contained within the light body there is the inherent fact of expression without form as you know it. It is this higher level of expression that you use for the next three levels, upon the completion of which you graduate into the Sons of God level, which is another story again.

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Going from the free will to the Christ level involves several steps for you, all of which complicates the entire matter and it is this which we wish to explain in some detail. In doing so we can then unravel some of the confusion regarding the so-called process of death in your system. There is essentially only one process, one sequence, immense variation within it. In the case of your world there are some very unusual complications.

Graduation from the free will level implies the acquisition of the Christ consciousness. However, in your case, it involves the graduation from the Human aspect also. The Christ consciousness is the third level, or type of consciousness in your triad but there is a subtle difference between it and functioning in the totality of the three consciousnesses. It is just this point that brings in such a tremendous complexity to the step into the totality of functioning, which goes far beyond the immediate Christ consciousness. When this is in hand you have to get down to business and start working on the next stage of advancement which is the God consciousness. It is precisely this step, of going from one level which is a completion level, into the elementary stages of the next triad that brings in some interesting complications. It is this transition aspect which filters down and produces all of the misunderstanding in your world in regard to death. Even in your present stages you are working on problems relevant to the post-Christ consciousness stage.

As we have indicated before, you are not working within a linear system and so the solution of a problem at a higher level has its counterparts at the lower levels and the problems of one are not solved without the other. For this reason the accomplishment of overcoming death at your level is likewise the accomplishment of the same problem as it exists at higher levels. By this we do not mean to say that we at the higher levels are subject to death as is your free will level but the problem is one that is common to all levels, otherwise a solution would just be passed down the line and it would no longer be a problem to you. To use an analogy, if you have a problem in some area of a project you send trouble-shooters to the scene of the problem and that is precisely what we do.

You have before you the outworking of the problem as it is unfolding, for you are partaking of that problem. This means that you are working hand-in-hand with those of a higher level who are vitally concerned with the solution. It does have its counterpart at the higher levels in a way that is not readily explainable in your terms.

If we are going to establish a system, (in the broadest sense of the term, a system which uses form as a means of expression), then it is done on a very broad scale and while it is divided and subdivided, it still amounts to a big undertaking. The universe that you see is only a part of this. The first thing in any such task is the intent. It may be hard at the higher levels to differentiate between the thought and the intent but again we shall fall back on the creative pattern and say the intent lies within the area of consciousness (Father-god aspect) and the thought, the means, is within the area of creative energy, or Mother-god aspect. This intent involves a comprehensive plan, complex beyond imagining. It contains the purpose and the desired end results, to put it in your terms. This same factor, the intent, is the initiation of your own personal involvement with matter and form and is re-employed each time you take on further interaction within the earth plane. It is also used each time when even a single incarnation is initiated and in effect is an energy source, closely related to Karmic Board activities having to do with the undertaking of incarnations.

This brings us to the second stage. These are not linear steps but they are all a part of the same activity. Once the intent has been established and all that goes with it, then you have the assemblage. This amounts to a framework upon which all of the subsequent action is taken. In practice it includes the preparation work taken prior to the incarnation, the activities that precede the actual incarnation and this means that at this stage the skeleton framework for the entirety of the procedure is established. So it not only includes the activity prior to the incarnation or projection but it also takes in all that is required for the sustenance of the incarnation and all that will go into the structures associated with it. It also represents a considerable deposit of energy to provide the limits and bounds of the incarnation.

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The next step is the actual incarnation, or projection and we need a more general term for this so for the moment we shall call it the de-escalation, or reversal phase for it involves entering into something that you were outside of before. Another good name would be the objective-subjective process. This is rather complex as it requires a basic change of state. You have no equivalent process within your world as any similar thing that you know of consists of either entering into or departing from the physical. It follows then that the materialization-dematerialization process is connected with this third phase of being and is evolved from it. It requires an entering into a rest state, withdrawing from the normal state of activity. A portion of yourself is set aside and you slow down your creative drive momentarily. At the same time there is a focusing upon the state or form that you wish to emerge into and while it includes the slowing down there is also the emergence but it is best called the rest stage. It could be likened to executing a reverse spiral but carrying a considerable amount of energy with you at the same time. You include with yourself the energies from both of the preceding stages.

The fourth stage is the subjective in which you dwell within your own dreams. It is a substantial dream, quite real, because you have made it so and that is all that is necessary to make it qualify for the mark of reality. There are two, sometimes more, levels of complexity in this. First there is that which you call your incarnations, what you see as your present and past lifetimes. Then there is the level that we have called the total self, which is the sum of the incarnations, for this is also summed up in an individual. Then there is a third level here, for you have a series of total selves, which in turn are summed up in a specific individual. In many systems the first level, which is your present, is not used for it represents a much lower energy level than is usually entered into. So the sum of the total selves is the highest energy level, followed by the total self level which is usually the incarnation level as well. The first level, being a further subdivision of the total self, is the lowest level for an individual incarnation. This is something like incarnations within incarnations. It is also one reason there is such a veil of Maya in your world. The second level as such does not include the process you call death. In a system where only two levels are used the process of death does not normally enter into, or terminate, the subjective phase. The formulation of the total self by the reincarnational process usually entered into as part of the second step is an externalization of the process usually entered into as part of the second step. In the establishment of the lowest level incarnation we drew upon a part of the second step process from above, applied it to the formation of the total self and so externalized a process that usually is entirely separate from the fourth step.

A more usual type of experience would involve the establishment of expressions that would be the equivalent of the total self. These would seem to be in your way of thinking like a series of emergences into the world of form, materializing and dematerializing, with no "residue". While each materialization would have its own time scheme and integrity as an individual expression, there is also a oneness co-existent with the multi-dimensional nature of such a scheme.

So the normal procedure used in entering into the worlds of form are considerably different to that which you see about you as reincarnation, even though there are similarities. It is at this point that that which you know as death enters into the picture. In the normal system there is quite a different procedure used to end the incarnational phase and this we have referred to as dematerialization.

The fourth step could be called the materialization step but it also includes the whole of the action and experience contained therein, so we have called it the subjective step. In this you live within your own creation which appears to be objective while you are in it.

The fifth step is called dematerialization, or withdrawal. More is involved than just disappearance from the world of form. You have established a creation, gathered experience and this amounts to a soul expansion. It does not become soul in the strict sense of the word until this fifth phase is completed. With your time sense you assume that this fifth step comes after the subjective phase. In building your reality you have opened the door to the process you call death, for with your preoccupation with time you say to yourself

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that life is followed by death which is followed by judgment. Because you have forced this into a linear mode you had to introduce an artificial

junction in the process and this you call death. The fourth, the subjective phase is lived in a linear system with its own subjective time sense. This time encapsulation is applicable only to that which is within the incarnation and does not control the activities beyond it, certainly not the activities associated with this fifth step. So the experience in the incarnation is lived out in one direction, which can be and often is in a linear mode and the fifth step proceeds at right angles to the fourth. If the fifth step is viewed from the fourth it appears to be a constant factor of a higher level than the fourth phase experience and it seems to be outside of it. It is the presence of this factor that has been the source of much of what has emerged as your primitive god concepts, including judgment and eternal damnation or bliss. In other words, the immediate presence of this fifth step should normally be perceived for what it is, a guide to action and direction in the subjective experience. Instead it has become the source of most of the error in religious circles and with this error a continued downward spiral into further error.

The fifth phase is of some importance for it contains the solution to your present dilemma. It is the re-introduction of the proper pattern of the fifth phase that is known as the hierarchal plan, the advent of the Christ, the second coming. I shall not dwell on the outworking of this at the moment as this has been central to the entire work of spirit in your present period of time. There are several factors involved here. First the introduction of the pattern into the race, first by type and symbol throughout the historical ages and then by the advent of the Christ and now by the repetition of the pattern by the light workers. Second, there is the introduction of the right understanding in regard to all of this which is being accomplished even by such activities as we are involved in at this time. Third, there is the actual re-introduction of the normal fourth-phase type of incarnation. In other words, this involves a change from the sub or secondary type of incarnation to the primary type. As a result you switch to the total self expression from the singular incarnational expression. This does bring in some complications for room has to be made for all of the lower incarnations in this new picture. This switch is sometimes referred to as the coming of the Christ consciousness, sometimes called entering into the fourth dimension, this latter statement being the correct one. Entering into the Christ consciousness is the moving into the fifth step of this process. Putting all of this into words does not do it justice but we have to start somewhere.

So the entering into the fourth dimension and then the Christ consciousness means a return to the more normal process of incarnation, or projection, into the worlds of form. We have not touched upon the reasons why you became involved in these secondary incarnations but this has been covered lightly in our material on the Human Race. You are now in the process of changing over from the old sub-incarnational to the normal pattern, which in many systems does not utilize a birth type experience. Instead a direct projection is used, accomplished by assistance from those already in form. This will also mean a tremendous increase in the energy levels in the process and it also means that you will be expressing in a completely different type of form than before. The light body, which is the normal type of expression in the etheric, is what you will be using after you have finished with the physical experience. This will be in contrast to using an intermediate astral form for expression.

The fifth step is really concurrent with the fourth step but using linear terms does not explain things properly. The two steps are together but they proceed at right angles to each other. It involves the growth of the soul, the evaluation of the experience while in the incarnation. It provides for a sense of direction in the fourth step activity that is in accordance with the larger plan and as a natural consequence that direction is in accord with the God-self. The birth of the Christ-child within is the bridge between your outer experience and the God-self within. This bridge, or linking, is then the means of supplying an unlimited amount of energy into the incarnational package and as a result the projection of yourself takes on the normal expression. You then dematerialize your form when the cycle of materialization is over and you do not go through, nor are you subject to, the process called death.

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All of this has been complicated and deliberately so by the inclusion of the Devic Kingdom into your form of manifestation but this does not alter the fact of the return to the normal type of expression. It does mean an added richness, a deeper fact of experience and a heightened creativity as a result of the pathway that was chosen.

We shall quickly cover the remaining two steps. With the completion of the fifth step you have in effect returned to your point of departure before all of this was instituted. You have gained what we have referred to as "soul". To be more correct, the subject of soul is not a simple thing. It involves the concept of the oversoul which is a personal expression of yourself and the fact of your own experience being an essential part of stamping your own inner identity upon the outer reality. The commencement of all this was essentially an exercise in consciousness, or "spirit" as the term is usually used, without comprehension, in your world. So the sixth step is the soul phase and amongst other things it takes in the exploration and evaluation of the significance of the experience and the establishment of a body of expression in a more fundamental sense than just an outer expression in form. This becomes a vehicle of manifestation of the unmanifest, the creative energy, the Thought of God, The Word becoming flesh.

This leaves us with the seventh step. This involves the expression of the Unmanifest in his own creation by use of the means of manifestation, including the soul. This is also referred to as the manifestation of the Sons of God. You can see that in these last two steps we have covered a lot of ground with very few words, as this latter stage takes in the final three levels of consciousness as they have been stated already. Even as the fifth step is co-existent with the fourth and not subsequent to it, even more so are the sixth and seventh steps. It is this fact which provides for the accomplishment of the movement into the fourth dimension and the Christ consciousness. The realization of these completed levels even while you are expressing in form is a major part of the Christ consciousness. For it was stated two thousand years ago in your world, "I Am".

The establishment of the Human Race as it now exists is a major accomplishment in creativity. It can be thought of as pushing out the boundaries of creation both in extent and complexity. For ourselves it is something like the change from a black and white picture with poor resolution to a color picture of very fine detail. The ability to function in time, such as is done by the Human Race, is an essential part of the activation of the lower levels of consciousness. This ability is not an automatic by-product of living in form, in a physical expression. The more usual level of manifestation in form is not in a time background. This can be a complicated thing for the way that the Human Race functions in time is not the only possible way.

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Living in time as we do, we think in terms of beginnings and endings. Even the concept of a creative process implies a movement in some direction even if it is just from the simple to the more complex, from the lesser to the greater. At the very least we can safely theorize that change is fundamental to our present reality. Science has come up with a theory of evolution in an effort to account for the present fact of ourselves. This theory does have an advantage in that it pushes our origins back into a far distant past where it is safely out of reach of our present day observation. In this way we are then supposed to rely on the high priests of science to interpret to us the nature of our own beginnings, with a flair for the stupendous, scientists have proposed the idea that the universe started out with a big bang. This assumes that there was a beginning in time, an assumption that is not often questioned. However, time is just as much a product of creation as is space and matter and all of these must emerge from something else. So we are left with just as many questions as before.

On the other hand, the more fundamental and literal branches of the Christian Churches claim that the world was created about ten thousand years ago, complete with fossils and all of the trimmings. The more conservative brethren accept an age for the earth in accordance with the findings of science and loosely assume that God created everything then, away in the distant past where it is safe from investigation. This speculation about origins is appropriate for a race that functions in time, is enclosed in invisible boundaries and is cut off from itself as it actually expresses in the larger reality. Inevitably we are starting to realize that perhaps creation is a current process, that whatever it was that was at work in the distant past is also at work in the present time. We cannot hide our creativity in the past.

The concept of a current creative process in contrast to a beginning, (and an ending), is not new. To this end it is interesting to take a look at an old book, the Book of Genesis. This is not an attempt to prove anything by quoting Scriptures but it is simply to illustrate the previous point and from there introduce some pertinent ideas that are embodied in the creation story and apply them to our present situation. There are two ways of approaching Genesis. The most familiar is that of the Christian Church which has taken the original Hebrew as a collection of inspired words that are put together, as in any other narrative, to make a story or description of events. Sometimes it is taken very literally, sometimes it is taken in an allegorical fashion. Regardless of the meaning or interpretation that is attached to it, the story itself is taken at face value in the way that it was handed down in the original Hebrew. The second approach to this is that which is contained in the original Qabala. In this each Hebrew letter is taken as having a meaning in itself, much like a code and when you have a group of letters such as a word then you have built up a complex meaning. This meaning goes far beyond the surface meaning of the word.

It is not my purpose here to enter into an exhaustive study of the Book of Genesis, nor is it desirable to look at the Qabala in terms of its many modern adherents. However, it is suitable to use this as a starting point to develop some ideas that have been re-discovered in our present time. This allows us to look at the genesis of the Human Race in such a way that we can recognize the relevance of the story of Adam and Eve to our present day experience. This is in contrast to simply seeing them as the original pair, either in a symbolic or literal way. We can look at the story of Adam and Eve as being the start of a process which is as operative today as it was then and which continues until it has completed its purpose.

The first statement in Genesis is a word consisting of six letters and in English it has been translated as "in the beginning". For the purpose of illustrating the difference in the two approaches, when this Hebrew word is taken letter by letter it brings out the following ideas. First there is the archetype of all dwellings and this applies to the universe, to the creation, with the implication that something is contained within that container. The second letter brings in the idea of raising the first to cosmic proportions, the totality of all that is possible. Next is the introduction of a first principle which is beyond description, especially in our terms, something which is beyond the creative process but gives rise to it. The next thought is of prodigious cosmic motion and again it is on an unimaginable scale. The fifth letter brings in the idea of existence, or

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duration in time. The last letter brings in the concept of cosmic resistance to the life force which animates and gives life to the creation thereby becoming the principle by which the creation can exist. This is a simplistic statement about what these six letters say but even so it illustrates the principle of the Qabala. There is much more than the simple "in the beginning". The statement in the Qabala makes no mention of a beginning, it is a statement about the present operative process of creation.

Our primary interest is Adam and Eve. The first Hebrew letter Aleph is a central actor in this story. It is the first principle mentioned above. The name "Adam" is a statement about this cosmic principle being immersed in blood and this blood becomes the symbol for the life of Adam. It provides the necessary resistance for the first principle, with the potential of bringing about the greatest expression of creativity as Man. Then we are told that Adam was created male and female, that is, he embodied the principle of polarity. However, the male aspect referred to his function as a container, subject to the natural repetitive processes but the female aspect allows the cosmic Aleph to become active and so it contains the potential of all possibilities to become manifest. To put this in another way, it is only through the female principle that the potential of creation can become manifest. The first statement about Adam does not refer to the start of the physical race but it refers to Adam as the archetype of the race. In fact at this stage the word for earth in the first chapter of Genesis is the female version of the name Adam, which is Adamah. Even the word for earth is elevated to include all of the manifested creation and so you have a profound creative polarity between Adam as the archetype of Man, and the Creation. The creation becomes the means of expression of the Life which is Adam, which Adam is. The separation at this stage into male and female is another way of stating the Father-god and Mother-god principles.

Now we must come to the garden of Eden and the creation of Adam and Eve. If examined in the light of the Hebrew letters several new concepts are brought out. In our culture the Garden of Eden is thought of as some idyllic place, something very desirable. However, it actually means that Adam was put into a setting which would not allow him to settle down into a static condition. He was brought into being in a setting of life and death, the continual destruction of obsolete structures of expression. Another contrast in this garden is the tree of the knowledge of good and evil. The word translated as "good" is the one signifying continuity of existence without change, whereas the word that is translated as "evil" signifies the upsetting of that static condition. So Adam is placed in the whirlwind of creation and is not allowed to settle down in order that he will be able to manifest his total potential as the source.

It is in the second chapter of Genesis that Adam takes on physical form, a period in history that covered a long time. The first expression of Man was androgynous, even before taking on physical form. Then he is plunged into a "deep sleep". He is immersed in the total resistance of the physical life support system, into what we would call physical form and expression. This very fact of taking on life in the flesh embodies the life-death process, which is also the creation-destruction process, to allow for the fulfillment of the creative process. The deep sleep is the third step of the creative process of the last chapter. This brought about the actual physical expression. This was androgynous at first but then there was the division into male and female. The supposed rib that was taken out of Adam turns out not to be a rib at all. The word translated as "rib" is more properly translated as "shadow". This is saying that a shadow was taken out of Adam, the androgynous form, leaving Adam as the male which was the expression of the Father-god aspect. The shadow that was taken out, which became Eve, was the potential of the creative process that was inherent in the female. To further complicate this story, this shadow that was taken out was separated into two parts but both parts were joined in a common action and purpose. The first Eve in our common translations is not the Eve that we meet up with in the third chapter of Genesis. The first Eve is actually Esha, the feminine component of the cosmic fire, which is an archetype of the Mother-god. The second Eve, who is actually Hheva, is the physical container for the archetype and so embodies the struggle between the cosmic life force and the container through which it expresses.

This brings us to Cain and Abel. Before we get to them it is necessary to look at the word which is translated as Jehovah in many places in the Old Testament. In Hebrew it is YHWH. This is the expression

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of the one life in two lives, the life of the container and the life that it contains. There is a double fertilization between these two as a necessity for Man to become alive on the earth. This is a basic polarity that arises out of the principle of inhabitation. When Cain was born there was no reference to a normal physical birth as we know it and no mention of Adam "knowing" his wife. The same is true for Abel. The name Cain is actually Qaheen and the meaning of what Eve is saying is that she has acquired the archetype Eesh, the cosmic fire in Man, which in its fullness is YHWH. This is the Father-god principle of the creative process. So Eve stated that she had acquired Eesh, the living cosmic fire, which is the process of life in existence. Then Abel came along, whose name is really Hevel, and he is the symbol of the continued proliferation of the Race without knowledge of the divine origin. This is Man incarnate who has lost the memory of himself but this does at least provide for the continued existence of the Race. The co-existence of the Cains and the Abels was not possible for the Cains were the presence of the Father-god principle and the Abels were the potential presence of the Mother-god principle. This double polarity resulted in the dominance of the Cains and the Abels became lost in the physical fact of expression. In practice we now embody both of these Cain and Abel elements to varying degrees, for these have become the basis of our present experience. So these two, far from being distant mythical characters that we heard about in Sunday School are very present elements in ourselves. The restoration of the Abel in us is an essential part of the realization of our own Godhood.

Genesis is a story about the interplay between the Manifest and the Unmanifest, the creation becoming the expression of the creator. This interplay results in the destruction of the means of expression in order that more satisfactory means of expression might come into being. The consciousness of Man takes on an archetype in Adam, then moves into the earth, takes on form and in doing so demonstrates the Father-god and Mother-god principles of the creative process as they manifest in time. The principle of the resistance to this incoming of the source is an essential ingredient for without it there would be no creation, no container for the source. In our earth the Human Race has become a major means of resistance to the creative impulse and in so doing manifests a correspondingly greater potential for the manifestation of the Source. The greater expression occurs when we incorporate both of these principles within ourselves instead of seeing them externally. In the meantime this necessary resistance which comes alive in the Human Race is that which is called Satan.

There is a wealth of understanding to be found in Genesis in this fashion but it might be a bit more practical to look at the history of our Race in more down to earth terms. People who are able to pick up impressions from objects (psychometry) know from experience that the past can come alive in this way when things from the past, such as fossils or artifacts are checked out in this way. Science cannot give us an adequate picture of our past history unless this non-scientific element is brought into play in some way. The best history teachers are those who remember their own personal experiences in the past. It is better yet if they were also involved in setting up the original experiment and then took part in it at all levels and times.

This version of history is not the one that is taught in the schools and universities. It is a version that is a part of the emerging New Age. It is a welcome relief from the creation vs. evolution battle that is being fought in educational and religious circles. Both of these latter viewpoints suffer from a common problem, for in one way or another they assume that we are a flawed species, that there is something in us that is not quite right. This version of history is one that states that we are the creators of our present reality, that we are the Source in expression and that it is our purpose to manifest the beauty and love that we are. This will be done by means of this creation.

