# Drugs that make you sick

Healthy people don't bring in money; sick people do.

More medicine does not help, nor cure the illness, but just slows down the symptoms.

The medication must be used for a long time for it to have any effect at all. It makes one totally dependent of it.

Western medicine concentrates on treating the symptoms and not the root cause of the illness.

The list of side-effects grows every day and these effects are just as bad or even worse than the original symptoms. There is a decrease of independent research and doctors easily prescribe medication for the vaguest symptoms. Be critical towards your GP, ask questions.

You deserve your health, now!

www.naturalhealthstrategies.com/big-bucks-big-pharma.html www.exposethemedicalmafia.com www.whale.to/a/medical\_mafia.html www.whale.to/a/lanctot.html

## The Dangers of Fluoride and Mercury:

Did you know that:-

- The fluoride content of one toothpaste is enough to kill a small child
- Fluoride increases the number of cancer deaths
- It suppresses the thyroid gland
- It confuses the immune-system and amplifies tumour growth.
- In the 1930's, the Russian government added fluoride to drinking water of prisoners to make them compliant and docile.

www.whale.to/d/fluoride.html http://www.lovethetruth.com/truth\_about\_fluoride.htm

### Mercury Amalgam:

Well known as the silver grey teeth fillings. They contain 50% mercury, which is one of the most dangerous substances to be found on Earth. Mercury (amalgam) poisoning is one of the main causes of Alzheimer' disease and it is also linked to an endless list of severe symptoms and diseases: chronic fatigue syndrome, fibromyalgia, MS, Parkinson's, diabetes, arthritis, asthma, memory disorders, cancer.....It is possible to 'remove' it from the body through a long procedure.

www.whale.to/d/toxic.html www.dentaltruth.org www.flcv.com/indexa.html

# What can you do?

- Contact your doctor/dentist and ask questions, please do your own research!
- Prepare your own food and always read labels
- Avoid dangerous substances like Aspartame, MSG and Fluoride
- Be informed! Knowledge IS power! Be your own doctor
- Raise your immunity by mainly eating fresh (raw) fruit and vegetables
- Sunshine is very important for the immune-system because it plays an important role in the production of Vitamin D in the body

You deserve your health now! Take that responsibility! www.thetruthaboutfoodandhealth.com



A book written by **Ghislaine Lanctot**(www.personocratia.com) titled "The Medical Mafia"
exposes in detail the corruption of the Pharmaceutical
& Medical industry.

The Pharmaceutical Industry is one of the most corrupt organisations in this world!



You are much more powerful than they want you to believe and you deserve the truth!



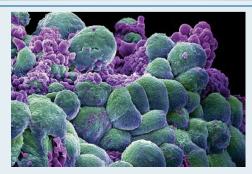
# RECLAIM YOUR HEALTH!

Important health information you cannot find within the mainstream media!

"Just look at us. Everything is backwards; everything is upside down. Doctors destroy health, lawyers destroy justice, universities destroy knowledge, governments destroy freedom, the major media destroy information and religions destroy spirituality."

Michael Ellner, (therapeutic hypnotherapy specialist)

# **Natural / Alternative Cancer cures**



There are many natural ways to cure cancer. Two of the ways are Sodium Bicarbonate and Hemp oil.

The Italian doctor **Tullio Simoncini (www.curenaturalicancro.com)** found out that cancer is actually a fungus, caused by Candida. He has successfully treated many types of cancers using Sodium Bicarbonate.

Hemp oil is another natural cure that can treat cancer and many other diseases. **Rick Simpson (www.phoenixtears.ca)** is a Canadian with a lot of experience treating and curing cancer patients with hemp oil.

Another important fact: Cancer cannot thrive in an alkaline body. www.energiseforlife.com/list\_of\_alkaline\_foods.php

More on natural remedies:

www.whale.to/a/cancer\_c.html www.drday.com www.naturalcures.com www.drleonardcoldwell.com www.davidicke.com/articles/medicalhealth

Chemotherapy actually kills more people than it cures because it also kills the healthy cells that form the immune system. When the immune system is working properly you don't die from cancer as it works as a natural defence system. However, when the immune system is undermined by multiple attacks, various viruses and diseases can affect the body.

## Chemotherapy is killing the people it is supposed to be curing!

Pittsburgh, 1969, from a speech by Dr. Richard Day: "We can cure almost every cancer right now. Information is on file in the Rockefeller Institute, if it's ever decided that it should be released. But consider - if people stop dying of cancer, how rapidly we would become overpopulated."...

## **Dangers of MSG & Aspartame**

Aspartame (E-number E951) is one of the most dangerous



substances in our food. It is an artificial sweetener, much sweeter than sugar and it's a so called 'neurotoxin', which can cause severe problems, like chronic bowel syndrome, strokes, swelling, cardiac trouble, migraines, multiple sclerosis symptoms, dizziness, decrease of spermatozoids, menstrual problems and more.

The company Monsanto that developed Aspartame is aware of its dangers and continues advertising it as 'safe'. They finance the American Diabetic Association.

www.sweetpoison.com/aspartame-information.html

Monsanto is one of the largest agriculture companies in the world and is involved in dangerous activities, producing modified food:

www.seedsofdeception.com/Public/Newsletter/Sept2009-EverythingYouHAVETOKNOW/index.cfm

MSG (Mono sodium glutamate) is a flavour enhancer which you can recognise on labels as e-numbers between E621—E635. This is a chemical flavour enhancer that sends a signal to the brain which makes you want to eat more of it. MSG can lead to severe symptoms in the body, like migraine, epilepsy, chronic fatigue, allergies, fibromyalgia, dizziness, obesity, depression and even Cancer. MSG is often an hidden ingredient added to our food.

Names that indicate the presence of MSG: Vetsin, caseinate, hydrolized, autolyzed and maltodextrin.

Suspect all industrial foods and especially diet products, sauces, candies and ready-made meals.

www.truthinlabeling.org www.msgtruth.org/cropspra.htm (Spraying crops with MSG) www.becomehealthynow.com/article/dietbad/32

## The Danger of Vaccines

Vaccines contain many poisonous ingredients; some of them are:

- Formaldehyde (a dangerous substance that can cause cancer)
- Ethyleen Glycol (anti-freeze)
- Aluminium (a dangerous substance that attacks brain cells)
- Thimerosal (disinfectant that attacks the immune-system and can cause neural damage)
- Neomycin/Streptomycin (antibiotics that can cause severe allergic reactions)

All these ingredients attack and damage the natural immune system of the body.

They can also contain squalene (like the latest flu vaccine) which caused Gulf War syndrome in 175,000 soldiers years ago.

Squalene is a substance which naturally occurs in the body, but inserted through a vaccine it can cause serious damage.

Did vou know that:-

- Vaccines also contain cells of human foetuses?
- · Vaccines can make you infertile and cause miscarriages?
- Vaccine manufacturer's make sure they can't be sued for any possible side-effects?

www.vaclib.org

http://organichealthadviser.com/archives/if-the-h1n1-swine-flu-vaccine-is-safe-then-why-are-so-many-people-being-hurt-by-it

www.whale.to/vaccines.html