We started out on this particular creative exercise about two hundred and six million years ago. At that time our primary means of expression was in a light body, a body of energy. Even though we were at a high level of consciousness we did not have the personal ability to express in form or in physical worlds. We gradually instituted the creative process as it suited our own purposes. Our first presence was more of an energy state than anything else as we first entered into our own dreams of the physical. We took on denser forms and these were androgynous and still not very physical from our present point of view. They were



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just a projection of ourselves into the physical environment, they could not be called incarnations. With the separation into male and female forms we became more physical but we were still not able to relate to time as we do now. This was the time of the Elder Race, the giants, for they formed the civilization of Lemuria. Physical man was fourth dimensional, he had powers and abilities long since lost to us. The inability to function with a proper sense of time resulted in a rigid caste system, a very structured society in order that we could live in this planet. The Devic Kingdom related to time for that is its nature. Our sense of the present moment was smeared over a long period of time and we could not pin-point the Devic now with any accuracy.

The Elder Race was experimenting with third dimensional forms in order to be able to function in time. This was synonymous with activating and expressing their own lower levels of consciousness. This resulted in a sub-race which was third dimensional and became enslaved and dominated by a part of the elder Race. The part of the race that did this were known as the Cains, whereas the part that wanted to raise them up to their original status were known as the Abels. In practice the experimentation as far as the sub-races are concerned was very extensive and varied. There were sub races of Man, there were developing humanoid races of the Devic Kingdom, there was cross breeding between any and all of these and there was also some of the earlier versions of a Human hybrid. In general, the planet became the scene for a proliferation of life quite beyond anything we presently imagine.

One of the results of this has given us some of our mythology. There was extensive cross breeding between Man and the Devic Kingdom, for in those times there were Devic individuals that would be at the equivalent of our free will level of consciousness. In other words, they were humanoid versions of Devic life but they were treated as second and third class citizens. So now we have racial memories of those who were half man and half animal. Some people who can recall their Atlantean lifetimes do remember these creatures, they were called "things" and treated as slaves. It is this genetic strain in the Human Race which shows up occasionally in babies as an animal appendage.

As the Elder Race became somewhat non-functional and had served its purpose the land mass for the Atlantean civilization was prepared. After many periods of progress and decline the Atlanteans reached their peak about twenty-six thousand years ago. After this the land mass of Atlantis started to break up with the final destruction taking place ten to thirteen thousand years ago. This destruction of Atlantis is what has given us the story of Noah and the flood. All through the period prior to the destruction of Atlantis there were the initial preparations being made for the coming Human Race. While there was a great deal of experimentation that went into this plan throughout the period, the actual Human Race is a unique expression in its use of a body consciousness derived from the Devic Kingdom. This provided for the ultimate in separation of ourselves from our own larger reality, the end product of the fall of Man. This is the low part of the trajectory of Man's projection into matter.

The Cains were the embodiment of the Father-god principle within the Elder Race. The Abels were the embodiment of the Mother-god principle and while most of this group was third dimensional there were some who remained at a fourth dimensional level. The energies of the polarity between the Cains and Abels, plus the fact of the Cains only being the potential of the higher expression, all contributed towards the deterioration. The Cains became dominant and very oppressive, a caricature of the Father-god energies. The remnant of the fourth dimensional Abels became responsible for the continuation of the Race of Man on the planet. They are still with us, with some in the physical and some in the etheric, supervising the ongoing of the Race. The leader of the Abels at that time was Sananda, who is better known in his incarnation as Jesus who presently fills the Office of the Christ for this planet.

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You can see that this history of ourselves is best thought of in terms both history and allegory with a bit of mythology thrown in. We are extremely creative and our impact upon this earth cannot be confined to simple and seemingly factual statements. Not only that, all of this past history has its counterpart in the nature of our present expression. We have also been the host on this planet to others who have incarnated here from other systems or planets. There has been a degree of intermixing with other realities in spite of our seeming isolation.

Our second main period of development was the Atlantean and it was in this period that we developed what we think of as our personality. This amounts to a sense of identity with the planet and the race in contrast to not having any real sense of identity of any kind. In its more balanced form this represented a blend of the inner and outer realities. This is an outer identity to move into and an inner identity to express in the outer and it marks our complete movement into the subjective dream that we had and the dream became an objective reality. There were still the lower fringes of our consciousness to activate, that being the function of the Human Race.

In this process we have built up a very complex personal structure within the racial context. We express at all levels of ourselves at the present time. The Atlantean version of our self often becomes the individual who functions as our High-self. This person is the sum total of all of their own incarnations, some of which can be in our own time period. He/she also is at a higher level of consciousness than ourselves simply because we are the further unfolding of that same consciousness. The High-self has two ways of bringing about this further unfolding, or it might be more proper to say that there are two aspects to this further unfolding. One thing that is done is to initiate several series of incarnations, each one of the series becoming a total self as explained in the Seven Steps of Establishment. In addition to this the High-self functions in his/her capacity as a creator and brings forth a new version of itself whose primary expression is in consciousness. This person starts out expressing in a very subjective state in contrast to the objective reality of the physical incarnations. The subjective reality of the new version contains, or is spread over, all of the outer physical incarnations, both in space and time. This new version is the Oversoul, the (group) soul of all of the incarnations. This brings about a strong polarity between the Oversoul and the physical incarnations. The Oversoul grows along with all of the incarnations and develops towards a balanced inner/outer expression even as we do in the physical but from the opposite polarity. In addition to this the Oversoul has its own personal series of incarnations in the Human Race with its own polarity. This brings the polarity condition between the Oversoul and the objective physical incarnations into outer physical expression, thus the Father-god and Mother-god principles move into the physical reality.

Now we can come back to the Cains and the Abels and bring them up to date. The ongoing series of (Human) incarnations are summed up and expressed by a specific individual incarnation. This person is a manifestation of the Fathergod energies and so is a Cain. The Oversouls' incarnations are also summed up by a specific individual. This person is the manifestation of the Mother-god energies and so becomes an Abel. These two have very marked personality characteristics. The Cain exhibits objective traits while the Abel exhibits subjective traits. In general people tend to incorporate various degrees of both of these characteristics in their personalities. However, the Race as a whole is an extreme Abel, living in its own dream world of what it thinks reality is all about.

This arrangement between the Cain and the Abel is called a twin soul relationship. It is an essential part of the racial pattern and is a means whereby the Mother-god principle is brought into physical expression. When a Cain and an Abel interact in ordinary daily life they tend to bring in the energies of the twin soul polarity and this cannot be dealt with in a satisfactory manner under ordinary circumstances. This creates a great deal of stress in the relationship in spite of the recognized bond between them. The twin soul relationship, along with other assorted consciousness relationships that come into physical expression are called the relationships of transformation, bringing about the movement into the next dimension.

This can be taken a step further before we leave the subject. The presence of the Cain-Abel pair and the

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resultant interaction which is usually at an inner level, allows the Inner City of Self to emerge into the physical scheme of things. Out of this comes the ongoing post-Human version of the self. In this way there is the completion of the process of the source moving out into full physical manifestation. The ongoing version uses a more direct incarnational scheme and becomes as aware of the inner reality as of the outer. This demonstrates the godhood of the self in expression. In turn this allows the Race to fulfill its own purpose as far as the physical planet is concerned. After a period of time the entire Race moves into the energy states but with the acquired ability to relate to physical form. This will take a few thousand years to complete. In the meantime we will be seeing some individuals moving directly into the light body from the physical, even in this century. The next century will see the introduction of the fourth dimensional setting for the Race. With this setting it will work through new polarities of matter and energy and in so doing will demonstrate all of the freedom inherent in the physical dimension.

## **XI. The Oversoul**

The concept of an oversoul is a new one for many people. Terminology is also a problem, for the different versions of ourselves have various names in different schools of thought. For this reason I have defined these terms as they apply to this book, at the same time providing an understanding of the nature of the individuals who go to make up this complex fact of ourselves. There are a number of points of interest about the oversoul, a version of our self that is so close that we have difficulty in seeing them as they really are. These points are not about the physical incarnations of the oversoul, instead they are about the individual who expresses in consciousness.

1. The world view of the oversoul and yourself are completely different, unless you are an Abel. One is subjective, the other is objective. You see things happen outside of yourself but the oversoul as an individual is dealing with an outer landscape which consists of yourself and all of the other incarnations. In turn this is set within the totality of yourself. This becomes the setting for the activity of the oversoul. He (She) has to look within to be aware of a place to be, whereas you look outwards for your scene of activity. This goes deeper than this brief statement would indicate.
2. Because your world view is objective you have your hands full in coping with one lifetime at a time. The oversoul's world view consists of all of the expressions which go to make up the individual, therefore the oversoul must be a multi-dimensional expression right from the moment of awakening.
3. This means that the oversoul becomes the mechanism of continuity between the various incarnations. Keep in mind that the incarnations that are spoken of here are in actual fact a series of incarnations which culminate in a specific expression, which is a part of the whole.
4. The oversoul has a life of its own quite apart from the function which it serves in relation to the whole. There is a series of incarnations which is a direct expression of that individual, in contrast to the several series to which it relates as an oversoul.
5. This externalized life of the oversoul, the series of incarnations, can be a of a group nature in that several oversouls can be anchored to one series of incarnations. In such a case that series is a pattern for the Race, or it could be a sub-pattern. This is how the Race evolves.
6. While we are speaking here almost as if there was a cause and effect system, there is actually a continuity
7. that coincides with the racial or mass consciousness.
8. All of this implies a starting point, at least some sort of origin in so far as the emergence and development of the Race is concerned. So you have key figures as the central actors, such as the Adam and Eve concept. Then you have, as one method, a very fast back and forth action (incarnations) which brings about a core of individuals providing for the beginnings of the Race. In practice, there are key individuals who incarnate as such and who contain within themselves the entire potential and pattern and then as the Race develops individuals within the Race assume the necessary roles. The system is not as deterministic as it would appear to be at first.
9. One of the key roles of the oversoul is to provide the element of inspiration and to spark the creativity of
10. the individual at the physical level. This can be done in many ways. Those who come in as child prodigies have a very close affinity with their oversoul in that particular area of expertise. Those who have a role to play in the Race, especially in regard to the progression of the Race, have a close

contact with the oversoul. They cannot be satisfied unless they are becoming the expression of the inner pattern carried by the oversoul, that pattern being their part in the racial development.

11. The oversoul projects directly into the life of the individual and this is more evident in the case of the person who is becoming emancipated from the third dimensional conditioning. At the third dimension you almost have a "mass oversoul", which projects into the Race as archetypes and models. Even at the third dimensional stage people do have some individual goals and aspirations, ideals and idols. This is a part of the development of their own oversoul.
12. At the physical level the individual incarnates as a unique and singular focal point at first, even though that individuality is first carried in the fact of the outer physical body of Devic consciousness. This has been called the "coat of skins". The oversoul at first is part of a generalized Oversoul and through experience with the individualized outer expressions takes on its own individuality. This is re-enforced by a series of personal physical expressions after a certain stage is reached. so the initial physical incarnates grow into a sense of oneness and the oversoul grows into a sense of individuality. The incarnate goes from a singular expression to a multi-focus reality, whereas the oversoul starts out that way and develops a singularity of focus. There is a type of polarity maintained in all of this.
13. In spite of the above there is a specific communication (communion) between the oversoul and the incarnations, the Incarnates. At certain stages and conjunctions there are sudden energy interchanges resulting in specific and predictable experiences on both sides.
14. Oversouls, as oversouls, have their own uniqueness and this is what provides for uniqueness at the incarnate stage.
15. So you then have a series of projections into the worlds of form. Concurrent with this you have a coalescing of the oversoul out of the generalized mass of available consciousness. These two interact over a period of growth, which is carried out in historical settings as convenient. This builds up to a climax, which is usually called the marriage of the conscious and the subconscious. In these terms the physical expression is really the subconscious, so this climax should really be called the marriage of the conscious and the super-conscious. At this stage there is a melding of all of these elements, for the incarnations and the oversoul are the setting for the Christ child, which is born in the 'earth', not in the sky. This birth is heralded by signs and portents from above.
16. What we refer to as the conscious is the working level of both the oversoul and the incarnations. The subconscious is the sub-strata, or memory banks, that are accumulated as a result of ongoing experience. The super-conscious refers to the overshadowing of the initiating levels of consciousness as well as to the emerging I Am consciousness.
17. Every part of this process finds an expression somewhere in form. So one of the incarnations, the capstone, becomes the point of unification of the process. This is the means of carrying this process from the physical, objective expression into the I Am expression.
18. The twin soul series of incarnations provides for the expression of the twin souls in outer manifestation. This is the incarnational series of the oversoul and is quite separate from the other series of incarnations.
19. With the coming together of the incarnations and the oversoul, as expressed in one particular incarnation at a specific stage of growth and development of the oversoul, you have some very real and important experiences occurring. Out of this emerges the I Am and light body expression, while at the same time the other elements in the entire body of expression do not lose their identity. They

continue on to grow and develop as parts of the whole. This is a subject in itself and it also provides for the emergence of further oversouls, for they are constituted of consciousness which is a constant state of development. The experiences referred to above occur in more than the final incarnations, they are spread out over several. However, it is always the individual incarnation that becomes the means of the emergence of the Christ-self. This is the beginning of a whole new expression which culminates in a manifestation as a Son of God.

The oversoul concept was a key element in the structure of the Human Race right from the very beginning. At the time of the Elder Race there was a class of people who became known as the Abels and so we have continued to use this name for them. They were part of the original division within the race to provide for the eventual emergence of the Mother-god principle. At the risk of being repetitious, the Abels, being the potential of the expression of the Mother-god were swallowed up in the physical expression. There was also the imbalance between the energies of the Cains and the Abels. These same problems are with us today with the predominance of the males in our culture. The females, both as a group and as individuals, have found themselves playing a secondary role in society, with only a few exceptions. The God of the Christians has been a male god and this has emphasized the imbalance between the male and female in our culture. Within this structure the true role of the female has been completely invisible.

This imbalance is now starting to come to an end with the Abel segment of the race moving into its proper place. Within the present female population there is a minority group that is unique. This minority is the equivalent of the Abels of the Elder Race but as they emerge they are not limited by the problems of the original group. Interestingly enough this minority group has a further minority group within it with the inclusion of a number of males who are also Abels, a male expression of the oversoul. Such individuals at this stage of the game are considered as being female in the relationship within the total self, contrary to the physical expression. This does not detract from their male qualities at the physical level.

The male who is in the role of the Cain finds that the outer physical expression, the objective self, is the container of the Father-god aspect whereas the Mother-god is the inner subjective element. This is subject to an element of control and as he moves into the Son aspect he becomes the perfect expression of the two. However, you cannot be exacting and mechanical in all of this and always expect the male to be the Father-god expression and expect the High-self (inner, subjective self) to be female at all times and to be only the High-self, in keeping with our previous definitions. Things are never quite that simple but there are patterns. These appear to change and transform, depending upon how you view them. You are your own immediate expression of yourself as the source, beyond this there are very strong ties with the racial source and this in turn has some deep and intensive implications.

It is necessary then to have a pantheon of gods in physical form at this time. It is humorous to sit back and watch this unfold. The concept of the oversoul is very much a part of the god concept, for it is the gods that are blamed for the physical reality. In actual practice it is the oversoul that has been the cornerstone of the racial expression. The Father-god part of the creative process provides for the material of the creation, from the simplest form of matter to the most abstract type of consciousness. So the Father-god element of the Race, the original Cains, are still present as a group and like the Abels are incarnated in the Human Race. The Cain element provides the basic material of the Race, both the male and female expressions. Then there is within that the sub-group which we have designated as the present day Abels, the physical expressions of the oversouls. Even though the Cains have in effect provided the basic stock of the race, they are actually a minority, for the majority of the present Human Race falls into the category of the mass consciousness and as yet are undifferentiated in this respect.

I shall be a little loose with the explanations in order to introduce the necessary concepts. Within the mass of material provided for the existence of the Race by the fact of the Father-god in expression you have the formulation of a group that goes on to become the oversouls. They contain the essential patterns for the racial expression. They also contain the patterns for the physical expression of the Cains, so it is not a

matter of precedence in the racial growth. All of this boils down to actual physical individuals emerging into the world scene leading up to the present period of experience. The Race has a soul, an Oversoul, who is Zolanda who incarnated as Mary, the mother of Jesus. This means that Mary is the twin soul of Jesus, being the physical expression of his oversoul. Zolanda, in this key role of being the oversoul of Jesus becomes the seed-oversoul for the series of oversouls that emerge into functional roles and expressions in our own time period. It is as if the racial pattern that was represented by Mary was split up into a number of patterns and then these patterns were taken up by the next generation of oversouls. This does not make these oversouls incarnations or expressions of Mary, for they are all quite independent in their own right. Mary overshadows all of these oversouls and has very close ties with them, some more so than others.

It is necessary to distinguish between the individual functioning in his role as the Father-god expression and his functioning as the ongoing expression as the Son. The same is true of the person who is the expression of the oversoul, who also partakes of the qualities of the Son in their own development. The male has to start to recognize and accept the fact of his own feminine side, which is the personal receptacle for the Mother-god energies. This enables him to function as a balanced individual in the physical. The expression of the oversoul includes this masculine element for it is a part of the pattern that they carry. So if the Abel is a female in physical they do not have to worry about the balance with the masculine side of themselves, as it is a natural part of their make-up. The Abel who expresses as a male also incorporates this balance between the masculine and feminine parts of themselves and so a problem arises only if they are told that they have to acquire this balance. These male Abels have drawn a veil over themselves until the time is right and then these necessary qualities will emerge naturally. They do not fit into the usual pattern of the male coming to terms with his feminine side.

The qualities of the Son are unique, quite different from the masculine role which has been deified by our society. Even at the present time there is still a residual concept that somehow the individual male who has a high-self and who has seemed to be predominant up until now in this process is the culmination of the whole thing. First you start out with the Cains, then the Abels, then the Seths, the latter simply being a lead-in to the end product of the Race. The Son is Love in manifestation, the personal source manifested in the flesh. There is no way that the qualities of the Son can be specified, as that would be like putting a fence around that which cannot be fenced in. The point is that the changes that take place in the individual, male or female, Cain or Abel, transcend any of the roles that they may be playing, even though it might be a key role in the racial expression. The various roles, inner and outer and all of the possible variations add a richness and depth to the end product. There comes a time when we must discard our roles, whatever they may be and then relate to each other on the basis of being Sons of God. All of the mechanics of the process are a means to an end and in themselves are very much a part of the fact and means of manifestation and should not be put down in any way. At the same time the results of this process are starting to emerge in our world.

We have arrived at the point where the Son is beginning to manifest. This is a whole new ball game and one of the elements of it is the inclusion of the factor that has to do with the Unmanifest, the reason for a creative process in the first place. That which is coming about contains three main parts. The first part is the roles and patterns, all of the material that has been provided up to this point. The second part is the day-to-day activity that relates to the emergence of the Son. The third part is the gradual introduction of the beyond-creation element. This third part is a major subject in itself but what is necessary now is to provide a more coherent and inclusive picture of the complex patterns that we find ourselves in. This picture cannot be spelled out like a nice and tidy recipe for we are dealing with real people, both in physical and astral form, in etheric expression plus many who are in the Celestial realms. All of these have to come out into the open in this coming period of time and provide a measure of personal interaction. This is the basis for the Homecoming.

While on the subject of patterns within the Race, the individual known as Jesus is a good example. Along with Mary, he is the primary pattern of the inner structure. The person who functions in the Office of the

Christ is a complex individual who is known as Sananda in the emerging New Age picture. This is the same entity that manifested as Jesus two thousand years ago. In this context his proper title is Jesus the Christ and to simply call him Jesus Christ is incorrect. The focus of the Christ in the time of Jesus took in more than the one individual expression, even though he was the prime focus of the manifestation. As the individual Jesus he has his own incarnational package which also has been communicated to the race and has become a part of our own internal structure. The pattern is three-fold in keeping with the creative process and the Christ actually expressed as three individuals at that time. There was a primary pattern within these incarnations that manifested as Melchisedek, Moses, Socrates and a few others as well as Jesus. (A list of this main line of incarnations can be found in the Second Book of Acts). Jesus portrayed the Father-god part of the pattern. There was another line of incarnations which included Elijah and John the Baptist. This was the Mother-god part which actually became incorporated in Jesus when John passed from the scene. The ongoing part of the pattern was displayed by Paul, first known as Saul. These three were the presence of the Christ, the focal point of a presence quite beyond our present comprehension. Paul has had several incarnations since then and it is expected that it will be an individual from this line that will be the physical presence of the Christ in this latter day period. There will also be many others who will be expressing the Christ consciousness at that time.

A history lesson of this nature would not be complete without a look at the event that the Christian Church has been looking for this last two thousand years. The history of the Race predates both Christianity and Judaism and includes a great deal of mythology as well. All of this has a bearing on the subject of the coming of the Christ. For example, in the Egyptian stories Isis was portrayed as the Mother-god who never took on physical expression, who wept over the fall of Osiris into matter. In the same way Adam was the Father-god archetype who fell into matter but the feminine element of the cosmic fire did not come into the physical. Isis again wept when Osiris was buried in the earth, just as Mary wept when Jesus died and was buried in the tomb. This missing Mother-god element has to come into physical expression at this time in order for the race to develop as originally planned and to enable individual expression of the Christ consciousness.

The so-called second coming of the Christ has to include the descent into the physical of the Mother-god archetype in order that the next stage of the racial unfolding can take place. This was demonstrated by Jesus and Mary but it was not recognized as such at that time, nor since then. The mechanism for this is the High-self and the Oversoul plus their physical counterparts, in what has been called the twin soul process in this book. The New Age Avatars will encompass both the masculine and the feminine instead of just being a male figure as was Jesus or Osiris. The new Avatars will be pairs of physical individuals with the male being the outer expression of the Father-god and inwardly being the Mother-god and the female will be the outer expression of the Mother-god and the inner expression of the Father-god. These people will be the pattern for the future development of the Race.



## **XII. Angels and Devas**

Angels are conspicuous by their absence as far as the outer physical world is concerned, for we do not have a class of citizens that can qualify as such. We read about them in the Bible and most religious people assume that there are such beings. Science has never lured one into a laboratory for examination purposes, so they cannot shed any light on the subject. We use the term "Guardian Angel" but no definitive description of them is forthcoming. We have had to take the reality of these creatures on faith, for they are even more elusive than UFO's. However, they are real and we can set up a broad system of classification for them on the basis of consciousness, as long as we keep in mind that in doing so we are only introducing a vast subject in a way that is more descriptive than definitive.

Let us be a little light hearted. Suppose you are a creator, (which you are), and you set out to create a universe, for you might as well do something worthwhile. Within yourself you imagine (create) the universe of your liking. With the creative system we have been talking about, the first thing you do is extend your own self into the new creation via consciousness, which becomes the fabric of the new reality. In the creative process you emerge into the creation in the three-fold manner as the Father-god, the Mother-god and God the Son. Technically speaking, the term god applies only within the creation. The Father-god initiates a basic polarity of Might and Power. The Power becomes that which we know as consciousness, energy and matter, with Might being the principle of potential. This polarity provides a space for movement into manifestation.

In this chapter we are dealing with the out-thrust of this consciousness into the creation.

The first projection into the creation is the Angelic consciousness, which is the basis for the Angelic Kingdom. It is also the actual and immediate presence of the creator in the creation. A resulting primary characteristic of the Angels is that they always identify with the source at their point of expression. This consciousness can be divided up into twelve levels in keeping with our previous pattern. Consciousness is homogeneous, it cannot be separated into pieces so these many divisions really apply to patterns within consciousness. The first projection into the creation is the most complex level of Angelic consciousness and this will be called the twelfth level and we can work our way down from there. The Angelic consciousness is basic to that of both Man and Deva, as it is contained within both of them, looking at it from the creation side. It can be thought of as the background consciousness out of which all other consciousness springs forth. This twelfth level is called "God in Creation".

The next level demonstrates the first divisions within the initial projection. It is a community of variation within the initial out-thrust of Power. When looked at from the lower levels of consciousness it looks like the gathering of all of the Angelic levels into one major group. This is called "Principalities and Powers".

The tenth level is called "God Consciousness". This is the level of the outer manifestation of the highest order of Angelic beings. For practical purposes this grouping of three levels form a single package of expression. There is no separation between the building blocks of consciousness in the Angelic pattern so each group of three is combined into a single package of manifestation. These are the Archangels. The twelfth level is the inner consciousness, the eleventh is their "personality" and the tenth is the consciousness of their outer means of expression, their body. This grouping is also associated with the Elohim, for the emergence of the creative process into time is bound up with specific Angelic beings.

The next three levels form a distinctive group, again with a division into three levels of function rather than manifestation. This is the group that is referred to in the Bible as "Legions of Angels". While this group is separate from the previous one, the oneness of the Angelic consciousness overshadows any apparent divisions in manifestation. This group is the working arm of the Elohim and other functional divisions within the first group. The ninth level is called "Executive" for it is the inner aspect of the Angel, always in contact with the source and the Archangels. This also provides a design function and they interact with the

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creative (Mother-god) energies at a practical working level, channeling these energies into the group as a whole. The eighth level is simply called "Co-ordinate" as this is the middle, or personality level with which they co-ordinate the inner and outer aspects of themselves. The seventh level is the external presentation so it is called "Manifestation".

Each Angel is an individual in the fullest sense of the word for they exemplify the element of separateness in their consciousness. The outer body of expression displays the principle of separateness while the inner and higher level of consciousness embodies the fact of oneness with the source. The outer individuality is always presented in terms of identity with the source but at the same time it is always considered as being an extension of the source. The Angels have two marked characteristics. They are rugged individualists and they identify with the source rather than their external manifestation.

The third set is a group of ministering Angels but they do not manifest physically on our earth even though they are present. Normally they do not manifest in realities in which form is predominant. They mirror their Devic counterparts even though their consciousness is purely angelic. They provide the higher mind for the Devic expression and act as the coordinators for the Devic Kingdom. There is also within this group a specialized function that pertains to Man, especially as he manifests in the Human Race. On the whole, however, this third group is directed towards the Devic Kingdom and is an integral part of it. The sub-group pertaining to Man has a similar function except they come under the immediate direction and control of the expression of Man that they are associated with. In the Devic context the larger group takes on a directive and creative role. So the sixth level of Angelic consciousness is called "Design" for this group carries the inner design for the Devic and is responsible for implementing it. The middle level of consciousness is called "Co-ordinate" for the same reason as in the eighth level. The fourth level, that of the outer manifestation, or vehicle of expression, is called "Transfer" as this is where the creative energies are transferred to the Devic Kingdom. This is the point where the Devic Kingdom begins. After this you have the three building blocks of consciousness as in the Devic and Man situations.

The design of the Angelic structure, with the inner at the highest level of consciousness and the outer at the lowest, provides a steep energy gradient from the inner to the outer, from the Unmanifest to the Manifest. This provides for the necessary movement out into creation.

We have taken on this same pattern in the Human Race to provide a steep energy gradient into the physical reality. Our inner consciousness is at the Christ level, the personality is at the free will and the body is at the undifferentiated. Along with this, the body consciousness is Devic which increases the flow even more. This has created problems because we have had no way to deal with these incoming energies without resorting to so-called negative activities on a racial scale. So the steep energy gradient has enabled the Human Race to exist but it has not always been easy.

The Angelic consciousness leads naturally into the Devic and we start with the building blocks and work our way up. The building blocks can be put together in two ways with the discrete level change coming after either the Separateness or the Covering. This provides two distinct streams of Devic development but they are often intermingled, especially in the simpler forms of life. In our world these two possible combinations show up as the plant and animal kingdoms. This is not absolute for there are a minority of animals from the plant division and a number of plants from the animal division. The distinction is a bit more subtle than the outer division between the plants and the animals. The two possible ways of combining the building blocks provides two unique sets of characteristics and it is these characteristics that can be best displayed either as plants or animals.

When the discrete level change comes about between the separateness and the covering then you have a great proliferation of possible experiences. This allows for a great profusion of expression with a greater flexibility possible as in the higher forms of manifestation. The outer manifest forms of the Devic Kingdom usually belong in this category. (There is an inner, middle and outer to the Devic expression as well as with

Man and the Angels). With the covering and inclusion being virtually one aspect you have a tightly knit ecological system in such spheres of manifestation.

This division is what makes it possible to have worlds such as ours with their attendant life systems. We have utilized this division in our involvement with the Devic Kingdom.

In the second arrangement you have the discrete energy level change after the covering and this provides for a sense of continuity and permanence. This is the factor that provides the element of stability within the Devic Kingdom. This was referred to in the statement "After its kind". The first arrangement as outlined in the previous chapter enables the different kinds to exist in the first place and this second type of arrangement refers more to an internal inclusion of the permanence of the source rather than to an external expression of it. Even so, all of these things end up in external manifestation one way or another.

This duality is implicit in the remaining nine levels of the Devic consciousness but they will be dealt with as one main stream of expression. The two streams of developing complexity provide interesting combinations and divergences at the higher levels but keep in mind that this is a descriptive approach and is not an exhaustive study of the matter. These levels all co-exist but we have to deal with them one by one.

The fourth, fifth and sixth levels are the same as in the Human levels of consciousness so it is not necessary to repeat them in detail. It is only necessary to list them again in this context. They are the Elementary Working Units, the Static Design Principles and the Active Design Principles.

The seventh level is the equivalent of our undifferentiated but it requires a different name in keeping with its own characteristics. This one is called the "Family" level as we see the nature kingdoms divided into families and groups and into divisions of all kinds. This is the level of Devic consciousness that is predominant in our world. The next level which is somewhat the equivalent of our Freewill is quite rare at the moment but it will become common in the next century. This level of expression was common in Atlantis and Lemuria. These will be individuals, functioning as part of society and manifesting characteristics in keeping with the particular Devic family that they have come from. This eighth level is called "Individual" for they manifest as individuals rather than as members of a group. The choice of where the discrete energy level occurs in the building blocks affects this group of three levels also, thus providing two possibilities at the eighth level.

When the individual and family levels are one you have an individual who identifies mostly with the entire family of expression and who relates very strongly to the outer objective world. If the eight and ninth levels are one then you have an individual who functions more as an expression of the inner consciousness. These would appear to be more of a unique individual identifying strongly with their own personal fact of manifestation.

The ninth level is the completion of this group of three. These individuals manifest a balance between the inner subjective reality and the outer objective expression. They demonstrate powers of control and mastery over the elements and the physical dimension. They also have a deep awareness of the inner reality of the Devic Kingdom. To us they would appear to be very "spiritual". They become the externalized overseers of the manifest Devic Kingdom. A few of these will appear in the early part of the Aquarian Age. This level can be called "Balance". All three of these levels have their counterparts in the non-physical aspect of our world. They are necessary for the functioning of this system even though they are not visible to us.

This leaves the last three levels. First there is the group consciousness (the Devic group soul) manifesting as an individual focus of expression in its own right. This is usually an energy type of expression so it is called the "Ethereic Emergence". The next level is a common community of interest amongst these individual expressions of the group souls. This is an internal planning and regulating aspect so it is called

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the "Council" level. The last level is the culmination of the series and so it is called "Culmination". It is the Group Soul in manifestation. It is not Angelic but it is the apex of the Devic Kingdom. From our point of view it is a high level of consciousness.

Of more immediate interest is the "Family" level of Devic consciousness as it manifests in our world. This is the basis of the group soul concept, where all of the expressions of one particular kind or group of animals are the manifestation of the one soul. This one soul is called the group soul. It is the summation of the experience and growth of this inner/outer unit. After a certain point is reached in the growth of this unit it must withdraw from the earth in that form and re-appear in a more advanced form, one suitable to the new grade of consciousness. This is all arranged and managed by individuals from the Angelic, Devic and Man kingdoms.

### **XIII. Devic Dimensions**

The first three dimensions of the Human Race were taken directly from the Devic Kingdom. They have a system of seven dimensions as well as ourselves. A brief summary of these will help us to understand the nature of the plants and animals. The Devic Kingdom has its own place in this creation and our world is really a Devic world with ourselves as the guests. Prior arrangements were made for this with mutual benefits to be derived by all involved. The Devic dimensions are as follows:

1. Freedom to be aware but not self-awareness. This is simply the fact of being included within the system.
2. Freedom to move but no knowledge of movement. This allows for interaction or movement or change of any kind.
3. Freedom to be aware, to move and to do this with purpose. This moves self-motivation into the system and this level describes the present Devic world that we live in.
4. The individual Devic expression has a measure of self-awareness, deliberately using the intellect as a device to rationalize and project future plans on the basis of group and personal experience. There is no true identification with the point of manifestation. There is a built-in measure of independence, with the ability to think and project future plans. This level will be manifesting in the future as the planet becomes fourth dimensional.
5. This brings in some of the larger reality associated with the Etheric Emergence level of consciousness. It allows for the interaction between various (physical) dimensional aspects so that they are not limited by the barriers that we are now aware of. This level also brings together many of the alternate fourth level expressions into a larger scheme of things, thus providing a unity within the outer aspects of creation. It also includes the interplay between the inner and outer of creation.
6. This is the true area of combined intelligence of the Devic Kingdom. It is where the Devic Consciousness is becoming closely related to the source and in this case that can be considered as being the consciousness of Man. This is the area of practical co-ordination between the Devic Kingdom and inhabitation of the creation by Man. There are three directions of expansion from this level. The first one has to do with the unfolding of the Devic consciousness so that it becomes a further consciousness of Man as derived from within the creative system. In a sense this becomes sort of a network for the ongoing and developing psyche of Man, a frame work of expansion. This is not anything like the concept of transmigration, rather it is a logical process of development of means and methods of the creative process. The second direction is an ongoing means of expression related directly to the Devic consciousness in which it attains unto its own individuality and creatorship. Essentially they are developing qualities inherent in the consciousness of Man. The third direction has to do with the further development and enhancement of the Devic Kingdom within the terms of creation but this is open-ended.
7. The last dimension corresponds to the culmination level of the Devic consciousness translated into both the outer and inner reality. It contains the three elements of the previous dimension which in a very real sense represents the three-fold nature of creation. The first direction is the Father-god principle, providing for the ongoing reality and out-thrust necessary for the continuation and continuity of the Devic Kingdom. The second direction is the Mother-god principle which is essentially the body of expression set up by the Devic Kingdom as a means of manifestation. This is a self-aware and self-governing part of the creative system that is a vehicle of expression for the Son aspect. The last part is the inhabitation of the Devic Kingdom by that which gave it birth and

emergence from beyond creation, which is also, an essential part of the development of Man.

The three-fold means of creation is then one expression of a reality within the source of creation and as such has a validity beyond the creation itself. From our present viewpoint we do not have an adequate understanding of the creation as it is and we do not even understand the nature of our present physical world. Under these circumstances we do not have any concepts pertaining to whatever it is that has given birth to the creation. It can be safely assumed that this three-fold method is only one of many of bringing about such things as a means of inhabitation. Our only consolation is that we are the source and that as such we are directly involved in whatever it is that is beyond creation.

## **XIV. Now You See It, Now You Don't The Story of Illusions**

Life in a third dimensional setting has necessitated the acceptance of an illusory system of beliefs, both in regard to ourselves and in the way in which we function. Without this we could not have stayed in the physical and we could not have anchored ourselves sufficiently into this dimension to be able to bring our larger reality into manifestation in the race. While the physical reality looks quite solid and durable, if we were to move in here as we actually are we would literally disintegrate the physical dimension. Bringing this larger fact of ourselves into expression here will enable us to transmute the physical body into an energy expression. The design is to do this without imitating the atomic bomb. There is a long and specific process involved before the final stages of transmutation, a process that is controlled from within. One of the first things in this process is the recognition of the illusory nature of our many basic belief systems. These belief systems have been an important means of security and stability for the third dimension, so they are not easily removed. They are built into the very fabric of our present expression. Not only that, simply replacing one belief system with another does not provide any forward movement except that it may supply an initial element of exercise for the process of change. So the following ideas are offered more as an exercise rather than an alternate belief system.

We have spoken of illusion and we begin with the subject of death and survival because this is perhaps the easiest one to see and it can be used as an illustration of the veils that separate the physical from the rest of yourself. One reason for using it as an illustration is because the assumption is made that this is an illusion that you do not have to confront for a while yet. If you are going to go to great lengths to prove survival after death, then you are also going to great lengths to prove that death is a valid phenomena. Death and so-called survival are all part of one package that is ingrained in the mass consciousness and it must be removed. Even the assumption that death is something that is dealt with in the future rather than being a part of the present is a fallacy. The act of physical death is the end of a well defined pathway and the events along that pathway are just as much a part of the death process as the end result. Even the awakening to the fact that this whole thing is an illusion is the branching off from the old pathway, so then you begin to eliminate the other steps on the way.

To be more specific, the process which is the forerunner of the actual physical death must be reversed and the signs and evidence of that process must be eliminated. Some of these symptoms would be the dulling of the mental faculties, physical deterioration and the compounding of internal conflicts due to contrary belief systems. This list could be enlarged upon considerably. The point is this, recognition of the death-survival syndrome (illusion) is the first step on the new pathway. As you begin to remove some of the other veils you become more established on the new way and the evidence of the old illusion begins to disappear.

The illusions are not only firmly ingrained but they are the stuff of the third dimensional life so they are not easy to change, for the changing of those illusions to the reality which is behind them is really the change-over to the fourth dimensional way of life. Do not underestimate this factor. We must branch out to include both the incoming and ascending phase of the incarnational experience. First of all there has to be the awareness of the co-functioning of the subjective and the withdrawal phase. By way of contrast even the present teachings on survival and associated concepts on "after death" experience place this interface between the subjective and withdrawal phases on a linear basis and so this process is not allowed to function on a present continuing basis. This is the first point. The two phases are co-existent.

The ignorance of this process and of the purposes and the relationship between the subjective stage and the entire seven steps of establishment does not allow it to function properly. This has allowed the infinity of philosophies and dogmas to enter in and be taught as "the truth". The teachings within the third dimension are illustrations concocted within that dimension. While the process is actually completed, it does so in spite of the ignorance within the third dimension but that completion is viewed in an illusionary manner.

The understanding of this process in the context of the seven steps adds a new quality and depth to the day-to-day living of life. While there still is this quality of experience called time, for it is not eliminated, it is viewed in a different manner. It is used as a means of expression and as an element of freedom. It becomes a link, a device, a resonance, for linking up with other incarnations. The daily experience takes on a quality wherein the evaluation of that experience is a part of it so that the desired results are produced at the same time with no waiting for a judgment day. In other words, you have the ability to design an experience to produce the desired results and this is in the context of the larger reality, as a functioning part of it.

An explanation and distinction. The soul phase is the experience of the subjective phase both as it is a part of the total self, and as it becomes a part of the total self as viewed from your own place of expression. In that sense there is a duality expressed mostly as an appreciation, from the subjective phase, of that experience as it is a part of the total self. Only in later development does the true quality become apparent as a part of the normal functioning. This factor is then the initial stage of the awareness of the co-existent total-self aspect.

To place the preceding arguments together, one of the interesting qualities of the fourth dimensional expression is the experiencing of the subjective phase in two different ways at once. One is time oriented as before, one is "soul" oriented, but to be more explicit the awareness of the non-physical part of life is a further dimension with its own qualities and complexities. This is interwoven with the normal aspect so that there is an added richness and validity which is difficult to describe in third dimensional terms.

Now, there is something to be said about the conclusion of the time-oriented track of the subjective phase which utilizes the thing called time. First of all you have a continuity in regard to entering into the subjective phase. You are aware of your spirit origin, you are aware of the previous incarnational structure on which the present phase is built, (the internal incarnational pattern), and you retain or gain knowledge of the inner plane aspect which is the unfolding of the reality around the present subjective structure. There is also the realization that basic movement is in consciousness, which goes hand-in-hand with the creativity factor. This is known and experienced as a continuing thing with no beginning or ending and it is not subject to time containment. So there is an ongoing flow of life and being with no beginning or ending. This still leaves the departure from the physical body to deal with, however, and the problem of the physical body.

As the level of the mass consciousness is raised, the nature of the actual departure from the physical will be changed. Also, each individual will have their own experience. At first many, if not most, will leave their physical bodies behind but with a greater or lesser knowledge of the previous points. In other words, a gradual change and improvement over the present situation but with a knowledge of the ongoing reality, whether in the body or out of it. All through the Aquarian Age there will be those who will be in the final physical incarnation and so will demonstrate the transmutation of the physical along with the coming and going with that vehicle from the etheric. The present concept of a funeral and a parting will be completely absent. An individual who completes a particular incarnation by an astral phase will be equally apparent and functioning to the physical even though there will be a somewhat altered emphasis from that state. In practice, as the subjective phase is experienced, the physical substance will become more attuned to the inner being, this means that the energy level of the physical matter of the body increases towards a condition whereby the matter becomes pure energy. In this way there will not be a residue left over after a physical lifetime. This is not the true transformation of the body, but it does prefigure it.

You can appreciate that the foregoing cannot be appreciated unless it is placed in context with the total self.

The individual who is aware of his/her own larger reality will also be aware of the subtle intertwining and weavings of the various expressions within the whole. This means that this subject should be prefaced with a definition of the total self. For this purpose it can be defined as the total individual expression of all of the incarnations within a particular cycle and who is a multi-dimensional being that includes all of the



individual facets.

This brings us to the second illusion. To put it as directly as possible, you have to function within the economic system of the mass consciousness in order to pay the bills and have food on the table. To put it more bluntly, it is necessary to be a part of the system of slavery of the economic system. This is not readily summed up in a few words because of the nature of the syndrome. Being included within the mass consciousness places you within the survival system of the mass consciousness. The alternatives in this seem to be either you fit into the system and play the game the way that it dictates or else find the means, either at the physical level or beyond, to become independent of the system. However, both of these choices prove the validity of the system for they both function with the implicit assumption that there is such a system.

The answer is not as immediately obvious as it is with the previous illusion. The answer does not lie within the terms of the mass consciousness. Instead you move into a higher level of consciousness and you move out of the system dictated by the mass consciousness and you are not enslaved by it. The energy source, or source of supply, is then derived from within yourself and you feed energy into the physical state instead of drawing energy from it. The present third dimensional world is one which is built up in succeeding layers from the bottom and each layer feeds on

the layer immediately below. In the system which is to be instituted in the new age the primary energy source is brought into the world by those of the highest manifesting levels of consciousness and this is handed down to each succeeding layer. In the manifestation of the Race of Man on the planet the individuals become, one way or another, the focal points of the incoming energy requirements. In practice the new way is no more worked up from the physical expression than is any other part of the change into the higher levels.

The third illusion has to do with the subject of polarity and the obvious manifestations of it in the world, the division into male and female and all that goes with that. The primary illusion associated with this subject within the so-called metaphysical / spiritual framework of the physical world is that sex and the obvious presence of the two sexes must be more or less eliminated in order to achieve spirituality and release from the physical mechanism. Minor segments in society go the opposite route and endeavour to achieve spirituality by systems based on sexual practices. Again, to do or not to do, is the illusion involved. In the physical world of form polarity is a means of achieving a workable dimension of experience and this pervades the entire system. The fact of sex and procreation is in a sense quite incidental to the whole thing but it does have a greater significance in the symbolism which it maintains within the world where the reality has been forgotten. The real distinction is in the presence of the Father-god and Mother-god energies which provide the basis of the creative process. These two energies are not equal and opposite as would be supposed by comparing them to positive and negative charges and they cannot be equated to the male/female principle of the Devic world. In this illusion of the two sexes you do not achieve spirituality and progression within the system on the basis of the sexual polarity or lack of it.

It is a part of the mass consciousness, designed for a purpose and that purpose lies in the achievement of experience, not just specific kinds or levels of experience.

To explain this a little more, you have taken on incarnations many times in order to have a setting for experience: a place and a time to be. In this you are functioning as a creator within well defined limits. The fact that you have become unaware of the larger reality while doing this is a secondary point that is being remedied. With the accomplishment of experience there has been a flow of life energies into the third dimension and into the individuals' own body of expression. As a natural result of this there has been formed a vehicle of expression at a higher level of being. You enter into this vehicle from the first level of experience and this new body can almost be equated with the total self. Each incarnation can be likened to the parts of a jig-saw puzzle, with no one piece being more important than any other. No one piece of the

puzzle has a completely controlling aspect over the whole process. This is speaking of the incarnations themselves in contrast to yourself as you gain in spiritual knowledge and enlightenment. This in turn is expressed through the lifetime at hand.

Within this body of experience there is the expression of polarity at the physical level, in both the sexual nature of the Human as well as in other aspects of the Devic Kingdom. The real balance obtained in this larger body of experience is that between the Father-god and the Mother-god energies and this cannot be worked upon directly at the physical level until you have some knowledge of the creative process and how it works. This knowledge is not obtained until you are expressing in the fourth dimension. In fact, it is one of the characteristics of the fourth dimension. In the fourth dimension, with the tremendous amount of day-to-day experience you have the opportunity to express the higher, or non-physical nature of yourself, by the very fact of the relationships you have with other people, whether this be of a causal or intimate nature. So illusion number three can be stated by saying that the events or actions of your life are not the key to your larger reality. You do not obtain it by doing or not doing. Your greater reality is present and operative even in the third dimension and you do not need to wait for some future heaven or after life to obtain the fruits of your actions. In a way, this illusion is bound up with the death-survival syndrome in that some people look for some future reward conditioned by today's deeds.

As you can see, this could be expanded upon even more but this is sufficient to illustrate the illusion. It is time to begin with illusion number four. Actually it is an illusion to number these as there is only one illusion and that is the physical understanding of the world and as this primary illusion is dissipated the reality shines through. While you inhabit any number of discrete physical bodies and you take great delight in thinking in terms of reincarnation and the fact that the separate bodies can move independently and appear to manifest at different historical times, the fact remains that the basic oneness and unity far outweighs any of the apparent separateness. This is a part of the illusion. All of your thoughts, actions and deeds, all of your activity while within the incarnation are even more so a part of the total self. The two are not separate. The fact that you look out of your eyes at a mirror and see one single individual makes you sure that this is all that you are dealing with, that this is all that there is to you. The perceptual apparatus, both the eyes and the mechanisms behind them in the awareness aspect of yourself, is purposely focused upon the physical world. This does not preclude the possibility and the desirability of also being aware of the larger reality along with the physical presentation.

You are not aware of the degree to which you relate to other people on a day-to-day basis in terms of the larger reality. You close off any suggestion of this and concoct very elaborate schemes in order to disguise this fact. The outer presentation of every individual that you meet is a manifestation of the larger reality of that individual and in your intellect you pretend that you see only a physical being but this is not the case. As this veil is removed several things occur. You alter the narrow concepts about the presentation of other individuals. You also change your concepts about the relationship between their present and total expression in the world. You deal with them on the larger basis and not on the basis of the limited concept of themselves that they accept. There are many more things that could be added to this list. What happens is that as you begin to accept the fact of the larger and inner relationships whether they are in physical form or not and regardless of their level of consciousness, after a while the seeming gap between the perceived expression and the real person disappears. You find yourself living in a world (dimension) that is peopled by those who are in physical garments as well as in many other forms of expression. They become as real to your perceptions as those who are in physical form. You also perceive those who are in the physical in the way that they are perceived from the higher and non-physical levels, as the larger reality is presented along with the physical form that is presented to the external senses. In practice then there is a smooth transition between the various means of perception, physical to non-physical .

Now we come to illusion number five. In a sense this is the first and the last veil to be removed. This last illustration is important for once you know yourself without any self—illusions then you have no problems with the rest of creation. In many ways, all of this material about the nature of your own reality is a part of

the removal of this veil. Many of the things that you have assumed about yourself, things that you have assumed to be correct and factual are not really that way at all for they give you a very inadequate picture of yourself. The misinformation has been accepted as it is a normal part of the mass consciousness. It has been a necessary part of the third dimensional conditioning. Some of the contrasts will be repeated for the purpose of emphasizing the limitations of the third dimension.

God, the Infinite, (or whatever term you wish to use) , is not a long way out there somewhere but is bound up with the fact of yourself. Between the expression of yourself and God there is no separateness. We must deal with each other on the basis of the fact that we are expressions of God and accept each other accordingly. We have assumed that there is a gap of some kind between the present physical expression and the rest of our self. We have given some sort of mental assent to this even to the point of saying that there is nothing more to us than this. If we insist on measuring gallons of milk with a yardstick we become very frustrated. If we assume that there has to be a physical connection, or proof of connection, within physical terms of reference then we will be turned off this search. If we sit back and do a little thinking about this then a light will dawn which will become as brilliant as the noon-day sun. We have insisted upon an evaluation of ourselves that is limiting even at the physical level. We have assumed that we have little, if any,, of the power of the universe at our command, when we have, quite literally, created universes. You cannot put the cart before the horse in this matter. A sense of relationships, an appreciation of how the larger mechanism works, soon brings in a free flow of power and majesty.

The illusion is very real to the physically oriented self. It seems to us that our reality is limited to the present physical body, with some added accessories along with a vague mental assent to a larger body of reality that must be around somewhere else. It is necessary to distinguish between the fact of ourselves and the fact of identification with a certain portion of the creation that we are involved with at the moment. We enter into every creative act of our own in a very personal and intimate way, then we indwell the resulting creation in one way or another. To recognize our identity with all of creation is wisdom. As a part of this we must recognize our identity with, and presence in, the flowers, the earth, the sky, the forms that move about us and even in the abstract concepts that man comes up with. We must recognize this in everything that comes to our attention. For all of this is our creation.

To quote the words of the High-self: "I exemplify the spiritual hierarchy of yourself to you, until you can deal with this for yourself. As one individual I symbolize to you the entirety of you as you manifest all the way, all the levels up to the Godhead, which is not somewhere else but is within you. The fact of your consciousness is in itself a demonstration of the larger reality that you are. This is your presence and reality in the Father-god, in the Power of God, even as you are. As this Power of God meets and interacts with the Mother-god, the Creative Energies, the Creative Thought of God, then universes without number are spawned and you cannot number them. These universes are inhabited by yourself and there is no end to the expression of yourself, so you have what we have referred to as the inner planes. You are surprised at the mention of the fact of the presence of the number of very real individuals who surround you, who are a part of this reality of the inner planes and who likewise are an expression of yourself. We cannot contribute to your illusion by ignoring or limiting this aspect" .

There is one more part of this illusion which is common. There are people in this world that not only doubt the possibility of a God which relates to them personally for they have no concept that God is in expression in them. With the conjunction of the Power of God and the Thought of God you have the expression of the Presence of God, or God in manifestation, which is expressed in that which we call Love. In practice then there is the illusion that God is invisible and somehow detached from his creation. As this veil is removed we accept that we are God in expression and that we continually expand that expression to demonstrate more of the reality of that which is called God.

Again, to quote the words of the High-self; "Having said all of these words, you can see why in all of our dealings with you, in opening up this channel of communication and the subsequent relationship with

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yourself, we have not catered to illusions or false ideas about yourself. This is necessary for the quick elimination of those illusions and veils. It initially has been the cause of some frustration simply because we seemed to be very inflexible in some ways and in some areas and sometimes we seemed to be remote and out of touch with your reality. We know that this approach is the one that contains within it the power of change. Now, because we have been able to express these concepts, these facts of life, even within the limitations of verbal terminology, you will experience the reality of that which we have said. For we are One" .

## **XV. Into The Christ Consciousness**

The Seven Dimensions dealt with the way that we relate to our outer environment, the outer reality in which we live. This relationship arises out of the inner consciousness and while there is not a one-to-one correspondence, the inner and outer are always in harmony. The Human Race is moving from the third to the fourth dimension and in our case this is synonymous with the movement from the free-will to the Christ consciousness. This inner movement can be categorized and to some extent it can be derived from the more visible outer movement. The movement in consciousness is more inclusive than just the outer changes and we have to start at the beginning of the Racial experience. This is in line with the Seven Steps of Establishment and the inception of the patterns of incarnations. In order to provide a sense of continuity between the inner and outer, the inner changes can be listed as a set of seven steps and this can be expanded to a set of twelve steps. This is in keeping with the practice of categorizing our development from this point on as a twelve-fold process. Prior to this, most systems were of a seven-fold nature.

The first arrangement as a set of seven steps is as follows:

1. Establishment of a pattern for the incarnations, in this case the Adamic with the Angelic sub-structure. This is the unique feature of the Human Race, in which we have made use of a physical body of Devic consciousness.
2. Incarnations at the free-will level, some of which are barely above the undifferentiated stage. This applies specifically to the last twenty-six thousand years, as prior to that different patterns of incarnations were used.
3. Proliferation of experience in these incarnations.
4. Steps two, three, four, and five from the Seven Steps of the movement into the fourth dimension.
5. The three days of darkness death, burial and resurrection. These are three distinct steps but for the moment they are listed as one.
6. Expression in the physical dimension at the Christ consciousness. Of necessity this has to be at the fourth dimensional level.
7. Union of the original level of expression and the new level of being.

With this as a basis the movement from the free-will to the Christ consciousness can be developed into a twelve step process. The first step is the establishment of a pattern for the incarnations. This includes all of the preparations for the Race, plus the experience of the Race as well as the completion of the creative process. Implicit in this first step is that, it is the Source that incarnates in the Race and which is manifested as Man, the Son of God. This preparation also means a vast and complex inner reality, totally supportive of the project. The more immediate nature of the pattern has been outlined in the levels of consciousness for the Human Race.

The second step is the establishment of the incarnations and again the word is used in a technical sense as applying to the process of bringing about the physical expressions and not just meaning the physical lifetimes only. This is a complex process, one that requires several stages to bring about the Human Race. These took place in both Lemuria and Atlantis. It is not a simple matter to bring a race into physical expression. Even an individual lifetime in our present world is a small miracle in its own right. It is much easier to get out of the physical embodiment than it is to take one on.

The third step is the actual life in the physical, the proliferation of experience made possible by life in

physical form. We literally seed ourselves into the earth and create a rich bed of experience for our own future development. In many ways the third dimensional experience is much like the seed that has been planted and which germinates but which has not yet broken through the soil. While it is not yet apparent, the nature of the plant is decided by the seed that is planted. The earth, (and everything implied by that), is only the seedbed that has been provided.

The first three steps are a unit in themselves, providing a base for the actual movement into the Christ consciousness. It is the initial organization of the vast pool of creative energy which was established in the first step. The process is totally open-ended and the physical basis of experience has been designed to enable us to take advantage of the full potential of the creative process. It would be well to point out at this time that the twelve steps are not a chronological listing of a process. The third step takes place in time, in the physical planet, but the rest are on a different basis.

The fourth step is taken directly from the seven steps of the movement into the fourth dimension. To quote: "An inner feeling, an awakening to a desire for something beyond the physical, the first intrusion of the forces designed to bring about the eventual movement into the fourth dimension". This is a simple statement and it is the fact of yourself in the incarnation moving into line with your own purposes. This does become a mystifying element in our experience, for the natural pattern in the Devic world is to settle down and repeat the initial pattern over and over again. This has been necessary to enable us to anchor ourselves into the physical domain but then it takes special measures to move beyond this stage. Without the serpent in Genesis and Judas in the New Testament we would stay in the fourth step indefinitely.

Next is the bringing about of a typical third dimensional response to the inner pressure of the last step. Only in this way could we establish ourselves in the physical reality, in expressions that are of a very low energy level compared to our natural state of being. We take our physical life for granted but it was a long and difficult process to get here. This difficulty is reflected in our negative connotations about the "fall of Man" .

The sixth step is where the actual movement out of the third dimension begins. This is where the illusions of the physical state start to become apparent, even if only in a small measure.

The next three steps are a unit in themselves and here we start to deal with the mystical aspects of the process, where the inner reality becomes a major factor in the course of events. The seventh step is marked by a search for an understanding of the nature of reality and being, even if it sometimes is in a somewhat disguised form. There is a great deal of inner activity, unknown to the individuals at the outer, while all of the necessary inner preparations are being made for the next steps. At this stage the person is still functioning in the incarnation as a third dimensional, free-will expression. This period can be characterized by extreme swings from illumination and ecstasy to depression and the old way of functioning. Usually at this stage a person radically changes their concepts about God and Self.

The eighth step is a mystical affair with very real and tangible outer effects. The individual has to put an end to the incarnation and so there has to be a death. This is not a death of the physical body and there is full continuity of expression, nevertheless it is a profound affair. While this is a part of the symbolic three days of darkness the process does not occur in time but is reflected into time. Usually there is a major change in the life pattern, often accompanied by disruptive forces in terms of the effects upon the third dimensional life style.

The ninth step is the burial. In a very real sense the entire incarnate phase of experience is a death and burial in the earth, so that in one way these steps are a realization of that. During this phase there is the continuing inner process referred to in the last step, for these steps are not strictly chronological or linear. At a more practical level the individual usually finds that they are very much out of place with the physical and social environment in which they live.

The tenth step is the burial. This is a major happening in which there are many sub-programs. It is a complex process. It involves the integration of the package of incarnations and the Oversoul, with the High-self being intimately involved. It also means the Homecoming of the physical individual to their own larger reality which is a multitude of expressions of Self. It also includes the incoming of the Mother-god part of the creative process to the individual so that the expression of the Christ consciousness can be as a Son. This leads into the manifestation of the individual at a fourth dimensional level, followed by expression in the light body, but this is a subject in itself. In practice, the overshadowing by the light body during these phases is a major part of the experience.

In the eleventh step, having put on the light body and expressing at the new level of being, you find that you still have your physical body, for it has not gone anywhere. This is an essential part of the process, especially as you fulfill a role within the Race. So you re-inhabit the physical body at a new level of expression, (contemplation) , you reactivate it and demonstrate a whole new way of manifesting in the physical earth. Then you have the mobility of moving both ways , from the physical to the etheric and back again at will. As an aside to this and in connection with the High-self and Oversoul, you inhabit a body of consciousness in the celestial realms as well, but this is beyond the scope of the present material.

The twelfth step is then a statement of fact about the completion of the previous eleven steps and it is also a statement about functioning as the New Man, expressing as a Son of God in a new sphere of action. While this is a brief statement, the actual experiencing of it is perhaps a major part of your creative expression.

This process of moving into the Christ consciousness is a major affair and even these twelve steps can be expanded upon into four sets of twelve as this is examined from different viewpoints of yourself during the process. One of the main aspects of this transmutation is that the individual literally takes personal control over the matter-energy conversion process. Even in the preliminary stages before that occurs the different energy states in the higher levels of consciousness create very practical problems. This will be enlarged upon later.

The twelve steps can then be summarized as follows:

1. Establishment of a pattern for the incarnations, in this case the Adamic with the Angelic sub-structure.
2. Incarnations at the free-will level of consciousness, some of which are barely above the undifferentiated.
3. Proliferation of experience in the incarnations.
4. An inner feeling, an awakening to a desire to something beyond the physical. The first intrusion of the forces designed to bring about the eventual movement into the fourth dimension.
5. Some action is taken to soothe the discomfort that arises from the previous stirrings of the higher consciousness. Most religious experiences and activities fit into this category, as well as any actions designed to bolster the faith and security in the physical third dimensional system.
6. Serious doubts about the previous position and an investigation into the nature of personal reality.
7. Entering into a correct knowledge and approach to the reality of Self.
8. Death of the incarnational self.
9. Burial.
10. Resurrection.
11. Expression in the physical dimension at the Christ consciousness.
12. Union of the new level of being and the original state of expression.

## **XVI. Man**

Man inhabits the creation. He is the presence of the Source. The Human Race is a specialized version of the Race of Man and that is what we have been dealing with so far. The Human Race raises its physical expression into the consciousness of Man from the Devic in its spiritual growth, as it moves into the Christ consciousness. For this reason it is desirable to look at the levels of consciousness for Man in order to appreciate the changes that are coming about for us. At the moment all that is necessary is to provide the basic and generalized levels of consciousness and contemplation as a basis for further discussion. Man does not normally manifest at a level lower than the fifth level of consciousness but even this fifth level is at a higher energy level than the corresponding one for the Human Race. The undifferentiated level of the Human Race does manifest occasionally but it usually is as a pathological condition in individuals. Some mass phenomena would also qualify as an expression of this fourth level of consciousness. This means that as Humans we have moved as far down in the energy continuum as it is possible with our present form.

The term "Awareness" is used in connection with the Human Race to describe the inhabitation of the physical levels. The term "Contemplation" is more inclusive in describing the inhabitation of the creation by Man and will be dealt with alongside of the levels of consciousness in order to provide as concise a picture as possible. The levels of consciousness start out in the same way as they do for the Angelic and Devic Kingdoms, with the three building blocks. After these the consciousness and contemplation can be dealt with in a parallel manner.

The building blocks of consciousness of Man are separated by the quadrature process and this is what makes it the most complex and complete form of consciousness that we have in this creation. The building blocks always carry the imprint of the Source but the way this manifests is modified in both the Angelic and Devic Kingdoms. It also follows that the consciousness of Man includes the consciousness of both of these Kingdoms.

The first three levels of consciousness are a unit in themselves, as are the first three levels of contemplation. They do not provide a means of outer manifestation for this does not occur until the middle of the next set of three. So the lowest level of consciousness is associated with the concept of time and the tempic field and it is called the "Flow" level. The corresponding contemplation represents a vast sea of beginnings but without differentiation so it is called "Oneness" .

The second level of consciousness reflects the organization inherent in the operation of the Mother-god principle, the organization within the oneness of the first level. This second level is then called "Organization". This organization is both the result and the evidence of the Love which is the purpose of Creation, so the second level of contemplation is called "Love" .

The third level of consciousness marks the completion of a unit of the creative process and so it is called "Completion" and the corresponding contemplation level is called "Marks". These are three elementary levels and while they are complete units in themselves they do not come into outer manifestation but rather form the sub-structure of the manifested expression of Man. This description of the sub-structure is very general, as it has to apply to the expression of Man in matter, energy and consciousness.

The fourth level of consciousness is a discrete stage of development beyond the previous unit of three levels. In the Race of Man it is concerned with the unfolding of the God-powers inherent in Man. This is synonymous with identification with God, or the Source. Accordingly, this fourth level is called "Identification". The corresponding level of contemplation deals with the seeking out of the information about the God-powers, so it is called "Search" .

The fifth level of consciousness has to do with the actual experience and demonstration of the potential of the fourth level, so it is called "Demonstration". The fifth level of contemplation tends to become



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somewhat complex. To oversimplify, the demonstration of the inner identification with the source at the outer reality implies a unification between the inner and outer, so this is called "Unified" . This fifth level is one which permits manifestation either in form (physical ) or in an energy body.

The sixth level of consciousness again marks the completion of a unit of the creative process, so it is called "Completion 2" to distinguish it from the third level of consciousness. The sixth level of contemplation marks the actual presence of the source in expression, so it is called "Sonship". This is the level that corresponds to the Christ consciousness in the Human Race.

The next three levels are a repetition of the creative process with some subtle variations. To go back a bit, the first unit of three levels provided a sub-structure for the manifested expression of the next unit of three. The second set of levels provided for the actual experience that the incomplete levels were incapable of providing. The third unit represents a return to the original state, which is also a return to the Unmanifest. This brings the Unmanifest into the new creation. After these three final units of consciousness and contemplation we then go beyond consciousness and this becomes a large part of this last unit. It has to do with the Unmanifest actively involved in creation. For this reason it is practical to start with the ninth level and work our way down to the seventh. This helps to counteract the impression that we are simply working our way up to the top from the bottom.

The ninth level of contemplation incorporates the idea of the completion of a specific creative process, the expression of a Son of God. This takes in more than just a simple line of progression as might be assumed from the foregoing, for it is a rather large and all-inclusive package far outside of our present Human concepts. This individual, (the Son of God), is the scene, the setting, the place, where all of the lower levels of creation take place. This is the practical source level of creation and the creative process. The Son of God is then a completion of the creative process and such an individual is one of many such individuals. This creation is judged to be perfect as it is a manifestation of the Source, so the ninth level of contemplation is called "Perfection" .

The last group of three levels of consciousness is a unit in its own right and more than just the sum of the parts. It is both the beginning and the ending of the creative process. The ninth level of consciousness is called the "Focus" as it represents the centre point of the creative process. It is the focal point, (God), of the Unmanifest, from the point of view of those within creation.

The sixth level of consciousness was the presence of the Source in creation, while the ninth level is the fullness of that Source. In between there is a great deal of unfolding to be done. The eighth level of consciousness marks the first subdivision within the oneness of the ninth level for this is where you become the limits and boundaries of the lower levels of creation. This is where you "learn" about the power of and the control over the life forces. This level is designed specifically to bring about the development and unfolding of the lower levels of consciousness, so the consciousness is called "Upliftment". The contemplation has to do with the practical unification of the inner and outer, the unmanifest and the manifest, so this ninth level is called Inner/Outer Love".

The seventh level is characterized by the active presence of yourself as the Source in manifestation, wherein you are deliberately bringing about the fullness of yourself within the creative package. So this level of contemplation is called "Presence" and in keeping with this the seventh level of consciousness is called "God Consciousness" .

This has been an abbreviated summary of the derivation of the levels of consciousness and contemplation for Man. The chart on the following page is provided for reference purposes and includes the levels of Awareness for the Human Race for comparison purposes.

	<b>CONSCIOUSNESS</b>	<b>CONTEMPLATION</b>	<b>AWARENESS (Human)</b>
9	The Focus	Perfection	The Son of God
8	Upliftment	Inner/Outer Love	Limits and Bounds
7	God consciousness	The Presence	Control
6	Completion 2	Sonship	Love of God
5	Demonstration	Unified	Interpersonal Love
4	Identification	Search	Joy
3	Completion 1	Marks	Purpose
2	Organization	Love	Relationships
1	Flow	Oneness	Awareness

## **XVII. The Energy Story**

The movement from the free-will to the Christ consciousness and the change into a fourth dimensional expression calls for a whole new examination of the nature of the physical reality in which we live. For example, if such things as teleportation and levitation are real, if objects can materialize and dematerialize, then there has to be a scientific explanation of these things. While they might be denied by some circle or given an aura of mysticism by others, there should be perfectly natural explanations for them. The concept of the twelve parameters provides a basis for a theory that can explain some of these seemingly exotic phenomena. With a satisfactory theory we can begin to arrive at an integrated understanding of the creation and our relationship to it. Any scientific theory that does not encompass such things as UFO's, spirit beings and any number of Fortean phenomena cannot be considered as an adequate description of reality.

It was realized only recently in this present century that the Newtonian mechanics of the last century was only a special case of the theory of relativity. This theory provided a way out of the rigid framework of Newton but it is only a beginning. It has taken on the crystalized structure typical of the third dimension. Einstein spoke of the three linear directions, the x, y, and z axis and he called these the first three dimensions. In doing so he closed a door, behind which is waiting the world of fourth dimensional science.

The first parameter is length and it can also be called the first dimension. All of our energy concepts are related to the idea of length, in other words energy is a linear concept in our sciences. It is associated with linear motion. The simplest way to illustrate this is that if we go from point A to point B, we cover all of the points in between as well. We do not skip any, whether we go in a straight line or in a random pattern. So we can call our familiar forms of energy linear, or first order energies. This is the simplest kind of energy and accordingly we deal with what seems to be a simple kind of physical reality. At least that is the way that we have perceived it.

The fourth parameter is the tempic field. The intensity of this field determines the amount of energy that we can handle in this physical dimension as we know it. The first barrier that we run into in this dimension is called the racial barrier, sometimes it is called the tempic barrier. If we have the means to 'cross' this barrier then we are not limited to the present moment of now. We would still be confined to this physical dimension, however. If we wish to move out of this physical dimension then we have to be able to cross the light barrier. There is a third boundary called the personal barrier and we shall come to that later.

The tempic barrier is related to the speed of light and it is inherent in all matter. It cannot be located as if it was somewhere in space. In spite of this you can think of it as a bubble that we are in, if that is any help in visualizing it. By saying that the speed of light is an absolute limit we have enthroned this barrier and given it a God-like mystique. However, if we explode an atom bomb we exceed the energy carrying ability of our tempic field and things 'happen' that are quite outside of our normal scientific laws. A hydrogen bomb explosion has side effects in time but these effects occur over long time periods, both before and after the actual blast. Exceeding the tempic field intensity means that the excess energy is carried out and away from the blast centre by the electric field, (the fifth parameter), and so we have the electro-magnetic pulse that is a characteristic of such explosions. The effect of this pulse is somewhat similar to the reported effect of some UFO's on electrical systems. It simply disrupts our usual electrical laws. Nuclear explosions also have a different time rate than normal at the centre of the blast.

If by some miraculous means, you could be at the centre of the explosion without being destroyed by it, your experienced time duration would be quite different to that experienced by a distant observer.

Force and the work done over a period of time are related to the value of the local tempic field intensity. For practical purposes we can consider this value to be constant under normal conditions but still subject to change and manipulation. The speed of light and the so-called time rate are somewhat synonymous with the tempic field intensity. This all means that the tempic field is the primary controlling factor in the energy

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exchanges in our physical environment. Time is the most visible and tangible evidence of the tempic field. Light is a boundary phenomenon. Light does not travel, as this boundary is everywhere. To be technical then, anything that occurs at this boundary cannot be properly related to our space. What we are seeing and measuring is the effect of the tempic field.

The second parameter is area and the fifth is the electric field. There is a class of motion associated with a plane surface and this is best defined as motion in two directions at the same time. Do not confuse this with the simple vector addition of motion along two different axis. This is different than the simple linear motion that we are accustomed to. For convenience we can call it second order motion. The electric field is the controlling factor in this type of motion. As was mentioned before, the electric field that is the fifth parameter is different to our usual concept of an electric field. Second order motion does not occur in time, rather it gives rise to its own kind of 'time', even as the tempic field provides our notion of time. We do not normally observe second order motion but we do observe its effects on occasion. It can produce a change of state, an electric charge, or it can be used to negate our usual laws of physics. It can produce energy effects in the usual linear manner. Second order energy has to do with the dimensional nature of physical reality and so it can be used to move in or out of this physical dimension, or to move out to the boundary of the dimension. It is a medium for activity that is quite a bit more complex than the tempic field and as such is somewhat alien to our present perceptions.

There are many things that we take for granted even though there are profound scientific principles lurking behind those same things. For example, objects, things, people, all stay in our physical dimension as if it were the most natural thing in the world. However, things do dematerialize on occasion and sometimes they materialize again. The world of Spiritualism is familiar with apports and many people have had the experience of the displacement or dematerializing of objects for no apparent reason. Even UFO's appear and dematerialize again and for this reason they are written off as hallucinations. What all of this is saying is that there is a natural force that keeps us at the centre of the physical dimension. This is a second order force and it does for us and the physical dimension what gravity does for us and the planet.

If an object is moved away from the centre of the dimension it will usually acquire an electric charge. At the atomic level, elements such as argon, or any of the inert gases, are actually at rest at the centre of the dimension and they do not have any electrical charge. Those atoms which have spare electrons are not at the dimensional 'ground' level and by pairing off or otherwise combining to make an electrically neutral molecule they are effectively at the centre of the dimension. In this century some experiments have been conducted to try and provide a type of levitation by the use of high voltages. These high voltages are a distortion in the local electric field. This automatically moves the object a small bit away from the dimensional centre so that it does not relate to the linear forces in the normal way. As a result, gravity is partially nullified and the object tends to float. In some of the older cultures the priest-scientists had a mental technique for making stones oscillate in a second order manner and as a result the stone was levitated. As long as the stone oscillated in this manner it could be moved with little difficulty. So the priests struck the stones with their staff as an aid in conducting these energies to it.

The light body is an energy body but these are second and third order energies. The etheric levels, the true energy environment, is also second order in nature and it includes third order energies as well. The electric field provides the background for experience in the etheric. Energy structures are quite feasible with these complex energies. These same energies are used in our brain and mental faculties, so you cannot explain mental activity simply in terms of our ordinary kind of electricity.

This brings us to the third type of motion and energy. This kind of motion is movement in three directions at once. Among other things, this type of motion provides for the true type of movement in space, which is teleportation. Third order energy has to do with those forces which enable an object, or matter, to be in a specific place and allow it to manifest, regardless of what dimension or place it may be. When an object teleports, it moves from point A to point B without traversing the intervening space, as it would with linear

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motion. The concept of moving through some sort of "hyperspace", the favorite of scientists and science fiction writers, is simply a holdover from the assumption that linear motion is the rule of the universe. There are degrees to which an object can be manifested and this should not be confused with materialization in a dimensional sense under the influence of second order energies. Properly speaking, materialization is the movement into or out of a dimension and is second order in nature. Manifestation is the provision of the thing to begin with, has to do with the "universe" that the object is in and allows it to be, to be aware as defined in the first Devic 'dimension' .

The basic energies of the universe are third order and with them you have control of the second order and tempic energies. They are associated with the magnetic field and if you want an oversimplified statement, a magnetic field of the kind that we think of in our world is the result of an object, or matter, not being fully centred in its outer manifestation. In other words, if you put pressure on an object to make it teleport there would be magnetic anomalies associated with it before the actual teleportation takes place. On the other hand, the use of strong magnetic fields, (our kind), can bring about teleportation under some circumstances.

It is interesting to look at the apocryphal story of the Philadelphia experiment. Supposedly a very strong, pulsed magnetic field was used to try and obtain invisibility. Such a field would do two things. First it would negate the usual boundary conditions associated with the speed of light as we know it so that the space enclosed within the field would no longer function according to our usual laws of physics. As a result, anything that was within the field would not appear to be there. The second thing has to do with the frequency of the pulsations. The Human brain uses second order energies as well as the linear ones that we are familiar with. If these second order energies are disrupted you have serious brain malfunctions. If you pulse a strong magnetic field within the range of the brain wave frequencies, these strong magnetic fields disrupt the second order energies via a resonance effect. This brings on the various kinds of mental conditions told about in the story. We do have the potential of a personal ability to teleport, and with this kind of brain dysfunction this potential becomes a spontaneous possibility in some cases.

The many UFO reports are also full of phenomena which demonstrate second and third order energies. If you assume a propulsion unit that is designed around the use of third order energies, you have a device which will simulate linear motion by the use of incremental teleportation. This means that the craft is continuously teleporting as a means of moving from one place to another. In this way it does away with inertia and centrifugal force, which are the bane of our high speed craft. With a third order drive, all that is required to turn a corner is to teleport off in the desired direction. This would look like a right angle turn to us but from the point of view of the craft there has been no change of linear motion, so no centrifugal force. The accounts of psychic and electrical effects from UFO encounters can also be explained in terms of the second and third order energies. Dematerialization of a craft uses second order energies and the visible effect of these sometimes will make the craft look as if it has suddenly left at a very high speed.

This is only a brief introduction to the concepts of the energies of a higher order than those that we have been familiar with. There are three higher orders of energy again but these first three are enough for the moment. However, a few general comments about them to help fill out the picture a bit. First of all, our measurement of time is not really a measure of time, rather it is a measurement of entropy. Movement in time, or time travel, is really a movement in the Racial consciousness and this is the fourth type of motion. There is an appropriate kind of energy associated with that. An object at rest exhibits zero time within itself, for time can only be postulated in connection with motion. This requires a relationship between two things that are moving in respect to each other. Time is not a continuous background to our activity but rather we "are" and everything "is" and time is something that we play with. The real background of this activity is the tempic field which provides for time but which is not time as we know it. We have intrusions into the present from other time periods and we have such things as planes and missiles skipping whole blocks of time as we measure it.

All three fields, the tempic, electric and magnetic can provide a background for activity, either separately

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or in various combinations. This means that we have to reference our activities to our self instead of to an outside phenomenon. The term "value fulfillment" has been used for this, as well as "interval of attention". However, referring the outside objective reality to our immediate point of expression does have some interesting results when applied to our physical universe.

There is a debate going on in scientific circles about the size of the universe. The red shift of the receding galaxies is used to determine this, along with some other factors. It is automatically assumed that the red shift, (the Doppler effect), means that the universe is expanding. It has long been stated in esoteric circles that light does not travel but what we are observing is the limitation of the physical dimension in its ability to transfer energy from one place to another, as determined by the tempic field intensity. This same thing could be called the relationship between energy and space when they are viewed from our earth perspective. The mass consciousness, the planetary consciousness and the built-in design factors are the determining factors here. As individuals we function within the parameters of the mass consciousness so that we all observe things in much the same way.

The nature of the tempic field is such that the "speed" of light is maximum at the position of the observer. At very large distances this apparent speed decreases. This produces the red shift that has been assumed to be caused by the distant Galaxies moving away from us as a result of the original Big Bang. However, the universe is not expanding in that way but the nature of the tempic field produces this result. A point is reached at a great distance from us where this apparent recession would equal the speed of light. At that point the effective tempic field intensity, from our viewpoint, has become zero. So we live in an apparent sphere with a radius equal to the distance at which the tempic field effectively becomes equal to zero. This is called the visual radius. This means that we do not have to postulate a beginning and an ending in time, for in one sense both past and future are all created at the same "time", at least it is one event that produces the whole thing. This is also in line with the idea that what we are looking at is a current creative process which creates time along with everything else.

Our environment takes in all three types of energy, the tempic, electric and the magnetic. From our present viewpoint the values of these three fields are essentially constant. The observer on the earth would see the limits of the physical dimension as being a sphere with a radius equal to the distance at which the apparent tempic field has fallen to zero. At this point the electric field intensity has not been reduced by a significant amount but it does become practically zero at an unimaginable distance further out, thus defining a sphere with a much bigger radius than the first. This is defined as the dimensional radius. The next thing is to move on out to where the magnetic field appears to have vanished and this is the universe radius, sometimes called the personal radius. These distances are meaningless in terms of our every-day concepts of length. However, these distant areas can be reached by using the appropriate kinds of energies.

We can think of our immediate physical reality, including the Solar system, as a unit of expression, a single note in the symphony of creation. For purposes of illustration, if you have a radio station such as the FM radio stations, and you modulate the transmitted radio signal with a musical note, you end up with a series of distinct sidebands. These are additional radio signals over and above the original signal and they are grouped around it. In a roughly somewhat similar fashion, if we take the original energy that provided for this physical dimension and modulate it with the various expressions of life that inhabit this system, then we produce a whole series of adjacent realities, right here where we are now. So we have a complex series of realities right here without having to go beyond our own back yard.

Other Solar systems are similar to ours and this concept can be extended to our galaxy and beyond. The sphere defined by the visual radius is full of such galaxies and those that are in the space beyond that would appear to have a negative value for the tempic field. So you end up with alternate negative and positive systems as you move away from here. In practice this thing is multi-valued and more complex than this. A system with a negative tempic field would appear to have time that runs backwards compared to ours.

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Science has run into the concept of negative time in their investigation of the world of the very small. What has not been realized is that they are dealing with boundary conditions and they are looking at things that can be in some other dimension, at least they see the effects of such appearing in this dimension. If we use second order energies, we can actually move into these other dimensions, without having to move any great distance in a linear fashion. A galaxy or solar system that is a long way past the visual radius could be just adjacent to us in terms of the second order relationship. Those regions that would be part of another universe would likewise be close by in terms of the magnetic or third order energies.

The primary purpose of this chapter has been to introduce the idea of other orders of energy and motion than our simple linear ones. There are three more basic types of motion. The fourth is the movement in "time", which is really a movement in consciousness, this being related to the mass consciousness in our own case. The fifth kind is related to the freedom of movement in the outer manifest creation. The sixth has to do with the freedom of movement within the personal expression within the creation. So this brief science lesson has been designed to stimulate a few new ideas about the nature of our reality. It is not supposed to be a proof of any of these ideas.

## **XVIII. The Measurement of Man**

Now that we have some basic concepts about consciousness and the nature of the external environment, we can go on and take a better look at the nature of our own personal reality and see how we relate to this creation. The manner in which we relate to the external reality can be set up as a set of seven dimensions, such as we did for the Human Race. These are the Seven Dimensions of Man. Our present physical world is one that we relate to in terms of the linear energies with the tempic field as a background for experience. The associated mass consciousness is the third element in this simple type of dimension that we live in. We can define this as the first dimension of Man. It is a very restricted type of reality so the ascending dimensions can be thought of as degrees of freedom, until we have the full freedom and mobility of the creation, both inner and outer. There are natural barriers between the dimensions even though to some extent we transcend those barriers even at the physical level. In terms of our larger reality we function in all of the dimensions at the present moment, even though this is not apparent to us.

The next degree of freedom has to do with the unfolding of the mobility inherent in the personal utilization of second order energies while in a physical expression. The Race is now experimenting with atomic energy as a part of the movement into the preliminary stages of the second dimension. In this dimension we will have a degree of mastery over the external physical reality. We will not have full control and mobility of the physical but we will be part way there. We will begin to understand the nature of the physical dimension as a second order construct. When viewed that way it appears to be quite different from the way we have been seeing it. We can begin to tap into the second order energies of the Solar system to provide for our energy requirements, such as the Atlanteans did. True solar energy is second order energy, whereas we have been thinking of solar energy in terms of heat and electricity which are linear. There is a relative second order motion between the sun and the earth and it is this motion that can be tapped into to provide a source that will provide our linear energy requirements.

The third degree of freedom is the one in which we have the knowledge and utilization of third order energies. The second dimension provided us with access to other dimensional realities but this third stage gives us the potential to move into other universes. As far as the outer reality is concerned we will be able to teleport and move directly into other dimensions, either through "mechanical" devices or by personal ability if the individual is sufficiently developed. This would simply be done by the exercise of the will.

These first three dimensions have to do with the unfolding of the full potential of the physical environment along with the corresponding personal growth and development. The major impact of the freedoms afforded by the third dimension apply within the immediate physical state but it will also enable the Race to associate with other dimensional realities. Full freedom of the physical state comes only with the fifth dimension where you can step outside of the physical into the energy levels and deal with it from there.

There are specific barriers between these dimensions, barriers of consciousness which by and large manifest as psychological conditions and experiences. The first three

dimensions of the Human Race were derived from the Devic Kingdom but the fourth dimension of the Human Race is the same as the fourth dimension of Man in this list. So in actual fact we are going from the first dimension of Man to the fourth as one complete process. This is a major step, one of considerable magnitude, for we cross two energy barriers and one consciousness barrier. In addition to this we also start to work on the preliminary stages of the movement into the fifth dimension. Some individuals will demonstrate the fifth dimension before the end of the present century.

There are major barriers between the first three and the second set of three dimensions. Between the first and fourth there is the tempic barrier, sometimes called the Racial barrier, as it has to do with the mass consciousness of the Race. Between the second and fifth there is the light barrier and between the third and sixth there is the personal (individual) barrier. The first three dimensions are usually physical but they can



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be applied in an energy context. The second set of three dimensions apply to energy expressions, that is, they apply to an energy body even though that energy body may be in association with a physical body, such as in the case where we move into the fourth dimension.

The seventh dimension is the final one, in which we have the full use of consciousness as a means of expression in addition to the energy and physical states. The most usual type of manifestation of this level in the creation is in an energy body of some kind. On the other hand, expression in a body of consciousness does not require that the individual be at the seventh dimension. For example, the Oversoul manifests in a body of consciousness but is not seventh dimensional. There are also immense variations and levels within each of these basic seven dimensions. They only

apply within the creation, for outside of that it is another matter again.

While these dimensions are listed in a linear fashion the actual implementation of them is not linear. We are becoming fourth dimensional at the same time as we are starting to unfold the freedoms of the second and third dimensions. At the mental level we already function in these higher levels to a greater or lesser degree. In dreams and in the astral states we also have a large measure of these freedoms. This gradually works its way out to the physical expression. The dream state is very important in the transition to the higher dimensions.

As the Race comes to the end of the old (Piscean) age it is coming up against a barrier which is the mass consciousness of the Race. From an individual viewpoint it behaves and looks like a Devic consciousness but it is the consciousness of Man. The "light workers" must maintain control and stewardship over this. This tempic barrier is sometimes called the Racial barrier. It marks the transition of the individual from the mass consciousness to the individualized expression, the Christ consciousness. This is where you step out of the incarnational pattern into being a direct physical expression of yourself.

In the fourth dimension you are no longer limited to one physical body as a means of expression. This develops in many ways for you realize that you are all of your incarnations, which are co-existent and viable, even as you are. You gain your freedom from the cyclic nature of "time" and you deal with it in a manner somewhat similar to the way that you deal with space. Technically, the fourth dimension is an energy expression and not a physical one but it is of too low an energy level to be self-sustaining apart from the physical expression. It is more usual to function at a fourth dimensional level in a physical body or in connection with the fifth dimensional body. For us, this fourth dimensional state is the first step away from the extreme polarity of identifying only with the physical body. The borderlines of self begin to get a little blurred and the division between self and not-self isn't as well defined as before.

The next boundary is the light barrier which gives us access to the fifth dimension. The parameters of the physical dimension are extended from a higher level of expression and consciousness. This barrier is the consciousness of an individual in the direction of the (externalized) spiritualized hierarchy, or Godward, if you wish. It appears to be an Angelic consciousness when viewed from the incarnation even though it is the consciousness of Man. Movement across the light barrier, sometimes called an initiation, means to be expressing in a true light body which is a body of second order energies. This is the light body that was manifested by Jesus after his resurrection. At this stage you have detailed control over the outer environment, which is the electric field. From a more practical point of view this gives us personal control over the conversion of matter into energy and back again into matter. This means that we will be able to manifest a physical body from the energy state and function in the physical. To do this, however, you will have had to have learned how to operate in the physical prior to this by actual incarnational types of experience, such as in the Human Race.

The next major hurdle is the individual barrier. As the individual looks within there is another barrier which is the individuals' own consciousness, extended from the higher levels. This appears as the

consciousness of Man and it is the individual's connection into his own larger reality. It provides an inner mobility, whereas the fifth dimension provided an outer mobility in the created universe. At this sixth level you become an active agent of creation. You have full freedom of the creative process consistent with the energy level of expression. At this stage the body is a third order energy structure.

The next step into the seventh dimension is one wherein we start to use consciousness as a means of expression. The intervening boundary from the energy levels could be called the consciousness barrier. This seventh stage is not divided up into the usual tempic, electric and magnetic divisions as before but these still exist as stages within the one larger dimension of consciousness. This is consistent with the nature of consciousness, which is homogeneous, hence it does not have internal subdivisions. It does have patterns which manifest as divisions and differences at the energy and matter states. At this level you learn control over the life forces as you function as a Son of God. You are multidimensional in the fullest sense of the word and you end up using the fullness of creation as a personal means of expression, both inside and outside of creation. The individual functions in bodies of consciousness as well as in the other levels and states.

The basic types of expression are: first the physical in a body of matter, then in an energy body in the etheric, and finally in a body of consciousness in the celestial. Each type consists of setting up the appropriate spectrums in matter, energy and consciousness. By manifesting and living within the terms of these spectrums we gain a mastery over them and graduate to the next stage. At the seventh dimension we work on the major polarities of creation. The Father-god is Might and Power, the Mother-god polarity is Omniscience and Thought. The final one is that of God the Son which is Christ and Love. With the completion of these we function as the Unmanifest in creation. In this way we have moved from the one self in a physical body to the one Self that is the all of creation and then we explore all of the creation between these two extremes.

**THE SEVEN DIMENSIONS OF MAN**

	<b>Tempic</b>	<b>Electric</b>	<b>Magnetic</b>
<b>Matter</b>	1st. Linear motion Experience in time and the mass consciousness.	2nd. Second order motion. Dimensional forces activated. Levitation.	3rd. Third order motion. Full use of physical dimension. Teleportation.
	<b>Racial Barrier</b>	<b>Light Barrier</b>	<b>Personal Barrier</b>
<b>Energy</b>	4th. More than one physical expression. Freedom from cyclic nature of time. Mobility in time. Tempic light body.	5th. Detailed control over the outer environment. Expression in a 2nd. order light body	6th. Active agent of the creation. Freedom of the creative process. Freedom of the inner personal reality
<b>Consciousness Barrier</b>			
7th. Dimension. Consists of three subdivisions of consciousness. Patterns manifest as divisions and differences in physical and etheric. Consciousness is used as a means of expression as well as energy. Full freedom of the creation. Control over the life forces as a Son of God. Functions in creation and outside of it.			

(Beyond Creation)

## **XIX. Letter to Seven Churches**

As a diversion it is interesting to compare the way that Man relates to his creation in terms of the seven dimensions with the seven letters written to the seven Churches in the Book of Revelation of the New Testament. This is not done in order to prove something but there does appear to be something that the two have in common. This is not a rigorous treatment of the subject, rather it is an observation of the perceived similarities. In Revelation each of the Churches were given a promise, a reward for those who would overcome. It is this reward that I wish to examine for the idea of overcoming has been used in connection with the movement through the various barriers associated with the seven dimensions of Man.

The overcomers in the Church at Ephesus were promised that they would eat of the tree of life. In the Qabalarian tradition the tree of good and evil is the cycle of fixation and destruction that the Devic world is subject to. By extension it becomes the life-death cycle of the incarnation process. The tree of life is the continuity of being which is associated with going beyond the pattern of incarnations. This is precisely what we do when we move out of the limitations of the present third (Human) dimension. Moving into the fourth dimension sets us free from the cyclic nature of time and from the mass consciousness.

The promise to the Church at Smyrna was that the overcomers would not be hurt of the 'second death. The first death, which is physical death, has been dealt with in the first promise. The second death is the death to the third dimension, to the free-will consciousness. This is the death referred to in the twelve steps of moving into the Christ consciousness. This is a much bigger "death" than a simple physical death and the promise is that we will not suffer from it. In the same sense the incarnation into the physical has also been considered as a death in comparison to the higher states of expression. This is also a part of the second death. The opening up of the physical dimension to the freedoms that are inherent in it is also a freedom from this second death even while still in physical form. This is a part of the third and fourth dimensions of Man.

The Church at Pergamos was promised that they would eat of the hidden manna and they would be given a white stone with a new name. Part of the process of coming into the Christ consciousness is the Homecoming, when you find yourself as a new family member in your own larger reality and along with this a name appropriate to the new position. So you step out of the old name associated with the incarnation and take on a new family name. This name is a recognition of the inner changes. The hidden manna is a reference to the new types of energy inherent in the Christ consciousness, as well as to the new way of energizing the outer expression wherein we become a planetary and people environment. We tap into our own internal creativity and ourselves as the Source.

The Church at Thyatira was promised power over the nations and the morning star. The power over the nations is a reference to the overcoming of the mass consciousness and following on that you become a multi-dimensional being with many focal points of expression, thus power (of love) over the nations. The morning star refers to Venus, the planet of Love, symbol of the basis of action in the Christ consciousness.

The overcomers of the Church at Sardis were promised that they would be clothed in white raiment and the Christ would confess their name before the Father and the Angels. The white raiment is the light body of the fifth dimensional expression. This is a further stage of the Christ consciousness whereby you have detailed control over the external reality via the manipulation of consciousness. So the Christ consciousness means that the Father-god principle is invoked, for consciousness is the extension of the Power of God and this is administered by the Angelic Kingdom.

In the Church at Philadelphia the overcomers were promised that they would "be a pillar in the temple of my God and write upon him the name of my God and the name of the city of my God, and a new name". At

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this stage you are an active agent of the Godhead, in the sixth dimension, hence a pillar in the temple of my God. The name of my God refers to the fact that you then function in terms of your own Godhood. The name of the city of my God is a reference to the inner city of Self. The new name is the one that is appropriate to this overcoming of the polarities of matter and energy that is inherent in the completion of the sixth dimension.

The final promise is to the Church at Laodicea and it is that they would "Sit with me in my throne". This is the full control over the life forces that is a part of the seventh dimension. It is also a reference to having emerged fully into your creation as the Source, so you sit with the Christ in his throne, for the Christ is the fullness of the presence of the Unmanifest in his creation, which is love.

## **XX. Palace Revolutions**

You may have noticed that the chapter on the Inner City of Self and the one on our historical beginnings have a lot in common. This is not accidental for it is in this present period of time, the beginning of the Aquarian Age, that the two separate subjects meet on the common ground of our own individual experience. The past and the future meet at the present moment and we are always in a process of change. It is difficult for us to visualize the nature and extent of the change that is taking place. We step from what has seemed to be a single incarnation to being the sum total of a myriad of lives. From a simplistic linear expression we step into a vastly expanded physical reality plus a totally new (to our present experience) expression in an energy body. In addition to this, instead of only being half here, limping along on the Father-god part of ourselves, we step into the fullness of the creative process and manifest the Mother-god part of ourselves. There is a lot more to be done than just putting a new paint job on the old model. We do not come into this inheritance by taking a few weekend workshops or by attending appropriate seminars.

Nobody waves a magic wand over us to accomplish these changes. Instead we go through very specific and predictable experiences, which implies that there is a process at work. The change-over is a personally experienced thing even though it may seem to be a little mysterious at times and not just a little frustrating. The Race as a whole will not be going through these major changes for a while yet, not for a few thousand years, perhaps. A number of individuals will be demonstrating the complete transformation into the fifth dimension by the end of the century. The pattern that was demonstrated by Jesus and those with him, two thousand years ago, will be re-set into the Race in this manner. The process of change is now under way within the race and people are doing what has to be done in their lives in preparation for this, without realizing the significance of what is happening to them.

All processes require some sort of setting for action. They do not operate in a void. The process of transformation comes about by the interaction between people, some in the physical, some not in the physical. However, the final steps have to be manifested in the relationships between physically incarnate people. This is why they have been called the relationships of transformation. At the purely physical (matter) level there are male and female relationships as the most obvious polarity. These we are quite familiar with. Our personality can be considered to be an energy expression and this can be either male or female but it does not have to be the same polarity as the physical body. Then there is the inner polarity, that of consciousness. These correspond to male and female but they are better characterized as the Father-god and Mother-god polarity. This brings about relationships that are more profound than either of the physical or energy types. This kind of polarity is the normal kind in the etheric levels where consciousness is the basis of inter-relating.

The incarnation-oversoul relationship is a consciousness type and as such is a powerful force in our present reality as several of them are starting to come into the physical setting. It is the high energy levels of these, intruding into the every-day life, that is the fuel for the process of transformation. Any relationship between someone in the Christ consciousness and an individual at the free-will level is a consciousness type, so these are definitely not limited to twin-soul situations, even though that designation is broader than a pure Cain-Abel polarity.

What we are seeing is the intrusion of the consciousness level relationships into the more common personality relationships that we are accustomed to. The high energy levels of the inner reality bring about situations that are quite different than normal, along with the corresponding problems that cannot be dealt with in the old ways. These relationships have very specific characteristics and they are starting to manifest within society even without obvious inner relationships. One of the preliminary effects of the so-called second coming of the Christ is an increase in the inner life forces with the result that people generally are experiencing increased emotional and mental strains. Sometimes there are corresponding outer situations but these are the carefully engineered result of a need to move out of the third dimensional stage.

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Basic to a consciousness relationship is the high affinity (love) evidenced between the people involved. The second attribute is the non-functional nature of the relationship simply because the high energy levels do not fit into a personality situation. They do not fit into the nice and tidy accepted patterns of our society. In a basic twin soul relationship the objective Cain and the subjective Abel function in diametrically different ways, thus adding fuel to the high energy situation. An intruding consciousness relationship will on occasion trigger an altered state of consciousness for a shorter or longer period of time in those involved. It should be pointed out that a consciousness relationship does not have to be a polarized male and female type. Any kind of relationship between two people can mature into the consciousness level from which it comes.

There are several points of interest regardless of where you may fit into the larger structure of yourself, when you start to move out of the free-will consciousness. As an aid to understanding the symptoms of the process, the following partial list will provide some insight:

1. The physical reality is one in which you live in a sea of emotional energies and this is associated with the fact of Devic life and living in a physical body. This is tied in with the tempic energies. This emotional reality is a primary factor in the physical world but in the etheric the concept of love goes beyond emotions as you know them.
2. A characteristic of life in the physical, associated with the body and the tempic energies, is the limited energy range possible under these circumstances. So even though you have activated the emotional energies of yourself it has been in a limited way, in keeping with the dimensional reality.
3. As a result, for yourselves to live in the physical under the third dimensional conditions, it was necessary to place severe restrictions on that life, especially as it has had to do with the emotional reality.
4. So now you have a situation where the emotional reality has been activated but along with this there are the third dimensional blocks or defenses which are common in the world. These have to be removed.
5. These blocks necessitated the establishment of the rules and regulations which are so much a part of the various societies and cultures. These have become all pervasive, so much a part of life that they become more important than people. They then moulded their lives after these requirements so that each person became a carbon-copy of the pattern or culture, either in conformity to it or else in rebellion against it.
6. It is now necessary to move out of the third dimension, the free-will level of expression. It is necessary to dispense with the entire system of limitations and move into a condition of freedom, where the higher energy levels can be utilized and expressed.
7. The next level of consciousness is comprised of a base of emotional energies constituting the outer fact of expression, first in the fourth dimensional physical body and then in the fifth dimensional light body. This is balanced with an increased opening up of the inner reality. This is the so-called marriage of the conscious and the subconscious, (which in this case is the super-conscious). Then you dwell in the junction of these two spaces.
8. This junction is your mental aspect which is heightened by and fed from the higher consciousness and lived out and dealt with in terms of an expanded emotional reality and expression. This mental self, the expression of the mind, then becomes the executive in this situation as well as the expression of yourself.
9. This all means that as you approach the first stages of implementing the Christ consciousness in the physical it is necessary to put aside all vestiges of the physical conditioning as it applies to blockages, the defense mechanisms, all of those things which would be an impediment to the flow of the more

intensive energies of the emotional reality of the next level of consciousness.

10. The removal of the blockages in this situation has some definite contrasts with the process as it applies to removing neurotic conditioning of the third dimensional setting. An individual in the third dimension can be more or less free from neurotic defense mechanisms and emotional blocks and still function within the terms of reference of that society. As this process is applied in the case of a change of consciousness there is not only the removal of the internal blocks but there is also the removal of the external ones which are part and parcel of the structure of society. It appears to be a lawless and amoral process.
11. As this process is set into place it often utilizes this very contrast as an effective tool in removing blockages, simply by establishing situations which fly in the face of accepted behaviour and making such situations stick in spite of the discomfort involved.
12. Such applications are personally applied through the high-self and other close friends and in conjunction with physical individuals who "are also" involved in "the same process. The individual application cannot be too highly stressed.
13. The established situations, even though they seem to be contrary to the normal practices and judgmental values, are actually a part of the incoming field of relationships. They are not contrary to that and they reflect some of the high energy states associated with the new reality.
14. As a result the situations set up some high stress factors which would normally be countered or avoided by recourse to the original defense mechanisms in a more intense form. This is avoided by establishing very firm evidence of interference by the high-self in establishing those conditions, as well as a continual re-enforcing of the original energies.
15. It is only necessary to start one individual on this pathway in conjunction with several others but with one person in advance of the process. This allows the rest to follow and so provides for a massive movement to take place within all of these individuals.
16. The very nature of the incoming energies associated with the next level makes it quite easy to implement the conditions required for breaking out of the old pattern. These energies are applied personally, as stated, and they are tailored to suit the individual needs.
17. It is the stress factor that provides for the switch into the next level of emotional involvement and expression in spite of the third dimensional resistance to it by the individuals meeting such situations. The individual is forced to fight against himself in these cases and then it appears to be designed to bring about a nervous breakdown were it not for some compensating factors that arise. A large part of this is the prior knowledge of the process and of the end results to be attained.
18. The stress factor is maintained both by the resistance to the old patterns brought on by the obvious benefits of the fourth dimensional emotional situations and the seeming impossibility of establishing a new state of affairs within the confines of the third dimensional society.
19. The stress factor uses the defense mechanisms as a tool to increase the internal pressure and to make the third dimensional reality invalid as a way of life. The deficiencies and the inadequacies of the old pattern are brought to the surface and emphasized at the personal level.
20. At this stage it is well to point out the differences between this process and the normal techniques which are used to eliminate or diminish emotional blocks and the defense mechanisms. The normal techniques are designed to allow the individual to function in a more efficient and fruitful manner in the

physical world. The process that the high-self uses takes those defense mechanisms and uses them against the individual to propel them into the next level of awareness. The coping mechanisms, the blocks, the defenses are pushed to their limits and beyond (as in the case of a nervous breakdown) in order to allow for the revelation and demonstration of the higher level of consciousness. This is the Judas factor and it is used in many forms. It does use the frailties and the weaknesses of the individual to accomplish the break through.

21. Normal stress removal techniques, of which there are many well known kinds, remove blockages installed as a child when there was not the reasoning faculty to cope with the original problem. So an adult coping mechanism replaces the immature mechanism.
22. The seemingly well adjusted individual, the one who has learned to cope with the world and is able to live a happy and fulfilled life, is a good example of a third dimensional person who has established a good set of defense mechanisms, designed to keep that person well within the third dimensional reality. It is this type of person that can become the most devastated by this process of change for it completely upsets their very satisfactory life pattern. Such a breakdown can be brief but very severe. They will emerge out of this and be quite different than before and by third dimensional standards somewhat less than before.
23. Some of the most well-adjusted people are those who are at a high level of consciousness, very capable of meeting the world on its own terms and enjoying it in more and better ways than most. This only means that such people have devised a better coping mechanism than most and this has to be removed. Such people go through a crisis period in which the Judas principle is used. The inadequacies of the third dimension are stressed and emphasized and the normal methods of grounding the excess energies are no longer adequate.
24. So in a classic case the stress factor is built up and maintained at a high level for a period of time. Concurrently the guides and high-self deal with the individual on the basis of the second order energies rather than the tempic and this is why such a person, if they are in receipt of communications, will mistranslate all messages having to do with time. To put this another way, they are forced to operate on the basis of second order energies while within the tempic reality of the physical world. This creates a period of intense confusion in some areas. This adds to the stress.
25. Coupled with this phase are several real live examples of the process in various stages of development that are brought to the attention of those involved. These both illustrate and validate the process up to that stage. Also, as such individuals are part of a more immediate intense group, there are several moderating factors, such as the support and love that manifests between the members of that group. This is a foretaste of the next level of emotional reality.
26. Once the stress factor has built up to an appropriate degree, (the three days of darkness), then there is a rapid flip of the third dimensional reality. This is the installation into the fourth dimensional self and such a person functions naturally and without effort at the new level. Such a process can be very quick, a matter of hours, or it may be spread out over a week.
27. With this change a person then functions in a stress free reality much to the consternation of those with whom they live and relate to. They completely upset all conventional rules and regulations and seem to defy all survival and psychological rules and enjoy doing it.
28. Coupled with this is an intense joy of life and abundant energy, which spills over and affects everything that it touches. There is evidence of an unbounded love and an ability to deal with the world on a totally free and expansive basis.



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29. The actual process of change that was referred to as the "flip" is an interesting phenomena. There are three parts. First is the recognition of the process, the inevitable stresses, the realization that there is really nothing that can be done about the process except perhaps become resigned to it. The second phase is a short period of very high energy levels as the movement into the next stage of consciousness is achieved. The third thing is the dawning revelation that follows as the inner consciousness is opened up to the outer consciousness.
30. The third phase of the last statement is then prolonged over a period of time while the actual change is consolidated and anchored into the physical expression. This is usually a moderate period of time., usually a few months during which the other members of the group also undergo their own similar changes. They all start to become aware of and to utilize some of the first emerging fourth dimensional abilities associated with this stage.
31. There is a further period, usually measured in years, wherein the combined expression of the energies of the group have a profound effect upon the community and the Race, usually accompanied by rather destructive elements in the physical and geophysical environment.
32. Following this is the emergence of the fourth dimensional state for the Race and the planet as they go through a similar period of consolidation. This is done on a mass consciousness basis, not on an individual basis. It is the mass consciousness which changes, taking with it all of the rest of the people.
33. The last phase is the final destruction of the old third dimensional reality while the mass of the people are prepared to cope with this and wait out the process of physical change in the world.
34. At this time the "Appearance of the Christ" and the Christ consciousness is a physical and viable factor in the Race, guiding it to its ultimate graduation from the physical to the etheric.

## **XXI. Our Plant and Animal Friends**

The Devic consciousness is included in and is a part of the consciousness of Man. Nevertheless, the Devic Kingdom is a manifestation of the Source in its own right and it has its own line of progress and development. It has a specific role to play within creation. This can be briefly described in a set of seven dimensions which outline the way in which the manifested beings of the Devic Kingdom relate to the outer creation. The first three of these are the ones that the Human Race borrowed but the last four are unique to the Devic Kingdom.

1. 1 The first dimension is to be aware, but this is not self-awareness. It is defined as being part of a system, of being included in the local creative package.
2. 2 Freedom to move, but no knowledge of movement. This is saying that whatever there is in the creative package can interact and participate in the activity therein.
3. 3 Freedom to be aware, to move and with purpose. This is the usual level of the Devic Kingdom as it presently manifests in this planet. There are a few exceptions.
4. 4 The individual Devic expression has a measure of self-awareness, deliberately using the intellect as a device at the expressed level to rationalize and project future activities on the basis of personal experience. There is no true identification with the point of manifestation, even though there is a measure of built-in independence and the ability to think and project future plans.
5. This brings in a measure of the larger reality associated with the Etheric Emergence level of consciousness and it allows for the interaction between various inter-dimensional aspects of the kingdom, in a deliberate way. There is a complex interplay between the various dimensional aspects so there are not the same barriers that we see. It is the bringing together of many fourth level expressions into a larger scheme of things, thus providing for a unity within the outer manifest part of creation. This also includes the interplay between the inner and outer reality but these terms mean something different in the Devic Kingdom than they do to us.
6. The sixth dimension is the true area of combined intelligence relating to the Devic Kingdom. It is a level where the Devic consciousness is becoming closely related to the source and in this case the practical presence of the source is the consciousness of Man. This is the practical area of co-ordination between the Devic Kingdom and the inhabitation of the creation by Man. Out of this there arises three directions of expansion, apart from the preceding phases already covered.

The first has to do with the unfolding of the Devic consciousness so that it becomes a further consciousness of Man as derived from within the creative system. In a sense it becomes a sort of a network for the ongoing and developing psyche of Man, a framework for expansion. This is not anything like transmigration but it is rather a logical process of development of methods and means of creation. The second direction is an ongoing means of expression related to the Devic consciousness directly, in which it attains unto its own individuality and creatorship, so essentially it develops the qualities inherent in the consciousness of Man. The third direction has to do with the further development and enhancement of the Devic Kingdom within the terms of creation but this is an open-ended direction of expansion.

7. The seventh and last dimension of the Devic world corresponds to the culmination level of the Devic consciousness translated into the inner and outer reality. It contains the last three elements

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which in a real sense represent the three-fold aspect of creation again as it applies to the Devic Kingdom.

The first direction is the Father-god aspect, providing for the ongoing reality and out-thrust and creativity of the Devic Kingdom. The second direction is the Mother-god aspect which is essentially the body of expression set up by the Devic Kingdom as a means of functioning. It is a self-governing and self aware part of the creative system and it is a container, or vehicle, for the last direction of movement. The last part is the inhabitation of the Devic Kingdom by that element of creation which gave it birth and emergence from beyond creation This in turn provides for the duality which is also an essential part of the development of Man. This is the further expansion and development of creation, plus a relationship with and the development into that which is beyond creation.

This three-fold means of creation is then one expression of a reality within the Source of creation and as such has a validity beyond the creation. At this point, it is not possible to define what it is that is beyond creation, whatever it is that is the Source. Most people call this God, which is as good a symbol as any.

## **XXII. Energy Unlimited!**

The concept of types of energies other than the simple linear kind that we have been accustomed to is new to most people even though there are direct examples of these higher order energies in our world. It is desirable to consider some of the possibilities and implications of these other versions of energy. This is not being done in a rigidly organized fashion but rather it is a discussion of the way that they fit into our every-day reality. The entire purpose of this book is not to provide a tidy framework of concepts, instead it is designed to stimulate a bit of thought about the open-ended nature of the creation that we live in. In any case all of this material is but a scaffolding that will have to be taken down once the real building is revealed.

This thing we have called second order energy is really a class of energies even as our tempic energy is a class of energies. These second order energies underlie the whole fact of our physical expression and we use them in the more physically oriented parts of our mental processes. We are familiar with them even though we have not recognized them for what they are. They form such an integral part of our whole mental functioning that we cannot see the forest for the trees. Now it is a matter of unlocking these energies from out of the processes that we take for granted when we are thinking or otherwise interacting with the world. Even thinking about moving your arm and then moving it utilizes second order energies. The desire actually arises in the consciousness and then is translated into energy and finally into linear motion.

If you have two apples in one basket and two more in another, you can mentally add the two together and get four apples. If you have two apples and two oranges you can still add them and get four "things", or four of whatever you might want to call them. It is second order energies that enable us to think in a multi-dimensional fashion instead of just in a linear manner. This is the primary difference between our thinking process and a computer. A computer can be very fast and it can have a very large capacity but the processes are all linear no matter how complex they become. While the possibilities of this linear technology are greater than yet realized there is a limit to what can be done in this way. If the computers are going to imitate the brain they must use second order energies even though the end result may have to be translated into linear terms for assimilation. Computer memories will have to use holographic principles to overcome some of the present limitations. However, once second order energies are properly used in a computer you will have one that is not subject to our present time limitations. This will make for some very interesting capabilities.

The vision process of our eyes is another good example of where these higher order energies are used. In practice we concentrate on a small portion of the field of vision available but the fact remains that we use the complete field. The image is not scanned in quite the same way as it is done in a TV camera. The picture is present all of the time and this is only possible because the information carrying ability of second order energies is multidimensional. If you think in terms of purely conventional nerve impulses such as are used to activate muscles, as in Devic organisms, then you have finite propagation times. Second order energies are not limited to the linear time/distance relationship so there is an effective increase in the field activity in the sense that the propagation of such signals would appear to be instantaneous.

Light is a boundary condition of our physical dimension. We perceive it in linear terms and so it appears to be subject to the time/distance relationship that we are familiar with as the speed of light. It is safe to say that all second order energies appear to be at the boundaries of our physical dimension. Their effects that we are aware of are always subject to the limitations of the tempic field if we observe them in linear terms. A camera is a good example of this. The picture formed by the lens is all there all at once. The total information contained in the image does not require time to be formed. I am not talking here about the so-called "time" that it takes for the light to "move" from the object to the image. Translating the image on to the negative emulsion does require time. The same is true of a TV camera, for the formation of the image is effectively instantaneous, (across the plane surface of the image), but the scanning process does take time,

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as it is a linear process. Some people have reported that they have experienced 360 degree vision on some occasions. This is not possible with linear energies, but it would be normal if we were using a vision system that used second order energies completely.

In considering our thought processes we are accustomed to thinking of speeds related to linear activities, especially when we are thinking of the associated signal processing. This has been deliberate simply in order that we could function in time. This is one of the prime reasons for taking on a physical Devic body. Now that we have acquired this ability to function in time we do not appreciate what we have accomplished.

There are times when we disassociate from the physical brain and this implies that there is a non-physical brain as well. When we separate from the physical body such as in the dream state or in astral travel we leave the linear mode behind and then pick it up again when we awaken. The astral regions can be thought of as the sub-conscious of the Race, for it comes about as a result of living in the physical dimensions. Even though the astral arises from the physical it can be considered as a pseudo-etheric construction. As a result it normally functions with second order energies and it is not limited to our time concepts. This is one reason why you can dream of the future as well as of the past.

There is a lot more to our memory than just the entering of data into some sort of a super computer in the physical brain. There are energy constructions that are a part of the brain system. These are reflected into the physical brain where there are their counterparts. These energy constructions are not limited to our tempic reality, so they transcend time as we know it. One spin-off from this is our memory, which is associated with the astral body. With the memory being something that is made up of these complex energies, it actually contains the future as well as the past. What we have done is build an interface between it and our outer personality so that we function in time and we think we have a simple cumulative memory. So once something has been entered into our memory it is available in the future as well as in the past. This state of affairs may seem ridiculous to those who are fully caught up in time.

In effect, our memory exists beyond the boundary of our physical system. As such it appears to have a holographic quality. If we look at this from a simplistic point of view we might be inclined to say that our future is determined already if it is now in our memory bank. This is not the case because the real flow of experience is at right angles to our time-oriented system and the past, present and future are always in a process of change. Another way of saying this is that the real activity of ourselves is of a higher order than just a linear tempic system. It is this continual flow of life energies into our present physical reality that energizes it. This thing we call entropy is simply a means of distributing this inflow of energy.

If we are going to examine our mental processes properly we have to back off from them and use something other than the second order energies of the brain. An analogy for this can be derived from the way that we see things. To view a small object we use a wavelength of light smaller than the object being viewed. Not only that but light is a boundary condition for it is at the edge of our dimension. So we actually move to the edge of the dimension in order to see anything. We have to take a step back from the thing being observed, at least the equivalent of a "quadrature step", such as is done with the boundary condition. So if we are going to examine the way our brain actually functions we would have to use third order energies and the associated consciousness.

We can use these higher order energies to affect things outside of ourselves but this is more than the usual concept of psycho-kinetics. For example, if we look at a stone we see only its external physical form, complete with all of its physical nature and obeying all of the normal physical laws. In the usual idea of psycho-kinetics we try and manipulate the stone with our mind powers but it usually just doesn't work very well. On the other hand, if we have the ability to sense the stone in its energy or consciousness form and exert second or third order forces on these directly, then we would alter the associated tempic forces as well. We would then be able to manipulate the stone in some way. If we were using third order forces we

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could make the stone teleport. If this is not done right the stone would return to its original position sooner or later. If you are exerting a third order force the actual control is from yourself as you are outside of creation. You function as the creator, even though you appear to be in the creation.

We might as well complicate things a little more. In practice there are three levels associated with each of the three orders of energy. So in speaking of second order energies being associated with the Devic brain and thought processes, there is a specific level of second order energies involved. It is possible to manifest in a body of matter, energy or consciousness. There are three classes of energy in each category so there is a system of nine basic variations in the means of manifestation. To put this in a more linear fashion, if you take into account the three orders of energy there is then a basic system of twenty-seven variations in the means of manifestation.

All of this is saying that as we move into the fourth dimension we are being confronted with a very complex creation. There are more forces and energies and ways of expression than we could have dreamed about. This will put a bit of a strain on things for a while.

The decay rate of radioactive elements is another thing that can be altered by a change in the tempic field intensity. The decay rates are supposed to be very constant. As with the speed of light, the rate of decay varies with alterations in the associated tempic field. The experiments with orgonne energy, a type of second order energy, produced a change in the radioactivity of the elements. The use of the orgonne accumulators not only affected the radioactive elements but by altering the local tempic and electric field there were what appeared to be negative forces or conditions. This is because the accumulators affected the mental processes of individuals who were close to them. In other words they were mind-altering just as some chemicals are.

Second order energies have been defined as being parallel to or along side of the physical dimension. They invariably operate through the boundary conditions of the dimension. They cannot be located in a specific place unless they are in association with an object that can be located in our space. They do not act with reference to our time concepts, which is another way of saying that they cannot be measured or detected with our time based instrumentation. Most effects of second order energies would appear to be altered states of some kind.

These second order energies enable us to by-pass the severe limitations of space which are imposed on us by the tempic field. These energies cannot be defined in terms of our space but they are intimately associated with space. This brings us back to the subject of boundary conditions and opens up whole new fields of investigation. If we have boundaries then there are ways of crossing over or through them. We can move out of our physical dimension, which up to this time has been conceived as being located in space without any other parameters for reference purposes. However, it is possible to go to a distant place without having to traverse the intervening distance. So our physical dimension can be located in ways other than in space. There are specific exit and entry ports for this dimension and they need to be located and defined so that we can know where they go to or come from. It is one thing for a UFO to dematerialize but it has to go somewhere in the process. Some of these entry ports can be associated with certain energy configurations of the planet which can be located spatially but the vast majority of such ports are built into the boundary conditions and so are available everywhere. UFO's must enter and exit through specific ports, which makes the process of cosmic navigation a little complicated.

Our present scientific establishment is preoccupied with the structure of the atom and the sub-atomic particles. This is valid enough in its own right but this has been described as the investigation of the nature of the paint on a fence without any recognition of the fence itself. What there might be on the other side of such a fence has had even less consideration. The subject of boundaries and boundary conditions takes on a new significance once it is realized that the physical dimension is something like a "bubble" of reality which exists along with innumerable other places and spaces of inhabitation. The theory of relativity is

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valid enough as long as it is applied to the dimension as it functions within the limitations of the tempic field. This field provides us with our present relationships between time and space, between space and energy. These relationships are then governed by ourselves as a Race, as the observer and creator of them.

A result of this is that the barriers to our physical dimension are, in part, governed by our perception of them. I have made reference to the visual radius already, but that is not the only one that we can find seemingly located in our space. It has been theorized that black holes have an event horizon with the concept that light cannot escape from within this horizon because of the immensely strong gravitational field. The high concentration of mass in the black hole completely alters the tempic field and the associated electric field. So at the event horizon the effective tempic field appears to be zero because there is the same practical effect as at the visual radius. So here we have two boundaries that we can locate in a spatial manner. One is a large sphere that we find ourselves in and within that are those locations which are also spherical which are further boundaries. We exist at a point between these two extremes.

As we approach a black hole the apparent tempic field intensity decreases but the electric field increases. This signals an increased complexity of reality and higher energy levels. What appears to us as the event horizon becomes a specialized region of inhabitation. It marks the transition into a higher (energy) dimension. Dimensions are like ourselves and as we move into higher levels of our own reality we become multi-dimensional. Looking at all of this from a linear viewpoint makes it difficult to visualize. If we were expressing in an energy body and using the electric field as a background for experience, black holes would present an entirely different picture to us, as would the rest of the physical universe.

If we were to move in the direction of the dimensions represented by a black hole, the electric field becomes the dominant factor as it does in an energy state. The tempic field becomes a sub-field and under these conditions takes on a multi-valued state, giving rise to a multiple choice of time conditions. This is somewhat like a single note and its harmonics. (Do not take this to literally). Accordingly the physical conditions would be quite different from what we are accustomed to here on this planet. This is one of the directions towards the higher dimensions where the physical merges into the lower etheric levels. The physical dimensions are at very high energy levels under these conditions.

This brings in the subject of using the tempic and electric fields as the background, or basis, for experience. In some planetary conditions the practical electric field intensity can be quite low, to the point where living on that planet would be comparable to living in a physical environment with a very high tempic field intensity. These two different situations would then be comparable. This was the case when the Elder Race lived on this planet. They lived under conditions such that their "experienced rate" of activity was comparable to the planetary life forms. This way there could be a measure of interaction between all of them, even though the Elder race did not function in time as we know it. They could observe the planetary cycles and compute the equivalent time cycles. From a practical point of view, their moment of "now" was smeared over a large period of Devic (planetary) time. This made special cultural and technical considerations necessary.

There are physical dimensions where the energy level of the tempic field is not comparable to the electric field energy level. The astral regions display this condition. Technically they are physical, having been derived from the physical. The higher astral planes are considered to be pseudo-etheric for they function like an energy environment. Where the electric field is predominant the tempic field becomes a medium of considerable flexibility. The tempic field is the main consideration here on this planet and so it provides what appears to be quite stable outer conditions. In the astral where the tempic and electric fields are higher than here the outer environment becomes more fluid and subject to change. In the etheric the sub-tempic field provides a medium of great fluidity of expression.

These few comments can only serve as a hint at what this creation is all about. From our present viewpoint in the old third dimensional state the whole of the creation is before us to explore.

### **XXIII. East is East and West is West**

The entire process of change that we have moved into is bound up with the fundamental nature of the creative process. This is done by means of polarities and spectrums, followed by the inclusion of the spectrums into our means of expression. A further examination of this process will reveal a greater understanding of ourselves as we are now and what we are becoming. Up to this point I have dealt with the subject of change and progression on a more or less linear basis. Reality is never linear for it runs off in several directions at once, thus making it very complex. This continually frustrates our attempts to have a nice and tidy world in which to live. The major transformation that we are confronted with is not just a simple step such as moving from one grade to another. To help us come to terms with it, if only in a minimal way, several of the bits and pieces already looked at will have to be assembled into a coherent form. Polarities and spectrums are such a basic part of the three-fold creative process that I shall start with them.

First of all, an illustration from our every-day world, using sound as a medium of explanation. If you have ever listened to a TV set when it is tuned to an empty channel you will have heard the characteristic rushing sound instead of the usual program material. Technically this is called white noise and it contains all of the frequencies of our normal hearing range. Using the creative process, as it is set out in the building blocks of consciousness, we can operate on such a sound, this white noise. We can separate it out into individual frequencies, or notes, for that is our ability as a creator. So we "quantize" the white noise and set forth a whole series of individual notes. Now we have something to play with. This illustrates the first Devic dimension, for now we have something in our creation. At this point we have not assigned any order to these individual notes, we have simply provided for the possibility of further action. This state could be called "random" in keeping with the seventh parameter.

The next step is to arrange the notes in a sequence, which includes making a decision about the interval, or spacing, between the notes. Having done that and arranged them in order we now have a musical scale, a set of notes, such as on a piano. It is a space, or place, in which we can play. There is an up direction and a down direction. For practical purposes there is an upper limit and a lower limit and these define the size of our spectrum. There are notes both above and below these limits but we have decided not to use them. The limits have been arbitrarily chosen to suit ourselves. We have exercised our creativity at the point of our manifestation in doing all of this. This illustrates the eighth and ninth parameters. This is also an illustration of the second building block of consciousness for we have covered all desired possibilities on our musical scale.

The third step is to put all of this together into a package, such as incorporating our scale into a piano. This is the third building block in that we have brought our original creative venture back into a single unit. It also illustrates the first dimension again in that the piano is a unit within a larger reality. In this way the spectrum becomes a means to an end instead of just being a series of notes. In doing this we have opened up vast possibilities for the spectrum of notes and for those with the ability, beautiful music can be made. This is a good example of a spectrum taken from our every-day world.

So far in this exercise we have only created something apart from ourselves and we have not really become a part of that which we have made. To overcome this we can be the piano player but there are other ways we can be involved as well. First of all you can imagine yourself as one of the notes. You might, or might not, be aware of the other notes around about you. You would not be played unless the Big Piano Player out there hits the appropriate key. At this point you would not realize that you are the piano player as well as being that particular note and you might feel that your opportunity of expression is quite arbitrary. So you think that you exist only as one note and you may or may not realize that you do express at other times as well as at the present moment.

This describes the nature of expression within a spectrum. There is a feeling of being confined to just one



expression. There appears to be limits to the way that you can express. There is not the recognition of being the note and the piano and the player. Also, our mythical piano note is not static, remaining in just one place as on a piano. It moves around until it has been all of the notes at one time or another.

The next stage is the identification with all of the notes. You make the transformation from being just one note to being the entire series of notes, the whole spectrum. So instead of being confined within the spectrum as a part of it you become the whole thing. This larger body of expression, which you now have, functions in a larger reality than the single note. From this stage you realize that you are also the piano player as well as the piano and the single note. So you have entered fully into your creation and use it as a means of expression.

This translates into our daily experience. When we function within a spectrum we find ourselves expressing somewhere in it, taking up space as well as being in a specific location. If we go beyond that stage the whole spectrum is contained within us and we have mobility in the environment that contains it. The first example of this is our physical body and the space that it occupies. Our body takes up a certain amount of space and we take this around with us as we move about in the space outside of ourselves. There are upper and lower limits here as well but I shall come to that later. So space can be considered as being a spectrum, one in which we have mobility because we contain space within ourselves.

We do not relate to the tempic field in the same way that we do to space. We occupy a small but finite amount of "time", actually a small portion of tempic energy, in our present moment of being. The present moment seems to be so small that we consider it to be negligible. In practice it is really just a marker in time, like a milepost on a highway. This corresponds to the single note on the piano. In a high energy level third dimensional expression of Man the present moment would be much larger and so the tempic energy body of expression would be known for what it is. In other words the space that we would occupy in the tempic field would be apparent as a discrete amount of energy. We presently occupy a very small slot in the electric field as well but this is so small that it only serves as a location marker. Our culture does not recognize that we function in both of these energy spectrums.

There are two things that happen to us that have to do with time as we move into the fourth dimension. First, there is the practical widening of the time slot that we occupy and so we realize that we have a tempic energy body. We retain the ability to focus on the present moment, however. The second thing is that we move through the tempic (Racial) barrier so that we have mobility in the tempic field, for we move from within the spectrum to a position where we encompass it. We move from a position of limitation to one of freedom. This energy body is associated with the physical body but is not confined to it. Our present energy body, which we see as our personality, is associated with the physical body. It actually extends over the period from birth to death and these are the upper and lower limits of that spectrum. This applies to the physical body as well. It is this energy body associated with the physical body that incorporates the energy aspect of the physical body. This goes on all through the lifetime, it does not occur just at death. This all boils down to the fact that we have "grown" an energy body while in this lifetime. We have always focused upon the present moment and so we have not realized that our present expression is the whole spectrum from birth to death. Our preoccupation with the physical body means that we have not realized the nature and significance of our present energy bodies.

This can be taken a step further. Each of our incarnations, actually the personalities, (energy bodies), occupy a space on this tempic energy spectrum. When these are all put together they make up a larger unit of expression that is associated with the oversoul concept. This larger unit of expression, between the inner soul (consciousness) and the outer body (matter), is an energy body. It is this body that is the subject of transmutation as we move into the light body and the Christ consciousness. This energy body lives in its own environment, in its own space, one that is appropriate to its own type and level of expression. This can be and often is a physical setting. Not only that, it can be in association with the present physical dimension. This brings up some interesting possibilities. In the latter stage of the fourth dimensional

physical expression we will have the freedom of the tempic (time) spectrum. This is the setting for all of our incarnations. So in theory, after we have crossed the tempic barrier, we can go back and visit our self in our incarnations.

It is the tempic field that exists as an energy spectrum and time is the result of linear movement in space. That movement is governed by the tempic field. What we see as being limited to functioning in clock time is the way that we observe experience under these conditions. Crossing the tempic barrier means that we will have the ability to focus upon any specific relationship at the physical level and this translates into any point in what we call time. We become "time travellers".

There are three directions of movement as we become fourth dimensional. Crossing the tempic barrier gives us the use of an energy body that is associated with the physical body. There is also the movement in the direction towards the electric field as well as towards the magnetic field. These two start to open up the freedoms of the physical dimension and the freedoms pertaining to our own larger personal means of expression. Expanding the present tempic field slot to a recognizable energy body will enable us to recognize that we function in the electric field. The tempic field becomes a spectrum in which we have mobility which is experienced in a background of the electric field. So we then function in a new kind of time. It is a second order energy with two directions mutually at right angles to each other instead of the one linear direction that we have now. This goes hand-in-hand with being multi-dimensional.

We now have mobility in space in association with the tempic field. This mobility does have upper and lower limits apart from the more practical one of being more or less confined to this planet. Two of these limits are the visual radius and the event horizon of the black hole. We are functioning within a spectrum again, the tempic aspect of our physical dimension. In other words we are confined to our present physical dimension and beyond this there are other physical dimensions which have been closed off to us. Our present culture does not officially recognize their existence. Operating with a tempic body with the electric field as the medium of action will enable us to extend the benefits of that body to the physical body. This will allow us to operate in a dimensional sense, to be able to devise means of travel to other dimensions. We will also be able to devise energy supply systems based on the ability to tap into the second order energies of our Solar system. In addition we will be able to utilize second order energies directly, even as we have been using linear energies. We will have moved from a pre-spectrum situation to a position of functioning within the electric field.

The third direction of movement is the personal element that is associated with the magnetic field. Instead of seeing ourselves as only the immediate physical expression we are starting to realize that we are also the many other expressions of the one self. With the movement in the direction of the personal barrier we actually make it possible to directly contact other versions of our self. Up to this time we have been limited to telepathic or channeled types of communication. This direction is the movement into the Inner City of Self.

Once we truly become fourth dimensional there is another significant switch in the way that we view reality. We presently occupy space with our body and we move around in the external space. This is typical of having moved outside of a spectrum and encompassing it. We do not function with the energy fields in the same way, however. We occupy a small slot in time between birth and death, that whole period being the present tempic body. We are living within the confines of a spectrum with those two limits. Our present personality focuses upon this narrow time slot, one thing at a time. All of our experience is contained within this energy body that is made up of the present lifetime. This illustrates the nature of a subjective type of life experience. We live within ourselves and we focus upon one item at a time within a spectrum, with the rest of that spectrum not being accessible to us under normal circumstances. Finally, there are well-defined limits to that spectrum.

This starts to pose some conceptual problems for us because we function in a physical body in an objective

type of experience and we take this for granted. At the same time we are functioning in a tempic energy body without even being aware of it. We have not realized that there is another way of relating to this birth to death period of time. One is inside-out to the other. This points out that our present way of relating to the tempic reality is only a prelude to a more satisfactory way of living.

It is normal for the first part of a lifetime to be lived in a subjective fashion as far as the tempic energies are concerned. Then there should be a switch to the objective mode. Our present system of concluding the subjective portion with what we have called death is really just an anomaly in our present Human Race. It is a red herring that has been dragged across our pathway to self-understanding. In the larger picture we function in both subjective and objective modes, as well as encompassing both of these and going beyond them. A large number of people will be making this switch from the subjective to the objective mode in this century, without leaving the physical body. This will demonstrate the proper way of concluding the limited third dimensional way of life. It will do away with the separation that has accompanied death in the past.

The subjective mode is a characteristic of the Oversoul. The Oversoul functions in a spectrum of consciousness in much the same way as we have been functioning in the tempic energies. They are not limited in time as we are but they do have seeming limits to their present period of experience. They start out in consciousness with the inception of the package of incarnations and their conclusion is when that package is complete. It becomes a unified single, but multi-dimensional, expression. Beyond this the Oversoul continues on as an individual, even as we do, as a citizen of the Inner City of Self. This subjective mode of the Oversoul is reflected strongly into the personality of the Abels as a very creative ability. At the same time it enables them to create a personal view of reality that can be quite at odds with the way that things really are. (I write this from the viewpoint of a Cain).

Once we recognize the characteristics of the subjective mode of experience we can deal with it and extrapolate from there and begin to see what happens when we function in an energy body. We use an energy body in the dream state but in an objective fashion. We can move from the past into the future and back again with equal ease. We dream about the future as much as we dream about the past. When we "die" we make this switch into the tempic body automatically, (along with the astral body), but habit patterns tend to persist for a while under these conditions. Crossing the tempic barrier then has a lot in common with that which we call death. It is an actual death of the incarnation and a birth into the next phase of manifestation, while staying in the physical body. We retain the ability to focus upon a single experience in time as we do now but that spectrum is open-ended and not closed off by birth and death. These become milestones instead of impassable barriers. This means that the fourth dimensional person does not die in the usual sense of the word, this is even before the assumption of the light body.

The energy body associated with the fourth dimension is made up of the associated incarnations and so it is bigger than just the birth to death package. If it is any easier to visualize this, you can assume that the birth-death package is your immediate personal body of expression and the whole package of the incarnations and their energy bodies is the landscape in which you play around. This is only a transition stage for eventually you use the whole package as a body of expression. It has outer limits because it functions in a spectrum of consciousness with its upper and lower limits. It seems to have a beginning and an ending. Then we function in a subjective mode with consciousness while in an objective mode with the tempic energies. If, for simplicity, we assume that our own personal package of tempic energy is our energy body at that stage, we will also have "access" to the inside of that body, even as we now have access to the inside of our physical body, if done properly.

Like any other city, the Inner City of Self has its own inhabitants. At that stage we can deal face-to-face with other versions of ourselves, (incarnations, etc.), and the city can have visitors such as those from beyond that stage of expression. Up to this point contact with all of these people in an overt way has been via telepathy, channeling, intuition or by some other kind of ability. The fourth dimensional individual does

not need these aids.

You can see that with the possibility of both physical and energy bodies being utilized at the same time and with three basic types of energy expression, life can be quite complex. It should be a lot of fun as well. In the fourth dimensional state prior to moving into the light body, your background for experience will be first of all the electric field followed by the magnetic field. The electric field will be the predominant one in both cases. We will be operating in a spectrum of tempic consciousness. Each of these elements will have their own characteristics. This will be somewhat complicated compared to the present simple and linear way of operating in time. We will retain that ability as well for that is one of the reasons for this whole exercise. Moving from the incarnation to the fourth dimensional state is going to be a major step. We will relate to our every-day life in a much different way than we do now.

We cannot leave this without a look at the next step, that of moving into the light body. This is an even greater change than the movement into the fourth dimension. The fifth dimension has to do with the outer environment of expression. Crossing the light barrier is the change to the light body, with the second order energies being the usual external environment. Even though this is a complex body of expression it is not a radical departure from the physical biological body, rather it is the logical transformation from that. In some ways it is like the plant that grows out of the ground whose form is dictated by the genetic code but which requires the soil as a growing medium and it uses the elements from the soil in its growth. Functioning at the fourth dimension is a very high energy state. As a part of the transformation process, certain centres within the body that are associated with the chakras literally start to move into the energy levels directly from the physical state. The physical matter of these centers is converted into the equivalent energy but under full control. This change is then extended to the entire physical body. With a little practice and patience it is possible to switch back and forth between the physical and energy states. This is what an electron does when it functions either as a particle or a wave.

It should be pointed out that the assumption of the light body does not fit into the present linear concept of progression and change. The light body exists at the present time. So it can be assumed that it is modified somewhat by our own personal and historical experience. This is one area where it becomes difficult to provide adequate concepts about the more complex realities in terms of our linear thinking patterns. On the other hand, our experience in the linear worlds of form and in time, has an effect upon the whole of our expression, right from the top to the bottom.

The change to the light body can be looked at in terms of a spectrum situation again. We function in a body of matter with upper and lower limits. Empty space (almost) at one end of the spectrum and super dense matter at the other. These are not ultimates and the lower limit is actually what we interpret as Planck's constant rather than empty space. The upper limit is the event horizon of the black hole. We now operate within a small spectrum of matter. This is part of a much bigger spectrum, one that we haven't really become aware of at this present time.

Our own spectrum can be summed up in the equivalence of energy and matter. As Einstein put it, the amount of energy in matter is equal to its mass multiplied by the square of the velocity of light. When we transcend the physical we have a body that is made of energy, the spectrum of which could be considered to go from a zero energy level to the point where the energy level is the equivalent of the mass (of physical matter) times the square of the velocity of light. There are two other spectrums in here as well, involving both space and time but I do not wish to complicate this any more than necessary at the moment. This complex energy body finds itself in an environment of energy just as real and just as external as our physical setting. It is subject to our utilization and control just as the physical is to us now. There is an added bonus to this new state, for the etheric is the source of the physical dimension. We will, as a result, have the ability to play around with matter, to materialize and dematerialize things. Or to change water into wine.

The third dimension of Man has to do with the resolution of the spectrum of matter in its most complete form. This is the unfolding of the full use and significance of the magnetic field. The corresponding sixth dimension has to do with third order energies and the resolution of the corresponding spectrums. The last part of the seventh dimension has to do with the final unfolding of the most complex of the consciousness spectrums. This is the unique and personal aspect of consciousness. The third part of the three states of matter, energy and consciousness has to do with our own ability to become mobile within our own total means of expression. By extension this is also the full freedom of mobility within creation.

At the moment we see ourselves as a single unit of expression, a single version of "me" in a physical body. We seem to be limited to this even though we can identify with other versions of our self, to some degree, in the recall of other lifetimes. This third area, dealing with the magnetic energies, is bound up with the inhabitation of our means of expression, of whatever kind they may be. Our present physical expression is only one of a series of such that we use in our entire period of involvement with the planet. So we can think of this physical body (and all that goes with it) as being one of a series of bodies which go to make up a spectrum of bodies of expression within the confines of the racial experience. It has all of the characteristics of a spectrum. There is a single point of expression, such as the present body. It has its own gradation of energy levels. The bottom end is where we are just barely in the physical expression, in a body drawn from the mass consciousness, while at the other end we inhabit the body to the maximum extent that we can and still stay in the physical. These limits are the beginning and the ending of the process of physical expression.

These spectrums are more complex than our simple example of a set of notes on a piano. When we are dealing with second and third order energies they can quickly lose the appearance of a spectrum unless we look at them closely. In the third dimension of Man we become quite aware of the characteristics of this spectrum of expression. In crossing the tempic barrier in connection with the movement into the fourth dimension we will be dealing with other versions of our self. At an outer level this is also associated with the mobility inherent in unlocking the secrets of magnetism in the physical dimension.

Crossing the personal barrier involves a great deal more than the contrast between a physical versus an energy expression. We move out of the limitations of the incarnation to become the sum of all of our physical expressions on the planet. Actually the more immediate base of expression here is the package of incarnations in the Human Race, which are mostly post-Atlantean. Our initial package of external identity is then the total of the incarnations in the Human Race, with the ability to express through, or with, any one of them. They become the internal structure of the body.

This package is that which is the subject of the transformation into the energy expression, the light body. However, this brings in adjacent levels of our larger reality which become a further part of that ever-expanding and multi-dimensional level of expression. This package then crosses the consciousness barrier and finds itself in an environment of self and this turns out to be composed of consciousness. Once we are in this body of consciousness we find that we are with other versions of our self that are also expressing in consciousness. These are the Sons of God that we have been hearing about. This brings us back to where we started out as our initial expression was in consciousness. That is where we started it all. This is where we transcend any concept of time or experience or expression. There we are the creator without limitations. At the same time we use the creation as a means of expression and manifestation.

This is not the end, it is just a beginning. We have found another spectrum to give us some food for thought. There is you, as you are now at the present moment, in a physical body at the bottom end of the totem pole of creation. At the other end is the Unmanifest, which is you, and in between is the whole of creation. These two versions of yourself have an interface between them and that interface is the creation. You may object to this by saying that the physical version is a recent addition to the scene and besides it is a somewhat insignificant version compared to the Unmanifest. We cannot apply linear logic and limitations to this. Besides, this is not a cause and effect situation. It is a matter of being embedded in creation, of

inhabiting it, which is the Contemplation that I have been talking about. That interface is first of all consciousness, then energy and then matter. From your present point of view it is still a one-to-one relationship and so you reach out into every point of creation and bring it into being on a moment by moment basis. This is the Christ, which is Love. This is the basic, the most fundamental polarity of all, for it is what brings about the creation.

The creative process takes place outside of the creation. It takes place in the space between yourself within creation and yourself as the unmanifest outside of creation. Even your simplest creative act requires this polarity. If you wish to think on a cosmic scale, the creation is the result of the initial provision of consciousness by the Power of God. The Thought of God becomes patterns in the consciousness. These patterns carry the designs for all subsequent action. The consciousness is operated upon with the quadrature process and the etheric levels came into being. A further quadrature action brought about the worlds of form and physical matter. These primary divisions are both separated by and connected by the quadrature effect. The concept of beginnings and endings does not enter into this activity, except as they are a part of the creation. The creative process utilizes the quadrature process as an essential mechanism but this mechanism operates outside of the creation. As a result it cannot be described properly within the creation, we can only talk about it in terms of the results. It is inherent in any and all of our present creative activity.

All of this is saying that we are the creator. We manifest in the physical world but we function outside of it. We are gods even now at the present moment. Now we are the Christ, the presence of the creator in his creation.

## **XXIV. Where The Action Is**

There is a common, every-day part of our lives that takes up a lot of time and which has been the subject of many books. This is the interaction, or relationships, between people. I do not propose to re-arrange what has been written but instead look at this subject in a different way. In the last part of the last chapter there was a change introduced in the way that we can deal with the use of a spectrum. In the subjective state we appear to be a single expression in the middle of a spectrum that extends out in either direction from us. This can be turned around and we find ourselves as the ends, or poles, with the spectrum in the middle. This is what happens when we deal with a spectrum from the viewpoint of a creator. I shall use this approach in looking at the subject of relationships.

All of the interaction between people in this world is carried out on the basis of energy. The physical bodies provide convenient reference points and a base for action. It is seldom that we attach a sense of identification to the energy exchange that goes on between our self and someone else. This energy exchange is a real body of energy in its own right. For convenience we can consider a simple situation of a relationship between two people and the associated energy exchange. This is the normal kind that we are accustomed to in our daily life. This relates to the Interpersonal Love level of awareness in the Human Race.

There is consciousness associated with the body of energy that is the interaction between two people but the energy part is predominant. The associated consciousness is our own and because it is the consciousness of Man it has the characteristic of being the carrier of identity. As a result this body of energy is not an impersonal thing. Lacking a feel for the reality and tangibility of energy bodies, we have ignored this valid extension of ourselves beyond the limits of the physical body.

The individuals who express in energy bodies, such as the etheric versions of ourselves, also have relationships and mutual interaction. The medium of exchange is predominantly consciousness and the energy levels are very intense compared to ours. When two people in the physical start to interrelate on the basis of their etheric selves, that intensity starts to bleed through into the physical and all sorts of strange things start to happen. The energy relationship of the physical starts to be one of consciousness. This is a powerful mechanism for change at the third dimension. These are called relationships of transformation.

This is not incidental to our purpose here, for what we are doing is installing ourselves as the Creator in the physical dimension. To put it in theological terms, we are God becoming flesh. As part of this we are bringing the Mother-god principle into physical expression. This will complete the process of incarnation that started with Adam. This present time is one of the most interesting periods of the history of our Race, as it marks the final descent into matter by ourselves. Now we can start to exploit the creative potential of that act.

The first major period of activity in the process of taking on physical form was the Lemurian experience. That was when we first took on physical bodies, followed by the division into male and female forms. These were the first tentative steps towards coming to terms with the tempic energies. There is a very real version of yourself that is the expression of this phase of experience in the planet. The second major period of activity is the Atlantean, where we installed what we think of as our personality. This was an expression of ourselves that related to the physical dimension that was quite able to function in time. We identified with the physical expression instead of ourselves as our own source, so we included a large degree of separateness into our creation. The third phase is our present Human Race, which makes use of a Devic body and a more complex pattern of incarnations. The third phase, which is just starting, carries on until the end of the present experiment. In this period the Race will fully manifest the Source and then move out of the physical.

The Atlantean version of our self often functions as the High-self for the further unfolding of your consciousness as you move into the physical. This is the further extension of the Father-god aspect of yourself in physical expression. It includes both male and female incarnations, even as the first Adam was split up into two sexes. The Oversoul can be thought of as a new version of yourself, coming into expression along with the latest package of incarnations. The Oversoul is the expression of the Mother-god principle which up to this time had not yet come into physical manifestation. However, the Oversoul does have a direct set of incarnations which are very subjective in nature. The normal incarnations tend to be quite objective in comparison to those of the Oversoul. The Oversoul incarnations are summed up in one individual who is designated as an Abel. This person is the recipient of the Mother-god principle as it comes into physical manifestation. This is possible with the balancing effect of the main package of incarnations which is also summed up in one individual who is designated as a Cain. In this way the original design of bringing the Mother-god principle into physical expression is accomplished.

Both of the Cain and Abel packages end up with a specific individual who is the focus and culmination of their particular package. The Abel is the expression of the Mother-god principle, the Esha of the Qabala. The Cain is the present expression of the original Eesh, the Father-god principle. So we now have the first two elements of the creative process in physical presence in the earth. This allows the Son to manifest. Sooner or later all individuals incorporate both of these aspects, thus becoming an expression of the Son as well.

The Cain-Abel relationship is a prime example of a twin-soul arrangement. It is also a focal point of the ongoing creative process at the present time. There are other types of twin-soul relationships but they are not always as readily identifiable. One definition of a twin-soul relationship would be to say it is a consciousness polarity situation. All people will be relating on the basis of their consciousness roles in any case as they move out from the third and fourth dimensions.

The Cain-Abel relationship is unique in that it has no counterpart in our normal third dimensional world. It is also unique to our period of history, even though the incarnations have been with us through this most recent historical period. Whenever these incarnations have been together in prior incarnations the inner relationship has affected the outer reality to some extent. At the present time a Cain-Abel pair, not being aware of their unique relationship, often will try and fit themselves into a more usual romantic or marriage situation but the intense energy levels usually make short work of this. The relationship can carry on but only at a distance as long as it is in the third dimensional setting. The usual pattern is one of an initial coming together of greater or lesser intensity, usually the former, then a coming apart, with much the same degree of intensity.

The relationship starts out as a normal one for the physical scene. Then it escalates and takes on the inner characteristics. The initial body of energy between the two is much as was described before but it is contained within the expression of the High-self. It is completely contained and as a result it is fully under control, contrary to outer appearances. When the relationship brings in the consciousness aspect you then have a body of expression between the two individuals which has its own inner identity because of the characteristics of consciousness. It is this body of consciousness that takes on physical form as the ongoing version of the self and this person finds its fulfillment in the coming period of the Race.

This body of consciousness and energy between the Cain and the Abel is the result of the interactions between all of the pertinent incarnations in the past, culminating with the current Cain-Abel activity. This new body of consciousness and energy is infilled by the Lemurian version of Self, which is a type of fertilization and so this new ongoing expression of the self is closely related to the Source of the whole thing. This new individual has both the feminine Esha and the masculine Eesh so that he, (or she, as the case may be), is truly the Son in manifestation. This ongoing version does not have to be born into the physical family of either the Cain or the Abel but on occasions one of the pair is a parent of the child.



## *Where The Action Is*

The new version of the ongoing individual in the Race has both the Father-god and Mother-god qualities. If they are a male they portray the Father-god qualities outwardly and the Mother-god qualities inwardly. If they are a female they portray the Mother-god qualities outwardly and the Father-god qualities inwardly. There are quite a few such people being born at this time, even though only a minority of them are from a Cain-Abel situation. The Avatars of the New Age are a male-female pair, not single individuals. Nor will the Christ be a reflection of the father image of past religions.

The entire Race and the planet are going through a major period of change as well. The majority of people will be experiencing this as a part of the mass consciousness and so they will undergo their own individual changes in that way. The mass consciousness is an entity in its own right and as such is also going through the change from the third to the fourth dimension. The threat of nuclear annihilation is an important part of the mechanism for this change. As a result people are being pressured from within to change, even though they are not aware of the source of the pressure. It is usually blamed on external circumstances, which usually are chaotic under these circumstances anyway. At this time the mass consciousness entity is in the stage of metamorphosis, where it has withdrawn from the old third dimensional world and will be emerging at some time as a fourth dimensional expression. What we see happening around about us then is the decay of the third dimensional corpse, out of which, like the phoenix, the new form of the Race will emerge. This means a radical re-structuring of society, as all of the third dimensional mainstays of our culture are collapsing in on themselves.

All of the third dimensional belief systems, built upon illusion, are in the process of destruction. Institutions built on these systems will also collapse and society will become quite chaotic for a while. People will no longer be able to base their security on an external crutch and this will be devastating for them. This is happening already to many people. The symptoms of change are becoming very widespread.

The new reality is emerging out of the old. That which is coming about is immeasurably better than anything we have imagined. The Christ, which is Love, will be the cornerstone of the new society and the time of illusion will have passed away.